

# **Esther Park Abdominal Pain Focused Shadow Health Assessment**

## **Transcript Objective Subjective Solved**

Esther Park Abdominal Pain Focused Shadow Health Assessment Transcript Objective  
Subjective Solved

### **Shadow Health Assessment Assignment**

You will complete all assessment assignments using the [Shadow Health](#) virtual reality simulation platform.

### **Introduction And Pre-Brief**

Mrs. Esther Park is a 78-year-old woman who comes to the clinic complaining of abdominal pain. She reports that the pain isn't severe, but her daughter was concerned and brought her in. It is very important to determine whether or not the situation is an emergency and the underlying cause of Esther's discomfort. Be sure to inquire about various psychosocial factors related to the GI system, including her diet, toilet habits, immunizations, recent travel, etc.

This case study will allow you to take a complete surgical, reproductive, and current sexual history. During her physical examination, take particular note as to where Mrs. Park verbalizes pain during palpation so that you may synthesize verbal and non-verbal cues. Be sure to apply the supportive information learned in this week's concept lab to your critical thinking process in this case study.

## **Tips And Tricks**

Evaluating elderly patients with abdominal pain can be difficult, time-consuming, and fraught with potential missteps. Abdominal pain is the most common emergency department complaint and the fourth most common among elderly patients. The physiologic, pharmacologic, and psychosocial aspects of elderly patients evaluate their abdominal pain differently than in the general population.

As a clinician, you must develop an index of suspicion which is defined as awareness and concern for potentially serious underlying and unseen injuries or illness. Having a well-developed index of suspicion for abnormality will help to differentiate diagnoses.

To optimize your assessment experience and sharpen your skills, be sure to explore the Abdominal Concept Lab prior to beginning the assignment.

## **Purposes**

The purposes of the Shadow Health Physical Assessment Assignments are to:

- (a) increase knowledge and understanding of advanced practice physical assessment skills and techniques,
- (b) conduct focused and comprehensive histories and physical assessments for various patient populations,
- (c) adapt or modify your physical assessment skills and techniques to suit the individual needs of the patient,

- d) apply assessment skills and techniques to gather subjective and objective data,
- (e) differentiate normal from abnormal physical examination findings,
- (f) summarize, organize, and appropriately document findings using correct professional terminology,
- (g) practice developing primary and differential diagnoses,
- (h) practice creating treatment plans which include diagnostics, medication, education, consultation/referral, and follow-up planning; and
- (i) analyze and reflect on your own performance to gain insight and foster knowledge.

### **Activity Learning Outcomes**

*Through This Assignment, The Student Will Demonstrate The Ability To:*

- Apply knowledge and understanding of advanced practice physical assessment skills and techniques (CO1)
- Perform focused and comprehensive histories and physical assessments for various patient populations (CO4 and CO5)
- Adapt skills and techniques to suit the individual needs of the patient (CO4)
- Differentiate normal from abnormal physical examination findings (CO2)
- Summarize, organize, and document findings using correct professional terminology (CO3)

Total Points Possible: 75 Points Esther Park Abdominal Pain Focused Shadow Health  
Assessment Transcript

## Assignment

**Step One:** Complete the designated Shadow Health (SH) Assignment on the SH platform.

**Step Two:** Document your findings on the [Fillable Soap Note Template](#) or the [Printable Soap Note](#).

**Step Three:** Upload the Lab Pass and completed [SOAP Note as separate documents to the same assignment](#) tab in the gradebook. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved

## Requirements

**NOTE:** Before initiating any activity in Shadow Health, complete the required course weekly **readings and lessons** as well as review the **introduction and pre-brief**.

- Complete the Shadow Health Concept Lab (Weeks 2, 4, and 5) prior to beginning the graded assignment.
- Gather subjective and objective data by completing a focused, detailed health history and physical examination for each physical assessment assignment.
- Critically appraise the findings as normal or abnormal.
- Complete the post activity assessment questions for each assignment .

- Complete all reflection questions following each physical assessment assignment.
- Digital Clinical Experience (DCE) scores do not round up. For example, a DCE score of 92.99 is a 92, not a 93.
- You have a maximum of two (2) attempts per Shadow Health assignment to improve your performance. However, you may elect not to repeat any assignment. NOTE: If you repeat an attempt, ONLY the second attempt will be graded, regardless of the DCE score. Please refer to the grading rubric categories for details.
- Download the Lab Pass for the final attempt on the assignment.

