

NURS 6670 PMH NP Role II Adult-Syllabus Assignments

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Student Support And Calendar Information

So you have all key information available to you off-line, it is highly recommended that you print the following items for your reference:

- This Syllabus, including the Course Schedule that is linked on this page as a PDF
- Course Calendar
- Student Support

Credit Hours

- 5 credits (3 didactic and 2 practicum credits)

Walden University assigns credit hours based on the number and type of assignments that enable students to achieve the course learning objectives. In general, each semester credit equals about 42 hours of total student work and each quarter credit equals about 28 hours of total student work.

This time requirement represents an approximate average for undergraduate work and the minimum expectations for graduate work. The number and kind of activities estimated to fulfill time requirements will vary by degree level and student learning style, and by student familiarity with the delivery method and course content.

Course Description

Continuing from the lifespan approach, the learner in this final course for the psychiatric [mental health nurse practitioner \(PMHNP\) focuses on psychiatric mental health issues](#) that occur in adults and older adults. Selection of assessment approaches for the adult and older adult as well as differential diagnosis, application of diagnostic criteria, appropriate diagnostic testing, and diagnostic case formulation will be undertaken. The learner will use both psychotherapeutic approaches coupled with psychopharmacologic approaches to treat common psychiatric mental health conditions of adults and older adults. Through these practicum experiences, learners will focus on the application of didactic concepts to [patient care situations](#).

Course Prerequisites

NURS 6630: Psychopharmacologic Approaches to Treatment of Psychopathology

NURS 6640: Psychotherapy With Individuals

NURS 6650: Psychotherapy With Groups

NURS 6660: [Psychiatric Mental Health Nurse Practitioner Role](#) 1: Child and Adolescent

Course Outcomes

- Evaluate clients using [comprehensive integrated psychiatric assessments](#) in adults and older adults
- Apply appropriate diagnostic criteria to psychiatric and mental health disorders in adults and older adults
- Evaluate efficacy of treatment approaches to psychiatric and mental health disorders in adults and older adults
- Apply strategies for engaging in professional practice for PMHNP

- Implement evidence-based treatment approaches for psychiatric and mental health disorders in adults and older adults.
- Assess knowledge of [concepts and principles related to treatment of psychiatric and mental health disorders](#) in adults and older adults

To access the Alignment Chart for this course, please click on the following link:

Document: NURS 6670 Alignment Chart (PDF)

Course Materials

The process for receiving course texts and materials varies by program. Review the information below to make sure you have all course texts and materials before the term starts.

If your course texts and materials are being provided to you by Walden University as part of your course tuition, you should have received the items noted below. When you receive your package, make sure that all required course texts and materials have been included.

If you are required to purchase materials for this course, please visit the university bookstore via your Walden student portal to ensure you are obtaining the correct version of any course texts and materials noted below. When you receive your package, make sure that all required course texts and materials have been included.

For missing, incorrect, or damaged materials, please contact the Student Support Team.

Contact information for the Student Support Team can be located in the **Student**

Support area of the course navigation menu.

Course Text

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia, PA: Wolters Kluwer.

Note: While only the print edition of this book is referenced here, electronic versions also may be available and may be acceptable for use in this course.

Other readings (journal articles, websites, book excerpts, etc.) are assigned throughout the course and may be found within each week and within the Course Schedule.

Course Readings List

The Course Readings List contains all of the required Walden Library resources for this course. Please click on the following link to access the list:

[NURS 6670 Course Readings List](#)

Media

Assigned course media elements may be found in one or more weeks of the course and are available via a streaming media player or a hyperlink to the individual item.

Course Assignments

Online Discussion And Clinical Supervision

The exchange of ideas between colleagues engaged in scholarly inquiry is a key aspect of graduate-level learning and is a requisite activity in this course.

Requirements: You are expected to participate **at least two** separate days a week in the weekly Discussion area. Discussion topics/questions are provided in the Discussion area. In addition, you are expected to respond to your fellow students' postings. To count as participation, responses need to be thoughtful; that is, they must refer to the

week's readings, relevant issues in the news, information obtained from other sources, and/or ideas expressed in other class members' postings.

Where appropriate, you should use references to support your position. The Discussion questions require a response to one other student's posting; it should be no more than two paragraphs long.

All Discussion postings need to be made in each week's **Discussion** area of the course, unless otherwise stated. Please do not email postings to the Instructor or other students. Refer to the **Discussion** area for specific instructions.

Discussions will be graded according to the Discussion Rubric found in the **Course Information** area.

Assignments And Projects

An Assignment or Project often is a writing assignment submitted to the Instructor for evaluation. Complete Assignment or Project directions are in the **Assignments or Projects** areas, including how and where to submit the Assignment or Project and the due date.

Please note that you should keep copies of your Assignments and Projects on your computer in case of any technical difficulties.

Information on scholarly writing may be found in the APA manual and at the Walden Writing Center website.

Please refer to the APA Guide or visit the Walden University Online Writing Center at Writing Center

Walden University expects you to act with integrity and honesty in your academic courses. Refer to the **Guidelines and Policies** and **Academic Integrity** areas for more details.

Check the **Course Information** area for any rubrics relating to the Assignments and Projects.

Practicum Activities

- The practicum experience in this course will assist your transition from the role of learner to that of scholar-practitioner. To achieve this transition, you will engage in a relationship with a clinical instructor and preceptor, focusing on roles and role functions and the achievement of individualized learning objectives. The primary objective of your practicum is to provide you with the basic skills necessary to serve as a mid-level provider of primary care to selected populations and prepare you to take the appropriate national certification exam.
- The practicum component of the course will be graded as Satisfactory or Unsatisfactory. In order to pass the course, you must earn a grade of Satisfactory on all required practicum activities including journal entries and time logs.
- At the end of the course, you must also ensure that your [practicum preceptor submits an online evaluation](#) of your performance. You will also complete an online evaluation of your [practicum experience](#) at the end of the course. These evaluations will not only provide information about the progress of individual students, but also help program leadership to continuously work on the course

review and improvements. You will receive an Incomplete (I) as a grade if any of the above evaluations are not received by the posted deadlines.

Time Logs: Students are required to keep a log of the time spent related to their practicum experience and enter every patient they see each day. Students can access their time log from the Welcome Page in their Meditrek account. Students will track time individually for each patient they work with.

Students are required to continuously input their hours throughout the term. Logs are reviewed by instructors in Weeks 4, 7, and 10. Please print and keep your completed Meditrek Log at the end of your [clinical experiences](#) for future use as a component of your portfolio.

Grading Criteria And Total Components Of A Grade

Course grades will be based on participation (postings) and completion of assignments as listed below.

Note: All assignments must be completed to pass the course.

Grading Scale

Letter grades will be assigned as follows:

90%–100% = A

80%–89% = B

70%–79% = C

70% or below = F

Please see below for the policy on Incomplete (I) grades.

Course Evaluation And Grading

Important Note: This course contains weighted grading. Assignments are weighted differently depending on their type. The total points achieved for each assignment will be weighted based on the percentage values noted in the **Weighted Total (%)** column of the table that follows.

Week	1	2	3	4	5	6	7	8	9	10	11	Total Points	% of Grade
Discussions (100 pts each)	X		X			X		X		X	X	600	15%
Clinical Supervision				X								S/U	
Assignments (100 pts each)		X			X X		X		X			500	15%

Exams (75 pts each)						X					X	150	50%
BoardVitals (20 pts each)		X	X	X	X	X	X	X	X	X	X	200	10%
Fitzgerald Exam (100 pts)			X									100	10%
Practicum Journal Entries	X	X				X	X		X	X		S/U	
Decision Trees			X		X			X				S/U	
Total												1550	100%

Feedback Schedule

- The Instructor will log into the course at least 3–4 times during the week to monitor the weekly **Discussion** area. Feedback will be provided via the

Discussion area and/or the **Announcements** page. Requests for more specific feedback may be made in the **Discussion** area or in the **Contact the Instructor** thread.

- The Instructor will respond to at least one main post each week but will usually not respond to all posts.
- **Timely Review and Return of Student Work.** As a guideline, faculty members are expected to review and return graded student work for all coursework within 10 calendar days.
- Each Instructor has a unique way of providing feedback. If you think that you are not getting enough feedback, you are strongly encouraged to contact your Instructor and ask for more. Contact information for your Instructor can be found under the **Contact the Instructor** area. For more information on Instructor feedback, go to the Faculty Accessibility section of Faculty and Student Guidelines for Online Courses, located in the **Guidelines and Policies** area.

Preferred Methods For Delivering Assignments

Submitting Course Postings To The Weekly Discussion Areas

Be sure that you post to the correct Discussion area each week. Do not email postings to the Instructor. For all initial Discussion postings, make sure that the first sentence of your posting reads Main Question Post. For your responses to others' postings, make sure that the first sentence of your response reads Response. These actions will ensure easily identifiable subject lines for your postings and responses.

Submitting Assignments And Projects

Assignments and Projects are submitted according to the instructions in the Assignments or Projects areas and are named according to the week in which the Assignment or Project is submitted. Directions for naming each Assignment or Project are included in each week's Assignment or Project area.

EMailing Your Instructor

When emailing the Instructor, please use the following heading for your email subject line: last name + your first initial + course number (e.g., RideSNURS6640) so that your Instructor will recognize and read your email.

Policies On Late Assignments

Discussion And Assignment Postings

No credit will be given for Discussion and Assignment postings made after the week in which they are due unless prior arrangements are made with the Instructor. Exceptions will be made only for those rare situations that legitimately prevent a student from posting on time. Points will be deducted from late postings.

Assignments

Assignments are due by **Day 7** of the week in which they are assigned unless otherwise noted. Failure to meet the deadline without prior approval will result in at least a 3-point deduction per day. Any Assignment submitted after **Day 4** of the week following that in which it is assigned will receive zero points.

Keeping Your Coursework

You will have access to the course and your coursework from the course start date until 60 days after the course ends. After this time, you will no longer be able to access the course or related materials. **For this reason, we strongly recommend that you retain copies of your completed assignments and any documents you wish to keep.** The University is not responsible for lost or missing coursework.

