

NR511 Week 8 Reflection

NR511 Week 8 Reflection: Clinical Experience and Gap Review

In this NR511 clinical rotation, I followed two preceptors in two different family medicine practice settings where I saw a total of 130 patients and completed 126 clinical hours. With this rotation, I had the opportunity to see a wide range of the adult population from age 18-85.

The majority of the adult population fell in the age range of 22-55. Upon reviewing the clinical report from the MyEvaluations logging tool, about 62.7% of the patient population seen in this clinical rotation were Caucasian, which is representative of the ethnic population in the Middlesex county of New Jersey. I also saw 22 (17.4%) patients from the Asian population, which comprises people from Far East, Southeast Asia, and the Indian subcontinent.

In terms of client complexity, the majority of the visits (67.3%) were acute, episodic conditions with complaints associated with upper respiratory infections, bronchitis, sinusitis, GERD, and orthopedic-related issues. This did not seem surprising because the past 8 weeks were during the winter season where upper respiratory infections were prevalent in New Jersey. Towards the end of the clinical rotation, I was able to see more [health maintenance visits](#) and follow up visits on single and multiple/chronic/controlled diseases. Nonetheless, I felt that this was a pretty significant gap in the category of client complexity.

Since the majority of the patients were episodic visitations, I was unable to perform many of the procedures listed in the competency list. I hope to close this gap with the next clinical rotation in general internal medicine. If I continue to see this particular gap in client complexity and procedures, I will obtain preceptorship in an urgent care facility that may provide plenty of opportunities to gain exposure to higher acuity patients and perform more procedures. Urgent care facilities can certainly help fulfill procedures such as laceration repairs, foreign body removal, wound debridements, and nail avulsions.

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Clinical Progression

Overall, I felt that my progression through this clinical rotation was appropriate as a novice nurse practitioner student. When I first started this clinical rotation, my personal goal was to gain confidence in completing a full head-to-toe assessment in a primary care setting. ...

Areas of Weakness

Even though I am improving on my assessment skills in this clinical rotation, I feel that my area of weakness is developing differentials for acute concerns. Developing differentials for "common cold" ...

NONPF Competencies

It is important to understand that the FNP role includes preventative healthcare, as well as the assessment, diagnosis and treatment of acute and chronic illnesses for patients in the primary ...

References

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