On the Canvas Platform:

- Summarize, organize, and appropriately document findings using correct professional terminology on the [SOAP Note Template](#).
- Identify three (3) differential diagnoses and provide ICD-10 codes and pertinent positive and negative findings for each diagnosis.
- Create a comprehensive [treatment plan for each assignment](#). Must address the following components: Diagnostics, Medication, Education, Referral/Consultation, and Follow-up planning. If there are no interventions for one or more components, document “none at this time” but do not skip over the component.

- Provide rationales and citations for diagnoses and interventions. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved
- Include at least one scholarly source to support diagnosis and treatment interventions with rationales and references on the SOAP note. Only scholarly sources are acceptable for citation and reference in this course. These include peer-reviewed publications, government reports, or sources written by a professional or scholar in the field. The textbooks and lessons are NOT considered to be outside scholarly sources.
- For the threaded discussions and reflection posts, reputable internet sources such as websites by government agencies (URL ends in .gov) and respected organizations (often ends in .org) can be counted as scholarly sources. The best outside scholarly source to use is a peer-reviewed nursing journal. You are encouraged to use the Chamberlain library and search one of the available databases for a peer-reviewed journal article.
- The following sources should not be used: Wikipedia, Wikis, or blogs. These websites are not considered scholarly as anyone can add to these. Please be aware that .com websites can vary in scholarship and quality.  
  
For example, the American Heart Association is a .com site with scholarship and quality. Each student is responsible for determining the scholarship and quality of any .com site. Ask your instructor before using any site if you are unsure.

- Points will be deducted from the rubric if the site does not demonstrate scholarship or quality. Current outside scholarly sources must be published with the last 5 years. Instructor permission must be obtained BEFORE the assignment is due if using a source that is older than 5 years.
- Upload the Lab Pass to the appropriate assignment area in Canvas Grades

### **Shadow Health Grading Rubric**

Portions of the rubric are designated with a \*\*\*. The following explains those portions of the rubric:

\* **Shadow Health automatically translates Digital Clinical Experience (DCE) Score** based on individual student performance and reflects how student work compares to their peer learners across the country for a particular assignment. The DCE Score is a fair assessment of effort, and therefore is appropriate for use when grading assignments.

**\*\*Scholarly Sources:** Only scholarly sources are acceptable for citation and reference in this course. These include peer-reviewed publications, government reports, or sources written by a professional or scholar in the field. The textbooks and lessons are **NOT** considered to be outside scholarly sources.

For the threaded discussions and reflection posts, reputable internet sources such as websites by government agencies (URL ends in .gov) and respected organizations (often ends in .org) can be counted as scholarly sources. The best outside scholarly source to use is a peer-reviewed nursing journal.

You are encouraged to use the Chamberlain library and search one of the available databases for a peer-reviewed journal article. The following sources should not be used: Wikipedia, Wikis, or blogs. These websites are not considered scholarly as anyone can add to these.

Please be aware that .com websites can vary in scholarship and quality. For example, the American Heart Association is a .com site with scholarship and quality. Each student is responsible for determining the scholarship and quality of any .com site. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved.

Ask your instructor before using any site if you are unsure. Points will be deducted from the rubric if the site does not demonstrate scholarship or quality. Current outside scholarly sources must be published within the last 5 years. Instructor permission must be obtained BEFORE the assignment is due if using a source that is older than 5 years.

Components of a treatment plan include diagnostics, medication, education, consultation / referral, and follow-up planning

**Insight** refers to the capacity to gain an accurate and deep intuitive understanding of a concept or thing. For example, one might demonstrate insight by relating a concept to a personal or meaningful experience

**Transcript**



Started: Apr 02, 2020, | Total Time: 198 min

All Lines (231) Interview Questions (124) Statements (15) Exam Actions (92)

**Subjective Data Collection: 32 Of 32 (100.0%)**

### **Hover To Reveal...**

Hover over the Patient Data items below to reveal important information, including Pro Tips and Example Questions.

- Found:
- Indicates an item that you found.
- Available:
- Indicates an item that is available to be found. Esther Park abdominal pain focused shadow health assessment transcript, objective, subjective solved.

### **Category**

#### **Scored Items**

Experts selected these topics as essential components of a robust and thorough interview with this patient.