Instructor Feedback Schedule

The Instructor will log in to the course during the week to monitor the weekly Discussion area. Feedback will be provided via the comments in the My Grades area, the Discussion area, and/or the Announcements page.

You can expect your weekly assignment grades to be posted within 10 calendar days of a due date. Instructor feedback and explanation are provided whenever full credit is not achieved. Depending on the nature of the feedback, Instructor responses may be posted to the Discussion area or included in the My Grades area.

The goal of your Instructor is to act as a discussion and learning facilitator rather than a lecturer. The Instructor will not respond to every posting by every individual, so please feel free to ask your Instructor if you would like some personal feedback on a particular assignment posting or any time you have any questions regarding your assignments or your grade.

Classroom Participation

In accordance with U.S. Department of Education guidance regarding class participation, Walden University requires that all students submit at least one of their required Week 1 assignments (which includes posting to the Discussion Board) within each course(s) during the first 7 calendar days of class. For courses with two-week units, posting to the Discussion Board by Day 7 meets this requirement. The first calendar day of class is the official start date of the course as posted on your myWalden academic page.

Assignments submitted prior to the official start date will not count toward your participation.

Financial Aid cannot be released without class participation as defined above.

Students who **are taking their first class with Walden** and do not submit at least one of their required Week 1 assignments (or at least one Discussion post) by the end of the 7th day will be administratively withdrawn from the university.

Students who have already taken and successfully completed **at least one** or more class(es) with Walden, and who **do not participate** within the first 7 days, will be dropped from that class.

If you have any questions about your assignments, or you are unable to complete your assignments, please contact your Faculty Member.

Checklist



The weekly course checklist below outlines the assignments due for the course. For full assignment details and directions, refer to each week of the course. All assignments are due by 11:59 p.m. Mountain Time (MT) on the day assigned (which is 1:59 a.m. Eastern Time (ET) the next day). The time stamp in the classroom will reflect Eastern Time (ET), regardless of your time zone. As long as your submission time stamp is no later than 1:59 a.m. Eastern Time (ET), you have submitted on time.

To view the Course Calendar:

[Course Calendar](#)

To View A Printable Course Schedule

For full assignment details and directions, refer to each week of the course.

Click on the **NURS 6670 Course Schedule (PDF)** link to access the Course Schedule.

Document: NURS 6670 Course Schedule (PDF)

Checklist

Module	Assignment	Title
Week 1	Psychiatric Assessment of the Adult and Older Adult	
	Learning Resources	Required Readings Required Media Optional Resources
	Discussion	Interview Format.

	Assignments	Week 1 Practicum Journal Entry: Certification Plan
Week 2	Depressive Disorders	
	Learning Resources	Required Readings Required Media Optional Resources
	Assignments	“Captain of the Ship” Project – Depressive Disorder Week 2 Practicum Journal: Safe Prescribing BoardVitals
Week 3	Personality Disorders	
	Learning Resources	Required Readings Required Media Optional Resources
	Discussion	Treatment of Personality Disorders
	Assignments	Decision Tree Fitzgerald Health Education Associates (FHEA) PMHNP 150 University Exit Comprehensive Exam

		BoardVitals
Week 4	Substance-Related and Addictive Disorders	
	Learning Resources	Required Readings Required Media Optional Resources
	Discussion	Clinical Supervision – Kaltura
	Assignments	Week 1 Practicum Journal Entry: Certification Plan Week 2 Practicum Journal: Safe Prescribing Week 3 Practicum Journal: Decision Tree BoardVitals.
Week 5	Bipolar Disorders	
	Learning Resources	Required Readings Required Media Optional Resources
	Assignments	“Captain of the Ship” Project – Bipolar Disorders FHEA Exam Follow-up Practicum: Decision Tree

		BoardVitals
Week 6	Anxiety Disorders, PTSD, and Related Disorders	
	Learning Resources	Required Readings Required Media Optional Resources
	Discussion	Treatment of Anxiety Disorders
	Assignments	Midterm Exam Week 6 Practicum Journal: Reimbursement Rates BoardVitals
Week 7	Obsessive-Compulsive Disorders	
	Learning Resources	Required Readings Required Media Optional Resources
	Assignments	“Captain of the Ship” Project – Obsessive-Compulsive Disorders Week 7 Practicum Journal: Checkpoint for Certification Plan Week 5 Practicum: Decision Tree

		Week 6 Practicum Journal – Reimbursement Rates BoardVitals.
Week 8	Neurocognitive Disorders	
	Learning Resources	Required Readings Required Media Optional Resources
	Discussion	Treatment of Neurocognitive Disorders
	Assignments	Practicum: Decision Tree BoardVitals
Week 9	Schizophrenia Spectrum and Other Psychotic Disorders	
	Learning Resources	Required Readings Required Media
	Assignments	“Captain of the Ship” Project – Schizophrenia Spectrum and Other Psychotic Disorders Week 9 Practicum Journal: State Practice Agreements BoardVitals

Week 10	Sleep/Wake Disorders and Parasomnias	
	Learning Resources	Required Readings Required Media Optional Resources
	Discussion	Treatment of Sleep/Wake Disorders
	Assignments	Week 10 Practicum Journal: Checkpoint for Certification Plan. NURS 6670 PMHNP Role II: Adult-Syllabus. Week 8 Practicum: Decision Tree Week 9 Practicum Journal: State Practice Agreements BoardVitals
Week 11	Gender Dysphoria, Paraphilic Disorders, and Sexual Dysfunction	
	Learning Resources	Required Readings Required Media
	Discussion	Assessment and Treatment of Gender Dysphoria, Paraphilic Disorders, and Sexual Dysfunction

	Assignments	Final Exam BoardVitals.
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Assignment 1: Week 1 Practicum Journal Entry: Certification Plan

Psychiatric/mental health nurse practitioners currently have only one choice for certification, which is through the American Nurses Credentialing Center (ANCC). The ANCC offers the “psychiatric/mental-health nurse practitioner (across the lifespan)” board certification (PMHNP-BC). In many states, board certification is needed as a prerequisite to being granted an NP license. Even if board certification is not a requirement for state licensure, it may be a requirement to receive privileges in various hospitals and other health care facilities. It may also be required by malpractice insurance providers prior to issuing coverage to NPs.

In this Practicum Journal Assignment, you will develop a plan, which will serve as the road map for you to follow to attain your certification.

Learning Objectives

Students Will:

- Analyze state restrictions or limitations for practice
- Compare PMHNP practice environments in various states
- Analyze clinical practice issues
- Create plans for passing national certification exams

**Assigned in Week 1 but submitted in Week 4

To prepare for this Practicum Journal:

- Review the interactive nurse practitioner (NP) scope of practice law guide in your Learning Resources.
- Review your state regulations and a neighboring state or state in which you would like to practice.
- Reflect on how to approach relocating licensure from one state to another.
- Review certification exam requirements for PMHNPs.

Write a 2- to 3-page paper in which you do the following:

- Describe the PMHNP practice environment for your home state, highlighting restrictions or limitations for practice.
- Compare the PMHNP practice environment in your home state with a neighboring state or a state in which you would like to practice.
- Describe a professional and/or clinical practice issue a new PMHNP will need to consider and address with the certification, licensure, credentialing, or relocation process.
- Develop a checklist for passing the national certification exam, including a detailed timeline that includes academic preparation (study plan), registration, financial preparation, etc.

By Day 7

Submit by Day 7 of Week 4.

Making Connections

This week, you developed your own personal format for initial interviews of mental health clients. You also explored the restrictions and limitations for practice as a

PMHNP in your home state and created a plan for passing the national certification exam.

Next week, you will become “captain of the ship” as you take full responsibility for a client with a depressive disorder by recommending psychopharmacologic treatment and psychotherapy, identifying medical management needs and community support, and recommending follow-up plans. You will also explore how to obtain a DEA license and the responsibilities for safe prescribing and prescription monitoring.

Fitzgerald Health Education Associates (FHEA) PMHNP 150 University Exit

Comprehensive Exam

Walden has selected the Fitzgerald Health Education Associates (FHEA) PMHNP 150 University Exit Comprehensive Exam to provide you with an opportunity to take practice exams and complete sample test questions. While passing your certification exam is not guaranteed, FHEA suggests that a score of 85% or higher is predictive of success on your NP board examination. The FHEA PMHNP 150 University Exit Comprehensive Exam is used in this course as an assessment in Week 3. Each exam is worth 100 points and 10% of your grade.

Note: Your instructor receives the results and will inform you when the results are available. Do not email the Fitzgerald site.

Assignments Week 2: Depressive Disorders

I have no one. My wife died suddenly 4 years ago and I know it was my fault. She had been complaining she was sick for a year, but the doctors kept saying it was nothing. When they finally found the cancer, it had spread throughout her body. I should have listened to her. She might have survived and I would not be alone. I seem to cry for no reason and my children don't understand why I don't want to leave the house. This is where her memories are. Why would I want to leave? Jose, age 75

The National Institutes of Mental Health acknowledges that depression is one of the most common mental disorders in the United States. It is associated with significant disability, fiscal impact, and considerable personal suffering. It may have a significant impact on the individual, their family, and their social network. The PMHNP must be capable of providing comprehensive care for depressive disorders, including both psychotherapy and psychopharmacologic approaches.

This week, you will become “captain of the ship” as you take full responsibility for a client with a depressive disorder. You will recommend psychopharmacologic treatment and psychotherapy, identify medical management needs and community support, and recommend follow-up plans. You will also explore how to obtain a DEA license and the responsibilities for safe prescribing and prescription monitoring.

Photo Credit: Juanmonino/ E+ / Getty Images

NURS 6670 Exams, Discussions And Assignments Learning Resources

Note: To access this week's required library resources, please click on the link to the Course Readings List, found in the **Course Materials** section of your Syllabus.

Required Readings

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia, PA: Wolters Kluwer.

- Chapter 8, "Mood Disorders" (pp. 347–386)

Gabbard, G. O. (2014). Gabbard's treatment of psychiatric disorders (5th ed.).

Washington, DC: American Psychiatric Publications.

- Chapter 12, "Psychotherapy of Mood Disorders"
- Chapter 14, "Pharmacological and Somatic Treatments for Major Depressive Disorder"

Note: You will access this textbook from the Walden Library databases.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: Author.

