

Brian Foster Chest Pain Shadow Health Assessment

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- Explain the clinical reasoning behind your decisions and tasks.2. Explain the tasks you undertook to complete this exam. 3. What data did you base your decisions on for this patient assessment?

Digital Clinical Experience

Digital Clinical Experience (DCE) is a digital standardized patient that allows students to practice and refine their assessment skills. Students will replicate patient education, empathy, and communication found in real-life patient interaction.

DCE allows students to engage in interactions with their patients that are meaningful and educational. The student will then be able to reflect on the interaction and develop clinical reasoning skills.

Assignment	Approximate Time	Due Dates
Respiratory (Tina Jones)	2.5 hours	2/16/15
Focused Exam: Cough (Danny Rivera)	1 hour	2/16/15
Cardiovascular (Tina Jones)	2.5 hours	2/16/15
Chest Pain-Focused Exam (Brian Foster)	1 hour	2/16/15
Abdominal (Tina Jones)	2.5 hours	2/16/15

Abdominal Pain-Focused Exam (Esther Park)	1 hour	2/16/15
Musculoskeletal (Tina Jones)	2 hours	2/16/15
Neurological (Tina Jones)	2.5 hours	2/16/15

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Digital Clinical Experiences strengthen your understanding of different body systems and help refine your assessment skills. The most value with this program will be achieved if the assignment is done shortly after you have had the content area.

Please keep this in mind when completing the assignments. You will receive **5pts** for each assignment if completed by the due date with a 75% or greater. The final due date for this experience is at the end of the PN 127 course.

Requirements For Completion

- You will receive 5pts for each assignment. These points are only achieved if you complete the assignment, prep sheet, and submit your lab pass on time.
- All assignments are due by 8 am on the date assigned above. No exceptions will be made for points if the assignment is late.
- All assignments must be completed to pass the course.

What Do I Need To Do To Complete Each Assignment

- Complete the prep sheet (no questions left blank)

- Complete the DCE Module from start to finish.
- Review your exam report. You must achieve a **75% or redo** it until you do achieve a 75%. –so don't wait until the last minute to do these.
- You need to review your transcript. You must have used all three communication techniques – Ask, Educate, & Empathize.
- Finally, submit your prep sheet and lab pass into the assigned drop box.

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[Brian Foster Vitals](#)

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Introduction And Pre-Brief

This assignment provides the opportunity to conduct a focused exam on Brian Foster, who presents with recent episodes of chest pain in a non-emergency setting. Interview Mr. Foster and thoroughly assess the cardiovascular system and related body systems to compile a list of differential diagnoses.

This case study allows you to evaluate Mr. Foster's family history of heart disease and identify lifestyle risk factors. During the physical examination, thoroughly examine the cardiovascular system and carefully evaluate and document the patient's heart sounds.

Tips And Tricks

The sounds in the Shadow Health Concept Labs and Physical Assessment

Assignments are medically accurate.

- Distinguishing normal from abnormal heart sounds requires practice and carefully listening for sometimes subtle and easily missed sounds. Before beginning this assignment, take advantage of the Cardiovascular Concept Lab to sharpen your skills.
- Optimize your listening experience by using headphones with your computer and listening to both normal and abnormal sounds multiple times to improve your proficiency in recognizing subtle differences.

Often patients present with a specific complaint or problem. However, a new problem may be discovered during the history and physical examination that takes precedence during the visit. Be alert to such a situation with this case study assignment.

Purposes

The purposes of the Shadow Health Physical Assessment Assignments are to:

- Increase knowledge and understanding of advanced practice physical assessment skills and techniques, Conduct focused and comprehensive histories and physical assessments for various patient populations, Adapt or modify your physical assessment skills and techniques to suit the individual needs of the patient
- Apply assessment skills and techniques to gather subjective and objective data
- Differentiate normal from abnormal physical examination findings
- Summarize, organize, and appropriately document findings using correct professional terminology
- Practice developing primary and differential diagnoses
- Practice creating treatment plans which include diagnostics, medication, education, consultation/referral, and follow-up planning
- Analyze and reflect on your own performance to gain insight and foster knowledge.

Subjective Data Collection: 30 Of 30 (100.0%)

Hover To Reveal...

Hover over the **Patient Data** items below to reveal important information, including **Pro Tips** and **Example Questions**.

- **Found:**

Indicates an item that you found.

- **Available:**

Indicates an item that is available to be found.

Category

Scored Items

- Experts selected these topics as essential components of a thorough interview with this patient.

Patient Data

Not Scored

- A combination of open and closed questions will yield better patient data. The following details are facts of the patient's case.

Chief Complaint

- **Finding:** Established chief complaint

- **Finding:**

Reports sporadic chest pain

(Found)

Pro Tip: Chest pain can be a sign of many serious and less serious health

problems. It is important to follow up with the discovery of chest pain by asking about its characteristics and severity.

Example Question:

Do you have chest pain?

During the patient interview, there are a number of opportunities to provide patient education and empathy. The opportunities listed below are those identified by nursing experts to be of particular importance to this patient. A **Model Statement** is provided as an example of an appropriate response to each opportunity.

- Opportunities marked as Not Encountered are opportunities that were not elicited in the interview
- Opportunities marked as Not Followed Up are missed opportunities that were present in the interview, but where no statements were made
- Opportunities marked as Followed Up were followed up by students, and include the dialogue between student and patient

1 Symptoms

- Followed Up

2 Hypertension and High Cholesterol

- Followed Up

3 Exercise

- Followed Up

4 Diet

- Followed Up

5 Weight Gain

- Not Encountered

6 Family History

- Followed Up

Documentation / Electronic Health Record

■ Document: Vitals

Vitals	
Blood Pressure	Left Arm BP 146/88; Right Arm BP 146/90
O2 Sat	98%
Pulse	104 BPM
Resp. Rate	19
Temperature	36.7C

Document: Provider Notes

The patient reports to the clinic because of chest pains xxxxx. He reports experiencing xxxxx. He describes the chest pain xxxxx. . He denies heartburn xxxx	Return to Canvas to complete your SOAP note for this assignment.

<p>Objective</p> <p>General Survey:</p> <p>Respiratory: Breathing is xxx.</p> <p>Gastrointestinal: Round, xx. No xxxx. Tympanic throughout. xxx palpable xxxx. Neuro: Alert and oriented. xxxx all extremities.</p> <p>Skin: Warm, pink, xxx tenting. EKG: Regular</p>	<p>Return to Canvas to complete your SOAP note for this assignment.</p>
<p>Assessment</p> <p>Diagnosis; 1. Angina basal pectori xxx</p>	