**Patient Data Esther Park Abdominal Pain Focused Shadow Health Assessment Transcript**

#### **Not Scored**

A combination of open and closed questions will yield better patient data. The following details are facts of the patient's case.

## **Chief Complaint**

### **Finding:**

Established chief complaint

### **Finding:**

Reports abdominal pain

### **Found:**

**Pro Tip:** Abdominal pain can be caused by problems in the underlying organs, peritoneum, muscles, or blood vessels, changes in electrolytes or other blood contents, or even anxiety. Asking for details about the pain helps to determine the origin. Esther Park abdominal pain focused shadow health assessment transcript, objective, subjective solved.

### **Example Question:**

Do you have any abdominal pain?

### **Fining:**

Reports difficulty “going to the bathroom.”

### **(Found)**

**Pro Tip:** Understanding a patient’s reason for visiting is a necessary foundation to establish. If there are multiple symptoms, follow up on each one during your interview.

**Example Question:**

Are you able to make a bowel movement?

**History Of Present Illness****Finding:**

Asked about oxxx

**Finding:**

Reports a feeling of xxxx

**(Found)**

**Pro Tip:** Wxxxx

**Example Question:**

How xxxx

**Finding:**

Reports pain with xxxx

**(Found)**

**Pro Tip:** Whenever you are assessing a symptom or a health condition, inquiring about xxxx. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved.

**Example Question:**

Has the XXXX

**Finding:**

Asked about xxxxx

**Finding:**

Reports xxxx

**(Found)**

**Pro Tip:** Identification of the location of your patient's discomfort can provide important clues about its cause and how it should be best treated.

**Example Question:**

Where is your discomfort located?

**Finding:**

Reports pain is not localized

**(Found)**

**Pro Tip:** xxxx Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved

Example Question:

Is the xxxxx

**Finding:**

Reports attempt to treat pain by drinking small sips of warm water

**(Found)**

**Pro Tip:** Flank pain often occurs with disorders of the urinary tract. When a patient complains of flank pain, assess for co-occurring symptoms such as fever, chills, hematuria, and dysuria.

**Example Question:**

Do you have pain in your sides?

**Finding:**

Confirmed pain rating on a scale

**Finding:**

Reports pain xxxx

**(Found)**

**Pro Tip:** For many people, it isn't easy to dxxxx.

**Example Question:**

How would you rate your pain on a scale of one to ten?

**Finding:**

Asked about xxxx

**Finding:**

Describes xxxx

**(Found)**

**Pro Tip:** Asking your patient to help identify its xxx cause and the severity. Patients may not know how to answer, so you may need to suggest words like xxxx.

**Example Question:**

Can you xxxxx

**Finding:**

Reports pain is ixxx

**(Found)**

**Pro Tip:** It's important to ask your patient if her pain is xxx to determine her level of discomfort and identify the cause of the pain. xxxx pain is often best managed with around-the-clock pain medications.

**Example Question:**

Is your painxxxx

**Finding:**

Asked about xxxxx

**Finding:**

Reports that resting helps

**(Available)**

**Pro Tip:** It's important to assess the nature of pain by asking about xxx. If you know your patient is taking xxxx, asking about the medication's xxxx can help you xxxx.

**Example Question:**

What xxx?

**Finding:**

Reports attempt to xxxx

**(Available)**

**Pro Tip:** Asking about how your patient has been xxxx. The results of her previous treatment may be helpful in your diagnosis and the development of her new xxxx, as well as a good opportunity to xxx your patient on xxxx.

**Example Question:**

How have you been xxx?

**Finding:**

Reports xxx stomach

**(Found)**

**Pro Tip:** Asking about how your patient has been her current condition and her approach to xxxx. The results of her previous treatment may be helpful in your xxx and the development of her xxx, as well as a good opportunity to x. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved

**Example Question:**

Have you xxx?

**Finding:**

Asked about xxxx

**Finding:**

Reports pain is aggravated by eating

**(Found)**

**Pro Tip:** Asking your patient what aggravates her pain can point to factors that exacerbate symptoms and how your patient is approaching self-care.

**Example Question:**

Is the painxxx by xxx

**Finding:**

Reports xx by xx



**(Found)**

**Pro Tip:** Asking your patient what aggravates her pain can point to factors that exacerbate symptoms and the ways in which your patient is approaching self-care.