- "Depressive Disorders"
 - Major Depressive Disorder
 - Persistent Depressive Disorder (dysthymia)
 - Premenstrual Dysphoric Disorder
 - Substance/Medication-Induced Depressive Disorder
 - Depressive Disorder Due to Another Medical Condition
 - Other Specified Depressive Disorder
 - Unspecified Depressive Disorder

Stahl, S. M. (2014). Prescriber's Guide: Stahl's Essential Psychopharmacology (5th ed.).

New York, NY: Cambridge University Press.

Note: All Stahl resources can be accessed through the Walden Library using the link below. This link will take you to a login page for the Walden Library. Once you log in to the library, the Stahl website will appear.

<http://ezp.waldenulibrary.org/login?url=http://stahlonline.cambridge.org/>. NURS 6670

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To access information on specific medications, click on **The Prescriber's Guide, 5th Ed.** tab on the Stahl Online website and select the appropriate medication.

Depression	Premenstrual dysphoric disorder	Seasonal affective disorder (MDD with Seasonal Variation)
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agomelatine	quetiapine	iloperidone	citalopram	bupropion
amisulpride	(adjunct)	imipramine	desvenlafaxine	
amitriptyline	reboxetine	isocarboxazid	escitalopram	
amoxapine	selegiline	ketamine	fluoxetine	
amphetamine	sertindole	lisdexamfetamin	paroxetine	
(d)	sertraline	e	sertraline	
amphetamine	sulpiride	lithium (adjunct)	venlafaxine.	
(d,l)	tianeptine	l-methylfolate		
aripiprazole	tranylcypromin	(adjunct)		
(adjunct)	e	lofepramine		
asenapine	triiodothyronine	lurasidone		
atomoxetine	trazodone	maprotiline		
bupropion	trimipramine	methylphenidate		
bupirone	venlafaxine	(d)		
(adjunct)	vilazodone	methylphenidate		
citalopram	vortioxetine	(d,l)		
clomipramine	doxepin	mianserin		
cyamemazine	duloxetine	milnacipran		
desipramine	escitalopram	mirtazapine		
desvenlafaxin	fluoxetine	moclobemide		
e	flupenthixol	modafinil		
dothiepin	fluvoxamine	(adjunct)		

paroxetine		nefazodone		
phenelzine		nortriptyline		
protriptyline		olanzapine		

Grieve, S. M., Korgaonkar, M. S., Koslow, S. H., Gordon, E., Williams, L. M. (2013).

Widespread reductions in gray matter volume in depression. *NeuroImage: Clinical*, 3, 332-339. doi:10.1016/j.nicl.2013.08.016

Note: You will access this article from the Walden Library databases.

Lach, H. W., Chang, Y-P., & Edwards, D. (2010). Can older adults with dementia accurately report depression using brief forms? Reliability and validity of the Geriatric Depression Scale. *Journal of Gerontological Nursing*, 36(5), 30–37.

doi:10.3928/00989134-20100303-01

Note: You will access this article from the Walden Library databases.

Steffens, D. C., McQuoid, D. R., & Potter, G. G. (2014). Amnestic mild cognitive impairment and incident dementia and Alzheimer’s disease in geriatric depression. *International Psychogeriatrics*, 26(12), 2029–2036. doi:10.1017/S1041610214001446

Note: You will access this article from the Walden Library databases. NURS 6670

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Drug Enforcement Administration. (n.d.). Drug schedules. Retrieved June 14, 2016, from <https://www.dea.gov/druginfo/ds.shtml>

Required Media

Hagen, B. (Producer). (n.d.-b). *Managing depression* [Video file]. Mill Valley, CA:

Psychotherapy.net.

Note: The approximate length of this media piece is 24 minutes. You will access this video through the Walden Library databases.

Optional Resources

Gabbard, G. O. (2014). *Gabbard's treatment of psychiatric disorders* (5th ed.). Washington, DC: American Psychiatric Publications.

- Chapter 15, "Brain Stimulation Treatments for Mood Disorders"

Note: You will access this article from the Walden Library databases.

Ahern, E., & Semkovska, M. (2017). Cognitive functioning in the first-episode of major depressive disorder: A systematic review and meta-analysis. *Neuropsychology*, 31(1), 52–72. doi:10.1037/neu0000319. NURS 6670 Exams, Discussions and Assignments..

Note: You will access this article from the Walden Library databases.

Anderson, N. D., Damianakis, T., Kröger, E., Wagner, L. M., Dawson, D. R., Binns, M. A., . . .

Cook, S. L. (2014). The benefits associated with volunteering among seniors: A critical review and recommendations for future research. *Psychological Bulletin*, 140(6), 1505–1533. doi:10.1037/a0037610

Note: You will access this article from the Walden Library databases. NURS 6670 Exams, Discussions and Assignments.

Inoue, J., Hoshino, R., Nojima, H., Ishida, W., & Okamoto, N. (2016). Additional donepezil treatment for patients with geriatric depression who exhibit cognitive deficit during treatment for depression. *Psychogeriatrics*, 16(1), 54–61. doi:10.1111/psyg.12121

Note: You will access this article from the Walden Library databases.

Sachs-Ericsson, N., Corsentino, E., Moxley, J., Hames, J. L., Rushing, N. C., Sawyer, K., . . . Steffens, D. C. (2013). A longitudinal study of differences in late- and early-onset geriatric depression: Depressive symptoms and psychosocial, cognitive, and neurological functioning. *Aging & Mental Health*, 17(1), 1–11.
doi:10.1080/13607863.2012.717253

Note: You will access this article from the Walden Library databases. NURS 6670 PMH NP Role II Adult-Syllabus

Shallcross, A. J., Gross, J. J., Visvanathan, P. D., Kumar, N., Palfrey, A., Ford, B. Q., . . . Mauss, I. B. (2015). Relapse prevention in major depressive disorder: Mindfulness-based cognitive therapy versus an active control condition. *Journal of Consulting and Clinical Psychology*, 83(5), 964–975. doi:10.1037/ccp0000050.

Note: You will access this article from the Walden Library databases.

Wanklyn, S. G., Pukay-Martin, N. D., Belus, J. M., St. Cyr, K., Girard, T. A., & Monson, C. M. (2016). Trauma types as differential predictors of posttraumatic stress disorder (PTSD), major depressive disorder (MDD), and their comorbidity. *Canadian Journal of Behavioural Science / Revue Canadienne Des Sciences Du Comportement*, 48(4), 296–305. doi:10.1037/cbs0000056

Note: You will access this article from the Walden Library databases.

Assignment 1: “Captain Of The Ship” Project – Depressive Disorder



As nurse practitioners strive to achieve full-autonomous practice across the country, it should be noted that many states grant this ability to practice independently to psychiatric mental health nurse practitioners. To that end, you will be engaging in projects this semester that assume that you are practicing in a state that allows full-practice authority for NPs, meaning that the PMHNP may be the “captain of the ship” concerning caring for a patient population.

The “captain of the ship” is the one who makes referrals to specialists, coordinates care for their patients/clients, and is responsible and accountable for patient/client outcomes overall. This is a decided change from a few decades ago when physicians were the “captain of the ship” and NPs played a peripheral role.

In this Assignment, you will become the “captain of the ship” as you provide treatment recommendations and identify medical management, community support resources, and follow-up plans for a client with a depression disorder.

NURS 6670 Exams, Discussions And Assignments Learning Objectives

Students Will:

- Recommend psychopharmacologic treatments based on therapeutic endpoints for clients with depression disorders
- Recommend psychotherapy based on therapeutic endpoints for clients with depression disorders
- Identify medical management needs for clients with depression disorders
- NURS 6670 Exams, Discussions and Assignments.

- Identify community support resources for clients with depression disorders
- Recommend follow-up plans for clients with depression disorders

To prepare for this NURS 6670 Exams, Discussions and Assignments:

- Select an adult or older adult client with a depressive disorder you have seen in your practicum.

In 3–4 pages, write a treatment plan for your client in which you do the following:

- Describe the HPI and clinical impression for the client.
- Recommend psychopharmacologic treatments and describe specific and therapeutic endpoints for your psychopharmacologic agent. (This should relate to HPI and clinical impression.)
- Recommend psychotherapy choices (individual, family, and group) and specific therapeutic endpoints for your choices.
- Identify medical management needs, including primary care needs, specific to this client.
- Identify community support resources (housing, socioeconomic needs, etc.) and community agencies that are available to assist the client.
- Recommend a plan for follow-up intensity and frequency and collaboration with other providers.

By Day 7

Submit your NURS 6670 Exams, Discussions and Assignments.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your assignment using the naming convention “WK2 gn1+last name+first initial.(extension)” as the name.
- Click the **Week 2 Assignment 1 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 2 Assignment 1** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK2 gn1+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 2 Assignment 1 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 2 Assignment 1 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 2 Assignment 1

Assignment 2: Week 2 Practicum Journal: Safe Prescribing

There is probably no greater responsibility that the psychiatric mental health nurse practitioner assumes than the responsibility of prescribing medications. While someone can be harmed by psychotherapy, the level and intensity of the harm generally does not come to the same level of harm that can occur from improper prescribing. The PMHNP must understand his/her responsibility both at a state and federal level when it comes to prescribing medications.

In this Practicum Journal Assignment, you will explore the legalities associated with prescribing controlled substances, as well as what a DEA number is, how to obtain one, and, most importantly, how to prescribe controlled substances in your state.

NURS 6670 Exams, Discussions And Assignments. Learning Objectives

Students Will:

- Analyze roles of the Drug Enforcement Administration
- Analyze PMHNP responsibilities when issued a DEA number
- Analyze DEA number application procedures
- Analyze state requirements for safe prescribing and prescription monitoring
- Analyze PMHNP responsibilities for safe prescribing and prescription monitoring
- Analyze Schedule II-V drug levels

** Assigned in Week 2 and submitted in Week 4.

To prepare for this Practicum Journal:

- Review the Learning Resources.