**Example Question:**

Is the pain aggravated by xxx

**Finding:**

Asked about activities of daily life

**Finding:**

Reports recent difficulty participating in usual activities

**(Found)**

**Pro Tip:** Asking about changes in activity level will help determine the level of disability caused by your patient's condition. Esther Park abdominal pain focused shadow health assessment transcript, objective, subjective solved

**Example Question:**

How is your xxx?

**Finding:**

Reports low xxx

**(Found)**

**Pro Tip:** Asking about x will help determine the level caused by your patient's xxxx.

**Example Question:**

Do you have x?xx

**Finding:**

Asked abou txxxx

**Finding:**

Reports current xxx

**(Found)**

**Pro Tip:** In xxx patients, xxx is often caused by, xxxx side effects, xxx diets, and difficulty ambulating to the toilet, which can result in deliberate retention of xxx Esther Park  
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**Example Question:**

Are you xxxx?

**Finding:**

Reports no history of xxxx

**(Available)**

**Pro Tip:** x

**Example Question:**

Are you xx

**Finding:**

Followed up aboutxxx

**Finding:**

Reports constipation for 5 days

**(Found)**

**Pro Tip:** Whenever you are assessing a symptom or a health condition, inquiring about x assesses the xxxx and the xxx of the problem.

**Example Question:**

For how long have you been

**Finding:**

Reports no attempt to treat xxx

**(Found)**

**Pro Tip:** Asking about how your patient has been managing her pain assesses her current condition and her approach to self-care. The results of her previous treatment may be helpful in your diagnosis and the development of her new treatment plan, as well as a good opportunity to educate your patient on effective self-care practices.

**Example Question:**

How have you tried to treat the xxxx

**Finding:**

Asked about xxxx

**Finding:**

Reports recent xxxx

**(Found)**

**Pro Tip:** Whenever you are assessing a symptom or a health condition, inquiring about onset assesses the severity and the progression of the problem. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved.

**Example Question:**

Have you recently had xxx

**Finding:**

I followed up about xxxx

**Finding:**

Reports xxxx

**(Found)**

**Pro Tip:** It's important to ask about changes in stool characteristics because it may be a sign of a new onset of a gastrointestinal disease or disorder. xxxx is a common symptom of [inflammatory bowel diseases](#), food allergies and intolerance, gastrointestinal infections, and many other conditions.

**Example Question:**

How long ago did you xxxx

**Finding:**

Reports xxxx had a sudden onset

**(Found)**

**Pro Tip:** It's important to ask about changes in stool characteristics because it may be a sign of a new onset of a gastrointestinal disease or disorder. xxx is a common symptom of inflammatory bowel diseases, food allergies and intolerance, gastrointestinal infections, and many other conditions.

**Example Question:**

Did the xxxx happen suddenly?

**Finding:**

Reports diarrhea lasted one day

**(Found)**

**Pro Tip:** It's important to ask about changes in stool characteristics because it may be a sign of a new onset of a gastrointestinal disease or disorder. Diarrhea is a common symptom of inflammatory bowel diseases, food allergies and intolerance, gastrointestinal infections, and many other conditions.

**Example Question:**

How long did your diarrhea last?

**Finding:**

Describes diarrhea as loose and watery

**(Available)**

**Pro Tip:** Asking a patient who has diarrhea to describe her stool helps identify its cause and the severity. Patients may not know how to answer, so you may need to suggest words like frothy, greasy, floating, or watery. It is also important to inquire about the presence of blood or mucus. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved.

**Example Question:**

How would you describe the diarrhea?

**Finding:**

Asked about bowel movement patterns

**Finding:**

Reports last bowel movement three days ago

**(Found)**

**Pro Tip:** Whenever you are assessing a symptom or a health condition, inquiring about onset assesses the severity and the progression of the problem.

**Example Question:**

When did the constipation start?

**Finding:**

Reports some discomfort during bowel movement

**(Available)**

**Pro Tip:** It's important to ask about changes in stool characteristics because it may be a sign of a new onset of a gastrointestinal disease or disorder.

**Example Question:**

Do you have pain during bowel movements?

**Finding:**

Last bowel movement was diarrhea

**(Available)**

**Pro Tip:** It's important to ask about changes in stool characteristics because it may be a sign of a new onset of a gastrointestinal disease or disorder. Diarrhea is a common

symptom of inflammatory bowel diseases, food allergies and intolerance, gastrointestinal infections, and many other conditions.

**Example Question:**

What was the character of your last bowel movement?

**Finding:**

Reports no mucus in stool

**(Found)**

**Pro Tip:** While small amounts of mucus may be present in normal stool, increased mucus in the stool is associated with a variety of intestinal disorders.

**Example Question:**

Has there been mucus in your stool?

**Finding:**

Reports no blood in stool

**(Found)**

**Pro Tip:** Bloody stool is an alarming symptom indicating digestive tract bleeding. Bright red bloody stool suggests bleeding in the colon or rectum. Bloody stools that appear black or tarry suggest bleeding in the upper digestive tract, such as the small intestine or stomach. Esther Park Abdominal Pain Focused Shadow Health Assessment Transcript



**Example Question:**

Has there been blood in your stool?

**Finding:**

Reports typically having a bowel movement almost every day

**(Found)**

**Pro Tip:** Asking about usual bowel movements facilitates baseline data collection.

Asking specifically about bowel movement frequency aids in the identification of abnormalities.

**Example Question:**

How many bowel movements do you typically have per week?

**Finding:**

Reports stools usually brown, formed, and soft

**(Found)**

**Pro Tip:** Asking about usual bowel movements facilitates baseline data collection.

Asking specifically about bowel movement frequency aids in the identification of abnormalities. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved.

**Example Question:**

Can you describe a typical bowel movement?

**Finding:**

Asked about urination

**Finding:**

Reports recent, slight decrease in frequency of urination

**(Found)**

**Pro Tip:** Frequency of urination can be an important clue to many underlying conditions.

It's important to ask whether your patient has noticed changes in her typical habits.

**Example Question:**

Have you had any changes in the frequency of your urination?

**Finding:**

Reports darker urine recently

**(Found)**

**Pro Tip:** Darker urination can be an important clue to many underlying conditions like cirrhosis or hepatitis. It's important to ask whether your patient has noticed changes in her typical urinary patterns.

**Example Question:**

Has your urine been darker recently?

**Finding:**

Reports no blood in urine

**(Found)**

**Pro Tip:** Blood in the urine can be an important clue to many underlying conditions like cancer or kidney problems. It's important to ask whether your patient has noticed changes in her typical urinary patterns.

**Example Question:**

Have you had blood in your urine?

**Esther Park Abdominal Pain Focused Shadow Health Assessment Transcript,  
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**Medical History**

**Finding:**

Asked about medications

**Finding:**

Reports blood pressure medication

**(Found)**

**Pro Tip:** The medication that a patient takes will indicate any relevant health conditions, their treatment plan, and how well they comply with it. Asking about relevant medication will help you to treat your patient.

**Example Question:**

Do you take medication for your blood pressure?

**Finding:**

Reports Accupril

**(Available)**

**Pro Tip:** The medication that a patient takes will indicate any relevant health conditions, their treatment plan, and how well they comply with it. Asking about relevant medication will help you to treat your patient.

**Example Question:**

What medication do you take for your blood pressure?

**Finding:**

Accupril is 10 mg

**(Found)**

**Pro Tip:** The medication that a patient takes will indicate any relevant health conditions, their treatment plan, and how well they comply with it. Asking about relevant medication will help you to treat your patient.

**Example Question:**

What dose of blood pressure medication do you take?

**Finding:**

Taken daily at 8 a.m.

**(Found)**

**Pro Tip:** The medication that a patient takes will indicate any relevant health conditions, their treatment plan, and how well they comply with it. Asking about relevant medication will help you to treat your patient. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved

**Example Question:**

When did you last take blood pressure medication?

**Finding:**

Reports no OTC use

**(Found)**

**Pro Tip:** Patients should always be asked specifically about over-the-counter medications, as many patients will overlook talking about them. Over-the-counter medications can cause medical complications of their own or can indicate medical problems that your patient has been attempting to self-treat.

**Example Question:**

Do you take any over-the-counter medications?

**Finding:**

Asked about allergies

**Finding:**

Reports latex allergy

**(Found)**

**Pro Tip:** Latex allergies can cause severe and even life-threatening consequences. Always asking specifically about allergies can help ensure that your patient does not receive medication or treatment that will do her harm.

**Example Question:**

Are you allergic to latex?

**Finding:**

Reports no medication allergies

**(Found)**

**Pro Tip:** Medication allergies can cause severe and even life-threatening consequences. Always asking specifically about these allergies can help ensure that your patient does not receive medication that will do her harm.