In 2-3 pages:

- Describe the role of the Drug Enforcement Administration (DEA) as it pertains to the PMHNP.
- Explain your responsibilities when having a DEA number.
- Explain how you apply for a DEA number. NURS 6670 PMH NP Role II Adult-Syllabus
- NURS 6670 Exams, Discussions and Assignments.
- Explain your state's requirements for a safe prescribing and prescription monitoring program. Explain your responsibility as a PMHNP to follow these requirements.
- Provide an example of a drug you may prescribe from each of the Schedule II-V drug levels.

By Day 7

Submit by Day 7 of Week 4.

Assignment 3: Boardvitals

This week you will be responding to twenty BoardVitals questions that cover a broad review of your Nurse Practitioner program courses up to this point.

These review questions will provide practice that is critical in your preparation for the national certification exam that's required to certify you to practice as a nurse practitioner. These customized test questions are designed to help you prepare for your Nurse Practitioner certification exam. It is in your best interest to take your time, do your best, and answer each question to the best of your ability.

You can access Board Vitals through the link sent to you in email or by following the link below:

<https://www.boardvitals.com/>

By Day 7

Complete the BoardVitals questions.

Making Connections

This week, you became “captain of the ship” as you took full responsibility for a client with a depressive disorder by recommending psychopharmacologic treatment and psychotherapy, identifying medical management needs and community support, and recommending follow-up plans. You also explored how to obtain a DEA license and the responsibilities for safe prescribing and prescription monitoring. NURS 6670 Exams, Discussions and Assignments..

Next week, you will explore the many personality disorders and use the DSM-5 criteria for diagnosing individuals with specific personality disorders. You will use the Decision Tree format to diagnose and treat a client with a personality disorder. You also will complete the Fitzgerald University Exit Comprehensive Exam to determine your readiness for the certification exam. NURS 6670 Exams, Discussions and Assignments..

Week 3: Personality Disorders

I cannot believe these people. Don't they know who I am? I deserve better treatment than this. That hostess should have seated me immediately, but I had to wait for 10 minutes and then she put me at this table right by the kitchen. I see an empty table

right in the middle where I should be. I am just going to get up and move there. I don't care what the hostess says, rules don't apply to me.Ashley, age 25

Personality disorders represent perhaps the most challenging disorders that the psychiatric mental health nurse practitioner will have to address in their professional careers. Personality disorders can co-occur in every mental health disorder and, in some cases, can masquerade as disorder . Although difficult to treat, the PMHNP must be able to identify personality disorders and endeavor to work with the client to not only recognize the disorder, but to treat a disorder that clients often do not believe they have.

NURS 6670 Exams, Discussions and Assignments..

This week, you will explore the many personality disorders and use the DSM-5 criteria for diagnosing individuals with specific personality disorders. You will use the Decision Tree format to diagnose and treat a client with a personality disorder. You also will complete the Fitzgerald University Exit Comprehensive Exam to determine your readiness for the certification exam.

Photo Credit: kaisersosa67 / iStock / Getty Images Plus / Getty Images

Assignments. Learning Resources

Note: To access this week's required library resources, please click on the link to the Course Readings List, found in the **Course Materials** section of your Syllabus.

Required Readings

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia, PA: Wolters Kluwer.

- Chapter 4, “Theories of Personality and Psychopathology” (pp. 151–191)
- Chapter 22, “Personality Disorders” (pp. 742–762)
- Chapter 13, “Psychosomatic Medicine” (pp. 451–464)

Gabbard, G. O. (2014). Gabbard’s treatment of psychiatric disorders (5th ed.).

Washington, DC: American Psychiatric Publications. NURS 6670 Exams, Discussions and Assignments..

- Chapter 68, “Paranoid, Schizotypal, and Schizoid Personality Disorders”
- Chapter 69, “Antisocial Personality Disorder”
- Chapter 70, “Borderline Personality Disorder”
- Chapter 71, “Histrionic Personality Disorder”
- Chapter 72, “Narcissistic Personality Disorder”
- Chapter 73, “Cluster C Personality Disorders

Note: You will access this book from Walden Library databases.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: Author.

- “Personality Disorders”

Note: You will access this book from Walden Library databases.

Perry, J. C., Presniak, M. D., & Olson, T. R. (2013). Defense mechanisms in schizotypal, borderline, antisocial, and narcissistic personality disorders. *Psychiatry: Interpersonal & Biological Processes*, 76(1), 32–52. doi:10.1521/psyc.2013.76.1.32

Note: You will access this article from Walden Library databases.

Rees, C. S., & Pritchard, R. (2015). Brief cognitive therapy for avoidant personality disorder. *Psychotherapy*, 52(1), 45–55. doi:10.1037/a0035158

Note: You will access this article from Walden Library databases.

Required Media

Laureate Education. (2017a). A woman with personality disorder [Interactive media file].

Baltimore, MD: Author.

Kernberg, O. (n.d.). Psychoanalytic psychotherapy for personality disorders: An Interview with Otto Kernberg, MD. [Video file]. Mill Valley, CA: Psychotherapy.net

Note: This video is approximately 94 minutes of length. You will access this article from Walden Library databases.

Discussion: Treatment Of Personality Disorders

Personality disorders occur in 10–20% of the population. They are difficult to treat as individuals with personality disorders are less likely to seek help than individuals with other mental health disorders. Treatment can be challenging as they do not see their symptoms as painful to themselves or others.

In this Discussion, you will explore personality disorders in greater detail and discuss treatment options using evidence-based research.

Learning Objectives

Students Will:

- Analyze diagnostic criteria for personality disorders

- Analyze evidence-based psychotherapy and psychopharmacologic treatments for personality disorders
- Analyze clinical features of clients with personality disorders
- Align clinical features with DSM-5 criteria
- NURS 6670 Exams, Discussions and Assignments.
- Compare differential diagnostic features of personality disorders

Note: For this Discussion, you are required to complete your initial post before you will be able to view and respond to your colleagues' postings. Begin by clicking on the "Post to Discussion Question" link and then select "Create Thread" to complete your initial post. Remember, once you click submit, you cannot delete or edit your own posts, and cannot post anonymously. Please check your post carefully before clicking **Submit!**

To prepare for this Discussion:

- By Day 5 of Week 2, your Instructor will have assigned you a personality disorder, which will be your focus for your initial post for this Discussion. NURS 6670 Exams, Discussions and Assignments.
- Review the Learning Resources.

By Day 3

Post:

- Explain the diagnostic criteria for your assigned personality disorder.
- Explain the evidenced-based psychotherapy and psychopharmacologic treatment for your assigned personality disorder.

- Describe clinical features from a client that led you to believe this client had this disorder. Align the clinical features with the DSM-5 criteria.
- Support your rationale with references to the Learning Resources or other academic resources.

By Day 6

Respond to at least **two** of your colleagues by comparing the differential diagnostic features of the disorder you were assigned to the diagnostic features of the disorder your colleagues were assigned. What are their similarities and differences? How might you differentiate the two diagnoses? NURS 6670 Exams, Discussions and Assignments.

Submission And Grading Information

Grading Criteria

To access your rubric:

Week 3 Discussion Rubric

Post By Day 3 And Respond By Day 6

To participate in this Discussion:

Week 3 Discussion

Assignment 1: Decision Tree

For this Assignment, as you examine the client case study in this week's Learning Resources, consider how you might assess and treat adult and older adult clients presenting symptoms of a mental health disorder.

Learning Objectives

Students Will:

- Evaluate clients for treatment of mental health disorders
- Analyze decisions made throughout diagnosis and treatment of clients with mental health disorders

** Assigned in Week 3 and submitted in Week 4

Examine Case 1: You will be asked to make three decisions concerning the diagnosis and treatment for this client. Be sure to consider comorbid physical as well as mental factors that might impact the client's diagnosis and treatment.

At each Decision Point, stop to complete the following:

- Decision #1: Differential Diagnosis
 - Which Decision did you select?
 - Why did you select this Decision? Support your response with evidence and references to the Learning Resources.
 - What were you hoping to achieve by making this Decision? Support your response with evidence and references to the Learning Resources.
 - Explain any difference between what you expected to achieve with Decision #1 and the results of the Decision. Why were they different?
- Decision #2: Treatment Plan for Psychotherapy

- Why did you select this Decision? Support your response with evidence and references to the Learning Resources.
- What were you hoping to achieve by making this Decision? Support your response with evidence and references to the Learning Resources.
- Explain any difference between what you expected to achieve with Decision #2 and the results of the Decision. Why were they different?
- Decision #3: Treatment Plan for Psychopharmacology
 - Why did you select this Decision? Support your response with evidence and references to the Learning Resources. NURS 6670 Exams, Discussions and Assignments.
 - What were you hoping to achieve by making this Decision? Support your response with evidence and references to the Learning Resources.
 - Explain any difference between what you expected to achieve with Decision #3 and the results of the decision. Why were they different?
- Also include how ethical considerations might impact your treatment plan and communication with clients and their family.

Note: Support your rationale with a minimum of three academic resources. While you may use the course text to support your rationale, it will not count toward the resource requirement.

By Day 7

Submit by Day 7 of Week 4.

Assignment 2: Fitzgerald Health Education Associates (FHEA) PMHNP 150 University

Exit Comprehensive Exam

In Weeks 1 or 2 of this course, you received an email from Fitzgerald Health Education Associates (FHEA) explaining how to access the Fitzgerald Health Education Associates (FHEA) PMHNP 150 University Exit Comprehensive Exam. Please follow the directions FHEA provided and complete the exam. You must complete the exam by Day 7 of Week 3 to receive a grade. Each exam is worth 100 points and 10% of your grade. The 3-hour exam is required and will provide you with an overall view of your preparedness for the certification exam.

Note: Your Instructor receives the results and will inform you when the results are available. Do not email the Fitzgerald site.

Assignment 3: Boardvitals

This week you will be responding to twenty BoardVitals questions that cover a broad review of your Nurse Practitioner program courses up to this point.

These review questions will provide practice that is critical in your preparation for the national certification exam that's required to certify you to practice as a nurse practitioner. These customized test questions are designed to help you prepare for your Nurse Practitioner certification exam. It is in your best interest to take your time, do your best, and answer each question to the best of your ability.

<https://www.boardvitals.com/>

By Day 7

Complete the BoardVitals questions.