**Example Question:**

Are you allergic to any medications?

**Finding:**

Reports no food allergies

**(Found)**

**Pro Tip:** Knowing your patient's food allergies prevents your patient from receiving harmful food. It helps identify specific allergens—such as shellfish or eggs—which can contraindicate the administration of common medications or treatments that include derivatives of these substances.

**Example Question:**

Do you have any food allergies

**Finding: Esther Park Abdominal Pain Focused Shadow Health Assessment Transcript**

Asked about general known health conditions

**Finding:**

Reports hypertension

**(Found)**

**Pro Tip:** It's best to determine specifically whether or not a healthcare professional has diagnosed the condition.

**Example Question:**

Do you have high blood pressure?

**Finding:**

Diagnosed with hypertension at age 54

**(Available)**

**Pro Tip:** Learning the diagnosis date of your patient's illness is an essential element of the illness's history.

**Example Question:**

At what age were you diagnosed with hypertension? Esther park abdominal pain  
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**Finding:**

Asked about relevant gastrointestinal history

**Finding:**

Reports no history of gastrointestinal disorders



**(Found)**

**Pro Tip:** Broad open questions are efficient and useful in eliciting a large amount of information from your patient. Asking about any gastrointestinal problems helps guide your assessment.

**Example Question:**

Do you have any GI conditions?

**Finding:**

Reports no history of GERD, heartburn, or ulcer

**(Found)**

**Pro Tip:** If a patient has a history of GERD, ulcer, heartburn, or perceived indigestion, it could contribute to her present condition.

**Example Question:**

Do you have a history of heartburn?

**Finding:**

Reports no history of appendicitis

**(Found)**

**Pro Tip:** In patients with lower quadrant abdominal pain, confirming a previous appendectomy can help rule out appendicitis as a cause for her current symptoms. It is

important to note that elderly patients with appendicitis may present atypically and often lack certain classic symptoms such as rebound tenderness, right lower quadrant pain, fever, and anorexia.

**Example Question:**

Have you ever had appendicitis?

**Finding:**

Reports no history of stomach cancer

**(Found)**

**Pro Tip:** If a patient has a history of stomach cancer, abdominal pain could be a sign of recurrence.

**Example Question:**

Do you have a history of stomach cancer?

**Finding:**

Reports no history of liver disease

**(Found)**

**Pro Tip:** A history of liver disease could cause additional gastrointestinal complaints for a patient.

**Example Question:**

Do you have a history of liver disease

**Finding:**

Asked about relevant history of surgery

**Finding:**

Reports c-section

**(Found)**

**Pro Tip:** Information about your patient's [pregnancy complications](#) can provide you with insight into past medical conditions. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved

**Example Question:**

Did you have any complications during pregnancy?

**Finding:**

C-section at age 40

**(Found)**

**Pro Tip:** Information about your patient's pregnancy can provide you with insight into past medical conditions.

**Example Question:**

At what age did you have a C-section?

**Finding:**

Reports cholecystectomy

**(Found)**

**Pro Tip:** Information about your patient's past surgeries can provide you with insight into past medical conditions.

**Example Question:**

Have you had your gallbladder removed?

**Finding:**

Cholecystectomy at age 42

**(Found)**

**Pro Tip:** Establishing a timeline about your patient's past surgeries can provide you with insight into past medical conditions.

**Example Question:**

At what age did you have your gallbladder removed?

**Finding:**

Reports no postoperative complications

**(Available)**

**Pro Tip:** Asking about any postoperative complications in your patient's history may provide information relevant to identifying her present condition.

**Example Question:**

Did you have any complications after your surgery?

**Social History**

**Finding:**

Asked about diet

**Finding:**

Reports last meal was toast at breakfast

**(Found)**

**Pro Tip:** A healthy and balanced diet is crucial for maintaining good health. Asking Esther about her last meal will indicate her typical eating habits and allow you to assess whether her eating habits put her at risk of cardiovascular disease or other health complications.

**Example Question:**

What was your last meal?

**Finding:**

Typically eats 3 meals

**(Found)**

**Pro Tip:** A healthy and balanced diet is crucial for maintaining good health. Asking Esther about what she typically eats will allow you to assess whether her eating habits put her at risk of cardiovascular disease or other health complications.