Making Connections

This week, you explored the many personality disorders and used the DSM-5 criteria for diagnosing individuals with specific personality disorders. You used the Decision Tree format to diagnose and treat a client with a personality disorder. You also completed the Fitzgerald University Exit Comprehensive Exam to determine your readiness for the certification exam.

Next week, you will analyze clients presenting for treatment of substance-related and addictive disorders and evaluate effectiveness of therapeutic approaches for clients diagnosed with substance-related and addictive disorders.

Week 4: Substance-Related And Addictive Disorders

I can't believe that stupid horse lost! My inside man told me it was a sure bet at 20:1 odds. I thought for sure that I would be able to make back the money I lost yesterday. What am I going to tell my wife? That was the money for the mortgage payment...well, the last three mortgage payments. She doesn't know I have been spending my days at the track. I lost my job at the company because a few hundred dollars went missing. I just need a break. I know this next horse will be my winner!

Michael, age 37

Substance abuse and addiction affects persons in all walks of life; every ethnic and economic group is affected in some way by addiction or substance abuse. In your practice as a PMHNP, you will encounter patients with substance abuse and dependence. Some of the people who present for treatment are at a low point in their lives and want to turn things around. They may present for other conditions such as depression or bipolar disorder, anxiety, PTSD, or personality disorders.

One of the most common ways of self-medicating a mental illness is with alcohol and illicit drugs. Marijuana is a common substance used by clients to treat various symptoms. To effectively treat clients with addictive disorders and substance use disorders, the provider needs to examine their own values and thoughts about the use of substances.

This week, you will analyze clients presenting for treatment of substance-related and addictive disorders and evaluate effectiveness of therapeutic approaches for clients diagnosed with substance-related and addictive disorders.

Photo Credit: ianmcdonnell / iStock / Getty Images Plus

Learning Resources

Note: To access this week's required library resources, please click on the link to the Course Readings List, found in the **Course Materials** section of your Syllabus.

Required Readings

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). Kaplan & Sadock’s synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia, PA: Wolters Kluwer.

- Chapter 20, “Substance Use and Addictive Disorders” (pp. 616–693)

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: Author.

Note: You will access this book from the Walden Library databases.

Stahl, S. M. (2014). Prescriber’s Guide: Stahl’s Essential Psychopharmacology (5th ed.). New York, NY: Cambridge University Press.

Note: All Stahl resources can be accessed through the Walden Library using the link below. This link will take you to a login page for the Walden Library. Once you log in to the library, the Stahl website will appear.

<http://ezp.waldenulibrary.org/login?url=http://stahlonline.cambridge.org/>

To access information on specific medications, click on **The Prescriber’s Guide, 5th Ed.** tab on the Stahl Online website and select the appropriate medication.

Alcohol abstinence	Alcohol dependence	Alcohol withdrawal	Nicotine addiction	Opioid dependence	Reversal of benzodiazepin e effects
acamprosat e disulfiram	nalmefene naltrexone	chlordiazepo xide clonidine clorazepate	bupropion varenicline	buprenorphi ne naltrexone	flumazenil

		diazepam			
		lorazepam			
		oxazepam			

Note: For more information about buprenorphine, see <https://www.samhsa.gov/medication-assisted-treatment/qualify-nps-pas-waivers>

[//www.samhsa.gov/medication-assisted-treatment/qualify-nps-pas-waivers](https://www.samhsa.gov/medication-assisted-treatment/qualify-nps-pas-waivers)

Required Media

Ashwood, D. (Producer). (n.d.-a). Mindfulness-based relapse prevention for addictions: Volume I [Video file]. Mill Valley, CA: Psychotherapy.net.

Note: The approximate length of this media piece is 69 minutes. You will access this video through the Walden Library databases.

Ashwood, D. (Producer). (n.d.-b). Mindfulness-based relapse prevention for addictions: Volume II [Video file]. Mill Valley, CA: Psychotherapy.net.

Note: The approximate length of this media piece is 126 minutes. You will access this video through the Walden Library databases.

Optional Resources

Gabbard, G. O. (2014). Gabbard's treatment of psychiatric disorders (5th ed.). Washington, DC: American Psychiatric Publications.

- Chapter 46, "Alcohol-Related Disorders"
- Chapter 47, "Sedative-, Hypnotic-, or Anxiolytic-Related Disorders"
- Chapter 48, "Opioid-Related Disorders: Opioid Detoxification"
- Chapter 49, "Opioid-Related Disorders: Antagonist Treatment"

- Chapter 50, "Opioid-Related Disorders: Agonist Maintenance Treatment"
- Chapter 51, "Hallucinogen-Related Disorders"
- Chapter 52, "Cannabis-Related Disorders"
- Chapter 53, "Club Drug Addiction"
- Chapter 54, "Stimulant-Related Disorders"
- Chapter 55, "Nicotine-Related Disorders"
- Chapter 56, "Individual Therapy for Substance Use Disorders"
- Chapter 57, "Cognitive, Behavioral, and Motivational Therapies for Substance Use Disorders"
- Chapter 58, "Group Therapy for Substance Use Disorders"
- Chapter 59, "Family Therapy in Substance Abuse Treatment"
- Chapter 60, "Network Therapy for Substance Use Disorders"
- Chapter 61, "Pain and Addiction"
- Chapter 62, "Gambling Disorder"

Note: You will access this textbook from the Walden Library databases.

Bechtold, J., Simpson, T., White, H. R., & Pardini, D. (2015). Chronic adolescent marijuana use as a risk factor for physical and mental health problems in young adult men.

Psychology of Addictive Behaviors, 29(3), 552–563. doi:10.1037/adb0000103

Note: You will access this article from the Walden Library databases.

Substance Abuse and Mental Health Services Administration (SAMHSA). (2013b). TIP 48: Managing depressive symptoms in substance abuse clients during early recovery.

Retrieved from

<http://store.samhsa.gov/product/TIP-48-Managing-Depressive-Symptoms-in-Substance-Abuse-Clients-During-Early-Recovery/SMA13-4353>

Note: This document is available as a free download.

Substance Abuse and Mental Health Services Administration (SAMHSA). (2013b). TIP 42: Substance abuse treatment for persons with co-occurring disorders. Retrieved from <http://store.samhsa.gov/product/TIP-42-Substance-Abuse-Treatment-for-Persons-With-Co-Occurring-Disorders/SMA13-3992>

Note: This document is available as a free download.

Borchardt, D. (2017). National Academy of Sciences pushes for rescheduling of marijuana. Forbes. Retrieved from <https://www.forbes.com/sites/debraborchardt/2017/01/18/national-academy-of-sciences-suggests-removing-barriers-to-cannabis-research-basically-deschedule/#22269c753f76>

Discussion: Clinical Supervision – Kaltura

Substance use disorders are complicated psychiatric and medical conditions that involve physical addiction as well as psychological or emotional dependence.

Substance use disorders are some of the most difficult to treat. It takes a great deal of patience on the part of the provider and the client. It may take several attempts before a client is successfully able to “kick the habit.” Your guidance and patience can help the client to persevere through difficult times during the journey to recovery.

Clinical Supervision is an essential component of your development as a psychiatric mental health nurse practitioner. It provides an opportunity for professional collaboration as you share experiences with and gain insights from colleagues. For this Clinical Supervision, consider a client with a substance abuse disorder whom you do not think is adequately progressing according to expected clinical outcomes.

Learning Objectives

Students Will:

- Analyze clients presenting for treatment of substance-related and addictive disorders
- Evaluate effectiveness of therapeutic approaches for clients diagnosed with substance-related and addictive disorders
- Recommend treatment plans

Note: For this Discussion, you are required to complete your initial post before you will be able to view and respond to your colleagues' postings. Begin by clicking on the "Post to Discussion Question" link and then select "Create Thread" to complete your initial post. Remember, once you click submit, you cannot delete or edit your own posts, and cannot post anonymously. Please check your post carefully before clicking **Submit!**

To prepare for this Discussion:

- Review this week's Learning Resources concerning treating patients with substance-related and addictive disorders.

- Reflect on a client you are currently counseling or have previously counseled at your practicum site who has been diagnosed with substance-related and addictive disorders.

By Day 3

Post a 3- to 5-minute Kaltura video in which you do the following:

- Describe the client. Note: Do not use the client's actual name.
- Explain your therapeutic approach with the client, including the perceived effectiveness of your approach.
- Identify any additional information about this client that may potentially impact expected outcomes.
- Provide specific recommendations for the client to help them in determining why they are not progressing and what your suggested treatment plan consists of. It is useful to consult the Prochaska and DiClement model.

Note: Nurse practitioners must have strong oral communication skills. This Discussion is designed to help you hone these skills. When filming your Kaltura video, be sure to dress and speak in a professional manner.

View a selection of your colleagues' responses.

By Day 6

Respond to at least **two** of your colleagues by suggesting an alternate therapeutic approach. Support your feedback with evidence-based literature and/or your own experiences with clients.

Submission And Grading Information

Grading Criteria

To access your rubric:

Week 4 Discussion Rubric

Post By Day 3 And Respond By Day 6

To participate in this Discussion:

Week 4 Discussion

NURS 6670 PMH NP Role II Adult-Syllabus

Assignment 1: Week 1 Practicum Journal Entry: Certification Plan

By Day 7

Submit your Assignment. Refer to Week 1 for additional guidance.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK4 gn1+last name+first initial.(extension)” as the name.
- Click the **Week 4 Assignment 1 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 4 Assignment 1** link. You will also be able to “View Rubric” for grading criteria from this area.

- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK4 gn1+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 4 Assignment 1 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 4 Assignment 1 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 4 Assignment 1

Assignment 2: Week 2 Practicum Journal: Safe Prescribing

By Day 7

Submit your Assignment. Refer to Week 2 for additional guidance.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK4 gn2+last name+first initial.(extension)” as the name.
- Click the **Week 4 Assignment 2 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 4 Assignment 2** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK4 gn2+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 4 Assignment 2 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 4 Assignment 2 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 4 Assignment 2

Assignment 3: Week 3 Practicum Journal: Decision Tree

By Day 7 NURSE 6670 PMHNP Role II Adult-Syllabus

Submit your Assignment. Refer to Week 3 for additional guidance.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK4Assgn3+last name+first initial.(extension)” as the name.
- Click the **Week 4 Assignment 3 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 4 Assignment 3** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK4Assgn3+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 4 Assignment 3 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 4 Assignment 3 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 4 Assignment 3

Assignment 4: Boardvitals

This week you will be responding to twenty BoardVitals questions that cover a broad review of your Nurse Practitioner program courses up to this point.