**Example Question:**

How many meals do you typically eat in a day?

**Finding:**

Typically does not eat snacks

**(Found)**

**Pro Tip:** A healthy and balanced diet is crucial for maintaining good health. Asking Esther about what she typically has for a snack will allow you to assess whether her eating habits put her at risk of cardiovascular disease or other health complications.

**Example Question:**

- What is a typical snack for you?:
- A typical breakfast is a piece of fruit

**(Found)**

**Pro Tip:** A healthy and balanced diet is crucial for maintaining good health. Asking Esther about what she typically eats for breakfast will allow you to assess whether her eating habits put her at risk of cardiovascular disease or other health complications.

**Example Question:**

What do you usually eat for breakfast?

**Finding:**

Typical lunch is soup, sometimes skips lunch

**(Found)**

**Pro Tip:** A healthy and balanced diet is crucial for maintaining good health. Asking Esther about what she typically eats for lunch will allow you to assess whether her eating habits put her at risk of cardiovascular disease or other health complications.

Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved

**Example Question:**

What do you usually eat for lunch?

**Finding:**

Typical dinner is chicken or fish with vegetables and rice

**(Found)**

**Pro Tip:** A healthy and balanced diet is crucial for maintaining good health. Asking Esther about what she typically eats for dinner will allow you to assess whether her eating habits put her at risk of cardiovascular disease or other health complications.

**Example Question:**

What do you usually eat for dinner?

**Finding:**

Asked about fiber intake

**Finding:**

Reports no fiber supplements

**(Found)**

**Pro Tip:** A high fiber diet helps to reduce constipation. Asking Esther if she takes fiber supplements will help you to assess whether she gets enough fiber in her diet.

**Example Question:**

Do you take fiber supplements?

**Finding:**

Reports belief that she gets enough fiber

**(Found)**



**Pro Tip:** A high-fiber diet helps to reduce constipation. Asking Esther about her fiber consumption will help you to assess whether she gets enough fiber in her diet.

**Example Question:**

Do you think you get enough fiber?

**Finding:**

Reports getting fiber from a daily vegetable

**(Found)**

**Pro Tip:** A high fiber diet helps to reduce constipation. Asking Esther what sources of fiber she eats will help you to assess whether she gets enough fiber in her diet. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved

**Example Question:**

What sources of fiber do you eat?

**Finding:**

Reports getting fiber from a daily piece of fruit

**Objective Data Collection: 26 Of 26 (100%)**

- Correct
- Partially correct

- Incorrect

- Missed

Inspected head and face

**1 of 1 point**

**Skull Symmetry (1/3 Point)**

- Symmetric
- Asymmetric

**Facial Feature Symmetry (1/3 Point) Esther Park Abdominal Pain Focused Shadow**

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- Symmetric
- Asymmetric

**Appearance (1/3 Point)**

- No visible abnormal findings
- Flushed appearance
- Rash or lesion
- Skin growths (freckles, moles, or birthmark)
- Excessive hair growth

- Evidence of skin trauma (scar, laceration, or bruising)
- Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved

Inspected nasal mucosa

1 of 1 point

**Appearance (1/1 Point)**

- Moist and pink
- Dry appearance
- Redness

Inspected mouth

1 of 1 point

**Oral Mucosa (1/1 Point)**

- Moist and pink
- Dry appearance
- Redness

Inspected abdomen

1 of 1 point

Checked for edema in lower extremities

**1 of 1 point**

Auscultated heart sounds

**1 of 1 point**

Auscultated breath sounds

**1 of 1 point**

Auscultated abdominal aorta

**1 of 1 point**

Auscultated bowel sounds

**1 of 1 point**

**Bowel Sounds (1/2 Point)**

- Absent
- Hypoactive
- Normoactive
- Hyperactive

**Location Of Non-Normoactive Bowel Sounds (1/2 Point)**

- All quadrants normoactive
- Right upper quadrant

- Right lower quadrant
- Left upper quadrant
- Left lower quadrant

**Auscultated abdominal arteries Esther Park Abdominal Pain Focused Shadow Health**

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**1 of 1 point**

Auscultated organs

**1 of 1 point**

Percussion abdomen

**1 of 1 point**

Percussed spleen

**1 of 1 point**

Percussed liver

**1 of 1 point**

Percussed CVA tenderness

**1 of 1 point**

Palpated abdomen – light

**1 of 1 point**

### **Tenderness (1/3 Point)**

- None reported
- Tenderness reported

### **Location Of Tenderness (1/3 Point)**

- No quadrants tender
- Right upper quadrant
- Right lower quadrant
- Left upper quadrant
- Left lower quadrant