These review questions will provide practice that is critical in your preparation for the national certification exam that's required to certify you to practice as a nurse practitioner. These customized test questions are designed to help you prepare for your Nurse Practitioner certification exam. It is in your best interest to take your time, do your best, and answer each question to the best of your ability.

You can access Board Vitals through the link sent to you in email or by following the link below:

<https://www.boardvitals.com/>

By Day 7

Complete the BoardVitals questions.

Practicum Reminder

Time Logs: You are required to keep a log of the time you spend related to your practicum experience **and enter every patient you see each day**. You can access your time log from the Welcome Page in your Meditrek account. You will track time individually for each patient you work with. Please make sure to continuously input your hours throughout the term.

Making Connections

This week, you analyzed clients presenting for treatment of substance-related and addictive disorders and evaluated effectiveness of therapeutic approaches for clients diagnosed with substance-related and addictive disorders.

Next week, you will, once again, become “captain of the ship” as you take full responsibility for a client with a bipolar disorder by recommending psychopharmacologic treatment and psychotherapy, identifying medical management needs and community support, and recommending follow-up plans. You will use the decision tree format to justify your rationale for diagnosis, pharmacological treatment, and psychotherapy of a patient with a mental illness. You also will evaluate the results of your Fitzgerald University Exit Comprehensive Exam and, based on those results, develop a plan of action to prepare for the certification exam

Week 5: Bipolar Disorders

I am finally doing everything right. I stayed up all night studying for my final exams and even managed to clean out my closet and order a whole new bedroom from the Internet. I know I will ace all my exams. Nothing can go wrong like they did a few months ago. I was so low and was sleeping all the time. I did not think I would ever be happy again, but now I know I can do anything. Jessica, age 22

Bipolar disorder is relatively rare with around only 3% of the population diagnosed with one of them. Although being relatively rare in terms of lifetime prevalence, bipolar disorder is burdensome to the individual and health care system because of its early onset, severity, and chronic nature. The average age of onset is around 25 and affects men and women equally.

The importance of evidence-based intervention for treatment in persons with bipolar disorder cannot be underestimated. Unstable mood can result in repeat chronic hospitalizations. Developing a good rapport and relationship with the client can make a difference in the course, symptom management, and stability of the person with bipolar disorder.

This week, you will once again become “cCaptain of the Ship” as you take full responsibility for a client with a bipolar disorder by recommending psychopharmacologic treatment and psychotherapy, identifying medical management needs and community support, and recommending follow-up plans. You will use the decision tree format to justify your rationale for diagnosis, pharmacological treatment, and psychotherapy of a patient with a mental illness. You also will evaluate the results

of your Fitzgerald University Exit Comprehensive Exam and, based on those results, develop a plan of action to prepare for the certification exam.

Photo Credit: PeopleImages / Digital/Vision / Getty Images

Learning Resources

Required Readings

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia, PA: Wolters Kluwer.

- Chapter 8, "Mood Disorders" (pp. 347–386)

Note: This is a review from the Learning Resource in Week 2.

Gabbard, G. O. (2014). Gabbard's treatment of psychiatric disorders (5th ed.).

Washington, DC: American Psychiatric Publications.

- Chapter 13, "Acute and Maintenance Treatment of Bipolar and Related Disorders"

Note: You will access this textbook from the Walden Library databases.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: Author.

- "Bipolar and Related Disorders"

Note: You will access this book from the Walden Library databases.

Stahl, S. M. (2014). Prescriber's Guide: Stahl's Essential Psychopharmacology (5th ed.).

New York, NY: Cambridge University Press.

Note: All Stahl resources can be accessed through the Walden Library using the link below. This link will take you to a login page for the Walden Library. Once you log in to the library, the Stahl website will appear.

<http://ezp.waldenulibrary.org/login?url=http://stahlonline.cambridge.org/>

To access information on specific medications, click on **The Prescriber's Guide, 5th Ed.** tab on the Stahl Online website and select the appropriate medication.

Bipolar depression	Bipolar disorder	Bipolar maintenance	Mania
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amoxapine	alprazolam	loxapine	aripiprazole	alprazolam
aripiprazole	(adjunct)	lurasidone	asenapine	(adjunct)
armodafinil	amoxapine	molindone	carbamazepine	aripiprazole
asenapine	aripiprazole	olanzapine	iloperidone	asenapine
bupropion	asenapine	olanzapine-flu	lamotrigine	carbamazepine
carbamazepine	bupropion	oxetine	lithium	chlorpromazine
fluoxetine	carbamazepin	combination	lurasidone	clonazepam
iloperidone	e	oxcarbazepin	olanzapine	(adjunct)
lamotrigine	chlorpromazin	e	olanzapine-fluoxe	iloperidone
lithium	e	paliperidone	tine combination	lamotrigine
lurasidone	clonazepam	perphenazine	quetiapine	levetiracetam
modafinil	(adjunct)	pipotiazine	risperidone	lithium
olanzapine	cyamemazine	quetiapine	(injectable)	lorazepam
olanzapine-fluox	doxepin	risperidone	sertindole	(adjunct)
etine	fluoxetine	sertindole	valproate	lurasidone
combination	flupenthixol	thiothixene	(divalproex)	olanzapine
quetiapine	fluphenazine	topiramate	ziprasidone	quetiapine
risperidone	gabapentin	(adjunct)		risperidone
sertindole	(adjunct)	trifluoperazin		sertindole
valproate	haloperidol	e		valproate
(divalproex)	iloperidone	valproate		(divalproex)
ziprasidone	lamotrigine	(divalproex)		ziprasidone

	levetiracetam	ziprasidone		zotepine
	lithium	zonisamide		
	lorazepam	zotepine		
	(adjunct)	zuclophenthixol		

Marsee, K., & Gross, A. F. (2013). Bipolar disorder or something else? *Current Psychiatry*, 12(2), 43–49. Retrieved from <http://www.mdedge.com/currentpsychiatry/article/66320/bipolar-disorder/bipolar-disorder-or-something-else>

Miller, L. J., Ghadiali, N. Y., Larusso, E. M., Wahlen, K. J., Avni-Barron, O., Mittal, L., & Greene, J. A. (2015). Bipolar disorder in women. *Health Care for Women International*, 36(4), 475–498. doi:10.1080/07399332.2014.962138

Note: You will access this book from the Walden Library databases.

Schouws, S. M., Comijs, H. C., Dols, A., Beekman, A. F., & Stek, M. L. (2016). Five-year follow-up of cognitive impairment in older adults with bipolar disorder. *Bipolar Disorders*, 18(2), 148–154. doi:10.1111/bdi.12374

Ward, I. (2017). Pharmacologic options for bipolar disorder. *Clinical Advisor*, 20(3), 17–25.

Note: You will access this article from the Walden Library databases.

Required Media

Laureate Education (Producer). (2017d). A young woman with depression [Multimedia file]. Baltimore, MD: Author.

Redfield Jamison, K. (Producer). (n.d.). Assessment & psychological treatment of bipolar disorder [Video file]. Mill Valley, CA: Psychotherapy.net.

NURS 6670 PMH NP Role II Adult-Syllabus

Note: The approximate length of this media piece is 52 minutes.

Note: You will access this article from the Walden Library databases.

Optional Resources

Malhi, G. S., McAulay, C., Gershon, S., Gessler, D., Fritz, K., Das, P., & Outhred, T. (2016).

The lithium battery: Assessing the neurocognitive profile of lithium in bipolar disorder.

Bipolar Disorders, 18(2), 102–115. doi:10.1111/bdi.12375

Samalin, L., de Chazeron, I., Vieta, E., Bellivier, F., & Llorca, P. (2016). Residual symptoms

and specific functional impairments in euthymic patients with bipolar disorder. *Bipolar*

Disorders, 18(2), 164–173. doi:10.1111/bdi.12376

Assignment 1: “Captain Of The Ship” Project – Bipolar Disorders

Bipolar disorders are severe disorders of mood that include both depressive episodes

and expansive, grandiose, or manic episodes. During these times, the person may

engage in activities with little awareness of the consequences because of

accompanying psychosis. A diagnosis of bipolar disorder includes periods of mania or

hypomania and periods of depression where the mood is down, hopeless, and suicidal.

The neurovegetative symptoms of bipolar depression can be incapacitating. It is also important to differentiate the psychosis of bipolar disorder from schizophrenia.

In this Assignment, you will become the “captain of the ship” as you provide treatment recommendations and identify medical management, community support resources, and follow-up plans for a client with a bipolar disorder.

Learning Objectives

Students Will:

- Recommend psychopharmacologic treatments based on therapeutic end points for clients with bipolar disorders
- Recommend psychotherapy based on therapeutic end points for clients with bipolar disorders
- Identify medical management needs for clients with bipolar disorders
- Identify community support resources for clients with bipolar disorders
- Recommend follow-up plans for clients with bipolar disorders

To prepare for this Assignment:

- Select an adult or older adult client with a bipolar disorder that you have seen in your practicum.

In 3-4 pages, write a treatment plan for your client. In which you do the following:

- Describe the HPI and clinical impression for the client.
- Recommend psychopharmacologic treatments and describe specific and therapeutic end points for your psychopharmacologic agent. (This should relate to HPI and clinical impression.)

- Recommend psychotherapy choices (individual, family, and group) and specific therapeutic endpoints for your choices.
- Identify medical management needs, including primary care needs, specific to this client.
- Identify community support resources (housing, socioeconomic needs, etc.) and community agencies that are available to assist the client.
- Recommend a plan for follow-up intensity and frequency and collaboration with other providers.

By Day 7

Submit your Assignment.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK5 gn1+last name+first initial.(extension)” as the name.
- Click the **Week 5 Assignment 1 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 5 Assignment 1** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK5 gn1+last name+first initial.(extension)” and click **Open**.

- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database.**
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 5 Assignment 1 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 5 Assignment 1 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 5 Assignment 1

Assignment 2: FHEA Exam Follow-Up

In Week 3 you completed the Fitzgerald University Exit Comprehensive Exam and you should have received your results. This exam is an example of the certification exam you may be required to take in order to be licensed as a PMHNP in your state. Your results from the exam may reflect how you would do in the actual certification exam.

In this Assignment, you will develop a plan of action to address any areas of the exam where you may have scored less than acceptable.

Learning Objectives

Students Will:

- Develop plan of action for certification exam preparation

To prepare for this Assignment:

- Develop plan of action for certification exam preparation

In 1 page:

Based on your results from the FHEA Exam, develop a plan of action, including an academic study plan, which will help you maintain your areas of strength and address the areas that need improvement, and help you prepare for the Certification Exam.

Address each area of the exam including:

- Foundations of Advanced Practice Nursing
- Independent Practice Competencies
- Professional Role and Policy

By Day 7

Submit your Assignment.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK5 gn2+last name+first initial.(extension)” as the name.
- Click the **Week 5 Assignment 2 Rubric** to review the Grading Criteria for the Assignment.

- Click the **Week 5 Assignment 2** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK5 gn2+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 5 Assignment 2 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 5 Assignment 2 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 5 Assignment 2

Assignment 3: Practicum: Decision Tree

For this Assignment, as you examine the client case study in this week's Learning Resources, consider how you might assess and treat adult and older adult clients presenting symptoms of a mental health disorder.

Learning Objectives

Students Will:

- Evaluate clients for treatment of mental health disorders
- Analyze decisions made throughout diagnosis and treatment of clients with mental health disorders

Examine Case 2: You will be asked to make three decisions concerning the diagnosis and treatment for this client. Be sure to consider comorbid physical, as well as mental factors that might impact the client's diagnosis and treatment.

At each Decision Point stop to complete the following:

- Decision #1: Differential Diagnosis
 - Which Decision did you select?
 - Why did you select this Decision? Support your response with evidence and references to the Learning Resources.
 - What were you hoping to achieve by making this Decision? Support your response with evidence and references to the Learning Resources.

- Explain any difference between what you expected to achieve with Decision #1 and the results of the Decision. Why were they different?
- Decision #2: Treatment Plan for Psychotherapy
 - Why did you select this Decision? Support your response with evidence and references to the Learning Resources.
 - What were you hoping to achieve by making this Decision? Support your response with evidence and references to the Learning Resources.
 - Explain any difference between what you expected to achieve with Decision #2 and the results of the Decision. Why were they different?
- Decision #3: Treatment Plan for Psychopharmacology
 - Why did you select this Decision? Support your response with evidence and references to the Learning Resources.
 - What were you hoping to achieve by making this Decision? Support your response with evidence and references to the Learning Resources.
 - Explain any difference between what you expected to achieve with Decision #3 and the results of the decision. Why were they different?

Also include how ethical considerations might impact your treatment plan and communication with clients and their family.

Note: Support your rationale with a minimum of three academic resources. While you may use the course text to support your rationale, it will not count toward the resource requirement.

By Day 7 Of Week 7

Submit your Assignment.

Assignment 4: Boardvitals

This week you will be responding to twenty BoardVitals questions that cover a broad review of your Nurse Practitioner program courses up to this point.

These review questions will provide practice that is critical in your preparation for the national certification exam that's required to certify you to practice as a nurse practitioner. These customized test questions are designed to help you prepare for your Nurse Practitioner certification exam. It is in your best interest to take your time, do your best, and answer each question to the best of your ability.

You can access Board Vitals through the link sent to you in email or by following the link below:

<https://www.boardvitals.com/>

By Day 7

Complete the BoardVitals questions.

Making Connections

This week, you once again became “captain of the ship” as you took full responsibility for a client with a bipolar disorder by recommending psychopharmacologic treatment and psychotherapy, identifying medical management needs, community support, and recommending follow-up plans.

You used the decision tree format to justify your rationale for diagnosis, pharmacological treatment, and psychotherapy of a patient with a mental illness. You also evaluated the results of your Fitzgerald University Exit Comprehensive Exam and, based on those results, developed a plan of action to help you prepare for the certification exam.

Next week, you will explore evidence-based treatment methods for clients with anxiety disorders. You will complete a midterm exam and analyze reimbursement rates for treatment of mental health disorders.

Week 6: Anxiety Disorders, PTSD, And Related Disorders

Oh no! It is happening again. I am having a heart attack... I know it. My heart is racing, I can't breathe, and I am shaking all over. I can't go to the ER again. They will say what they always say... I am not having a heart attack. It is all in my head.

Barbara, age 68

The anxiety disorders provide us a good opportunity to take a close look at the nature/nurture debate as well as the gene/environment interactions that influence the nervous system and neurochemistry. A significant part of most of Sigmund Freud's theories, the concept of anxiety has been debated and discussed over many years in the psychiatric literature.

While Freud's theories focused on the "mind" and the unconscious, another way to look at anxiety is with Hans Selye's concept of "fight or flight" in which the sympathetic nervous system is activated as a response to stress. As you explore the concept of anxiety, you will notice that no two cases of anxiety are the same.

This week, you will explore evidence-based treatment methods for clients with anxiety disorders. You will complete a midterm exam and analyze reimbursement rates for treatment of mental health disorders.

Photo Credit: Jose Luis Pelaez Inc / Blend Images / Getty Images

Learning Resources

Required Readings

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia, PA: Wolters Kluwer.

- Chapter 9, "Anxiety Disorders" (pp. 387–417)
- Chapter 11, "Trauma- and Stressor-Related Disorders" (pp. 437–451)

Gabbard, G. O. (2014). Gabbard's treatment of psychiatric disorders (5th ed.). Washington, DC: American Psychiatric Publications.

- Chapter 16, "Panic Disorder"
- Chapter 18, "Social Anxiety Disorder (Social Phobia)"
- Chapter 19, "Generalized Anxiety Disorder"
- Chapter 20, "Specific Phobia"

Note: You will access this textbook from the Walden Library databases.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: Author.

- "Anxiety Disorders"
- "Trauma- and Stressor-Related Disorders"

Note: You will access this book from the Walden Library databases.

Stahl, S. M. (2014). Prescriber's Guide: Stahl's Essential Psychopharmacology (5th ed.). New York, NY: Cambridge University Press.

Note: All Stahl resources can be accessed through the Walden Library using the link below. This link will take you to a login page for the Walden Library. Once you log in to the library, the Stahl website will appear.

<http://ezp.waldenulibrary.org/login?url=http://stahlonline.cambridge.org/>

To access information on specific medications, click on **The Prescriber's Guide, 5th Ed.** tab on the Stahl Online website and select the appropriate medication.

Anxiety	Generalized anxiety disorder	Panic disorder
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alprazolam	loflazepate	alprazolam	alprazolam
amitriptyline	lorazepam	citalopram	citalopram
amoxapine	maprotiline	desvenlafaxine	clonazepam
buspirone	mianserin	duloxetine	desvenlafaxine
chlordiazepoxide	mirtazapine	escitalopram	escitalopram
citalopram	moclobemide	fluoxetine	fluoxetine
clomipramine	nefazodone	fluvoxamine	fluvoxamine
clonazepam	nortriptyline	mirtazapine	isocarboxazid
clonidine	oxazepam	paroxetine	lorazepam
clorazepate	paroxetine	pregabalin	mirtazapine
cyamemazine	phenelzine	sertraline	nefazodone
desipramine	pregabalin	tiagabine (adjunct)	paroxetine
diazepam	reboxetine	venlafaxine	phenelzine
dothiepin	sertraline		pregabalin
doxepin	tiagabine		reboxetine
duloxetine	tianeptine		sertraline
escitalopram	tranylcypromine		tranylcypromine
fluoxetine	trazodone		venlafaxine
fluvoxamine	trifluoperazine		
gabapentin (adjunct)	trimipramine		
hydroxyzine	venlafaxine		
imipramine	vilazodone		

isocarboxazid			
lofepramine			

Posttraumatic stress disorder	Reversal of benzodiazepine effects	Social anxiety disorder
citalopram	flumazenil	citalopram
clonidine		clonidine
desvenlafaxine		desvenlafaxine
escitalopram		escitalopram
fluoxetine		fluoxetine
fluvoxamine		fluvoxamine
mirtazapine		isocarboxazid
nefazodone		moclobemide
paroxetine		paroxetine
prazosin (nightmares)		phenelzine
propranolol (prophylactic)		pregabalin
sertraline		sertraline
venlafaxine		tranylcypromine
	venlafaxine	

Maples-Keller, J. L., Price, M., Rauch, S., Gerardi, M., & Rothbaum, B. O. (2017).

Investigating relationships between PTSD symptom clusters within virtual reality

exposure therapy for OEF/OIF veterans. *Behavior Therapy*, 48(2), 147–155.

doi:10.1016/j.beth.2016.02.011

Note: You will access this article from the Walden Library databases.

Hayes, J. P., Logue, M. W., Reagan, A., Salat, D., Wolf, E. J., Sadeh, N., & ... Miller, M. W.

(2017). COMT Val158Met polymorphism moderates the association between PTSD

symptom severity and hippocampal volume. *Journal of Psychiatry & Neuroscience: JPN*,

42(2), 95–102. doi:10.1503/jpn.150339

Note: You will access this article from the Walden Library databases.

Quinn, B. L., & Peters, A. (2017). Strategies to reduce nursing student test anxiety: A

literature review. *Journal of Nursing Education*, 56(3), 145–151.

doi:10.3928/01484834-20170222-05

Note: You will access this article from the Walden Library databases.

Document: Reimbursement Rate Template (Word document)

Required Media

Wolpe, J. (Producer). (n.d.). Joseph Wolpe on systematic desensitization [Video file].

Mill Valley, CA: Psychotherapy.net

Note: The approximate length of this media piece is 59 minutes. You will access this

video from the Walden Library databases

Optional Resources

Acosta, M. C., Possemato, K., Maisto, S. A., Marsch, L. A., Barrie, K., Lantinga, L., . . . Rosenblum, A. (2017). Web-delivered CBT reduces heavy drinking in OEF-OIF veterans in primary care with symptomatic substance use and PTSD. *Behavior Therapy, 48*(2), 262--276. doi:10.1016/j.beth.2016.09.001

Substance Abuse and Mental Health Services Association (SAMHSA). (2014). TIP 57: Trauma-informed care in behavioral health services. Retrieved from: <http://store.samhsa.gov/product/TIP-57-Trauma-Informed-Care-in-Behavioral-Health-Services/SMA14-4816>

Note: This document is available as a free download.