### **Observations (1/3 Point)**

- No additional observations
- Masses
- Guarding
- Distension

Palpated abdomen – deep

### **1 of 1 point**

Palpated aortic width

**1 of 1 point**

Palpated liver

**1 of 1 point**

Palpated spleen

**1 of 1 point**

Palpated bladder

**1 of 1 point**

Palpated kidneys

1 of 1 point Esther Park Abdominal Pain Focused Shadow Health Assessment  
Transcript

**Right (1/2 Point)**

- Not palpable
- Palpable

**Left (1/2 Point)**

- Not palpable
- Palpable

- Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved

Tested skin turgor

**1 of 1 point**

Performed pelvic exam

**1 of 1 point**

Performed digital rectal exam

**1 of 1 point**

#### **Observations (1/1 Point)**

- No abnormal findings
- Hemorrhoids
- Fissures
- Ulceration
- Weak sphincter tone
- Fecal mass in rectal vault

Checked urinalysis

**1 of 1 point**



Education & Empathy: 5 Of 7 (71.4%)

During the patient interview, there are a number of opportunities to provide patient education and empathy. The opportunities listed below are those identified by nursing experts to be of particular importance to this patient. A **Model Statement** is provided as an example of an appropriate response to each opportunity.

- Opportunities marked as Not Encountered are opportunities that were not elicited in the interview.
- Opportunities marked as Not Followed Up are missed opportunities that were present in the interview but where no statements were made.
- Opportunities marked as Followed Up were followed up by students, and include the dialogue between student and patient Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved.

## Shadow Health Grading Rubric

### ASSIGNMENT CONTENT

Category	Points	%	Description
<b>Health History</b> <b>Communication,</b> <b>Education, Empathy, and</b> <b>Summary(DCE Score or</b> <b>transcript)</b>	15	20%	<p>The Digital Clinical Experience (DCE) Score is automatically translated by Shadow Health based on individual student performance and reflects how students work with data collection, health history communication, education, empathy, and summarization compared to peer learners across the country for a particular assignment. The DCE Score is a fair assessment of effort, and therefore is appropriate for use when grading assignments.</p> <p>Occasionally, performance transcripts may be reviewed for secondary support.</p>
<b>Assessment,</b> <b>Documentation,</b> <b>Treatment Plan, and</b> <b>Scholarly Sources</b> Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved	35	47%	<p>This category is evaluated on the quality of student's ability to: Identify pertinent normal and abnormal findings for the assignment, utilize professional terminology, provide comprehensive and detailed subjective and objective findings, identify differential diagnoses, and create a comprehensive treatment plan. Include at least one appropriate EBP scholarly source and use the SOAP Note format template to document all findings.</p>

<b>Self-Reflection</b>	<b>15</b>	<b>20%</b>	Self-reflection posts must demonstrate the student's own perspective. The quality of this criterion is based upon responding to all the reflection questions; providing responses that are substantive (add importance, meaningfulness, and relevance to the post); demonstrate analysis of own performance; and demonstrate insight. Insight refers to the capacity to gain an accurate and deep intuitive understanding of a concept or thing. For example, one might demonstrate insight by relating a concept to a personal or meaningful experience. Reflection post responses should vary from SH assignment to assignment.
	<b>65</b>	<b>87%</b>	<b>Total CONTENT Points= 65</b>
<b>ASSIGNMENT FORMAT</b>			
<b>Category</b>	<b>Points</b>	<b>%</b>	<b>Description</b>
<b>Grammar, Spelling, Syntax, Mechanics and APA Format</b>	<b>10</b>	<b>13%</b>	Reflection post has minimal grammar, spelling, syntax, punctuation and APA* errors. Direct quotes (if used) is limited to 1 short statement** which adds substantially to the post.* APA style references and in text citations are required; however, there are no deductions for errors in indentation or spacing of references. All elements of the reference otherwise must be included. Esther park abdominal pain focused shadow health assessment transcript, objective, subjective solved

			**Direct quote should not exceed 15 words & must add substantively to the assignment
	10	100%	Total FORMAT Points= 10
			ASSIGNMENT TOTAL= 75 points