NURS 6670 Exams, Discussions And Assignments Discussion: Treatment Of Anxiety Disorders

Anxiety disorders are common in both primary care and psychiatric practice. Clients with anxiety disorders including generalized anxiety disorders, agoraphobia, and other specific phobias will present to the PMHNP's office with a significant level of distress. Successful recognition and treatment of anxiety disorders includes an accurate diagnostic assessment with a treatment plan that includes a combination of psychopharmacology and psychotherapy. Although psychoanalytic theories are based on the concept of anxiety, the more recent standard of care is with the cognitive-behavioral therapies.

In this Discussion, you will analyze evidence-based treatment plans for clients with anxiety disorders.

Assignments Learning Objectives

Students Will:

- Analyze differences between adjustment disorders and anxiety disorders
- Analyze diagnostic criteria for anxiety disorders
- Analyze evidence-based psychotherapy and psychopharmacologic treatment for anxiety disorders
- Compare differential diagnostic features of anxiety disorders NURS 6670 Exams, Discussions and Assignments.

Note: For this Discussion, you are required to complete your initial post before you will be able to view and respond to your colleagues' postings. Begin by clicking on the "Post to Discussion Question" link and then select "Create Thread" to complete your initial post. Remember, once you click submit, you cannot delete or edit your own posts and cannot post anonymously. Please check your post carefully before clicking **Submit!**

To prepare for this Discussion:

- By Day 5 of Week 5, your Instructor will have assigned you an anxiety disorder, which will be your focus for your initial post for this Discussion.
- Review the Learning Resources.

By Day 3

Post:

- Explain the difference between an adjustment disorder and anxiety disorder.
Provide examples to illustrate your rationale.
- Explain the diagnostic criteria for your assigned anxiety disorder.
- Explain the evidenced-based psychotherapy and psychopharmacologic treatment for your assigned anxiety disorder.
- Support your rationale with references to the Learning Resources or other academic resources.

By Day 6

Respond to at least **two** of your colleagues by comparing the differential diagnostic features of the disorder you were assigned to the diagnostic features of the disorder your colleagues were assigned.

Submission And Grading Information

Grading Criteria

To access your rubric:

[Week 6 Discussion Rubric](#)

Post By Day 3 And Respond By Day 6

To participate in this Discussion:

[Week 6 Discussion](#)

Assignment 1: Midterm Exam

This exam is designed to assess how well you have synthesized the information from all your PMHNP courses. It draws upon the material from all the textbooks from NURS 6630, NURS 6640, NURS 6670, NURS 6660, and NURS 6670. It is very similar to what you will experience in your certification exam.

Learning Objectives

Students Will:

- Assess knowledge of adult and older adult psychotherapy concepts and principles

This exam will cover the following topics:

- Psychiatric Assessment of the Adult and Older Adult
- Depressive Disorders
- Personality Disorders
- Substance-Related and Addictive Disorders
- Bipolar Disorders
- Anxiety Disorders, PTSD, & Related Disorders

By Day 7

Complete the Midterm Exam. Prior to starting the exam, you should review all of your materials. There is a 2-hour time limit to complete this 75-question exam. You may only attempt this exam once. NURS 6670 Exams, Discussions and Assignments.

This exam is a test of your knowledge in preparation for your certification exam. **No outside resources** including books, notes, websites, or any other type of resource are to

be used to complete this exam. You are expected to comply with Walden University's Code of Conduct.

By Day 7

Submit your Exam.

Submission And Grading Information

Submit Your Exam By Day 7

To submit your Exam:

Week 6 Midterm Exam

NURS 6670 PMHNP Role II: Adult-Syllabus And Assignments Assignment 2: Week 6

Practicum Journal: Reimbursement Rates

Reimbursement rates and medical coding can be almost as complicated as treating some mental illnesses. As a PMHNP, you will be faced with varying rates that may be different from other health care providers you may work with.

In this Practicum Journal Assignment, you will analyze reimbursement rates for mental health treatments you will likely use in your practice and compare those rates to other provider rates.

Assignments Learning Objectives

Students Will:

- Analyze reimbursement rates for mental health treatments

To prepare for this Practicum Journal:

- Research reimbursement rates for various treatment modalities.
- Compare NP rates to other provider rates.

For this Practicum Journal:

Complete the Reimbursement Rate Template in your Learning Resources using the five types of services you are likely to use in your practice.

By Day 7 Of Week 7

Submit your Assignment.

Assignments Assignment 3: Boardvitals

This week you will be responding to twenty BoardVitals questions that cover a broad review of your Nurse Practitioner program courses up to this point.

These review questions will provide practice that is critical in your preparation for the national certification exam that's required to certify you to practice as a nurse practitioner. These customized test questions are designed to help you prepare for your Nurse Practitioner certification exam. It is in your best interest to take your time, do your best, and answer each question to the best of your ability.

You can access Board Vitals through the link sent to you in email or by following the link below:

<https://www.boardvitals.com/>

By Day 7

Complete the BoardVitals questions.

Making Connections

This week, you explored evidence-based treatment methods for clients with anxiety disorders. You completed a midterm exam and analyzed reimbursement rates for treatment of mental health disorders.

Next week, you will, once again, become “captain of the ship” as you take full responsibility for a client with an obsessive-compulsive disorder by recommending psychopharmacologic treatment and psychotherapy, identifying medical management needs and community support, and recommending follow-up plans.

Assignments Week 7: Obsessive-Compulsive Disorders

It is getting embarrassing to go to my hair stylist. She always comments on the bald patches on my head. They keep getting bigger as I continue to pull out one strand of hair at a time. I even do it in my sleep. I can't help myself. It all started when I was in high school when I would pull just from the back. Now I have to wear my hair a specific way so the bald patches don't show. I don't even color my hair anymore. I don't want anyone to notice me.

Michelle, age 27

Although actual statistics vary, obsessive-compulsive disorder impacts approximately 1.2% of the population in the United States (APA, 2013, p. 239). It is characterized by the presence of obsessive thoughts, which are manifested as persistent thoughts, images,

or even “urges.” The only way that the individual can disperse the anxiety of these persistent thoughts/images or urges is to perform a behavior (the compulsion).

The compulsion could be checking things, counting, reciting a silent prayer, or repeating a number of phrases. The disorder becomes so pervasive that the person can spend a significant amount of time each day attending to the compulsion in order to relieve the anxiety caused by the obsession.

This week, you will, once again, become “captain of the ship” as you take full responsibility for a client with an obsessive-compulsive disorder by recommending psychopharmacologic treatment and psychotherapy, identifying medical management needs and community support, and recommending follow-up plans. You also will evaluate your progress in completing your certification plan.

Photo Credit: Mixmike / E+ / Getty Images

Assignments Learning Resources

Required Readings

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). Kaplan & Sadock’s synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia, PA: Wolters Kluwer.

- Chapter 10, “Obsessive-Compulsive and Related Disorders” (pp. 418–436)

Gabbard, G. O. (2014). Gabbard’s treatment of psychiatric disorders (5th ed.).

Washington, DC: American Psychiatric Publications.

- Chapter 21, “Obsessive-Compulsive Disorder”

Note: You will access this textbook from the Walden Library databases.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: Author. NURS 6670 Exams, Discussions and Assignments.

- “Obsessive-Compulsive and Related Disorders”

Note: You will access this book from the Walden Library databases. NURS 6670 PMH NP Role II Adult-Syllabus

Stahl, S. M. (2014). Prescriber’s Guide: Stahl’s Essential Psychopharmacology (5th ed.). New York, NY: Cambridge University Press.

Note: All Stahl resources can be accessed through the Walden Library using the link below. This link will take you to a login page for the Walden Library. Once you log in to the library, the Stahl website will appear.

<http://ezp.waldenulibrary.org/login?url=http://stahlonline.cambridge.org/>. NURS 6670 Exams, Discussions and Assignments.

To access information on specific medications, click on **The Prescriber’s Guide, 5th Ed.** tab on the Stahl Online website and select the appropriate medication.

Obsessive-compulsive disorder

citalopram
clomipramine
escitalopram
fluoxetine
fluvoxamine
paroxetine
sertraline
venlafaxine
vilazodone

Thompson-Hollands, J., Edson, A., Tompson, M. C., & Comer, J. S. (2014). Family involvement in the psychological treatment of obsessive-compulsive disorder: A meta-analysis. *Journal of Family Psychology, 28*(3), 287–298. doi:10.1037/a0036709

Note: You will access this article from the Walden Library databases.

Required Media

Bruce, T. & Jongasma, A. (Producers). (n.d.) Evidence-based treatment planning for obsessive compulsive disorder [Video file]. Mill Valley, CA: Psychotherapy.net. NURS 6670 Exams, Discussions and Assignments.

Note: The approximate length of this media piece is 64 minutes. You will access this video from the Walden Library databases.

Optional Resources

Himle, J. A., Chatters, L. M., Taylor, R. J., & Nguyen, A. (2013). The relationship between obsessive-compulsive disorder and religious faith: Clinical characteristics and implications for treatment. *Spirituality in Clinical Practice*, 1(S), 53–70.

doi:10.1037/2326-4500.1.S.53

Wheaton, M. G., Rosenfield, D., Foa, E. B., & Simpson, H. B. (2015). Augmenting serotonin reuptake inhibitors in obsessive–compulsive disorder: What moderates improvement? *Journal of Consulting and Clinical Psychology*, 83(5), 926–937.

doi:10.1037/ccp0000025

Assignments Assignment 1:

“Captain Of The Ship” Project – Obsessive-Compulsive Disorders

In earlier weeks, you were introduced to the concept of the “captain of the ship.” In this Assignment, you become the “captain of the ship” as you provide treatment recommendations and identify medical management, community support resources, and follow-up plans for a client with an obsessive-compulsive disorder.

Assignments Learning Objectives

Students Will:

- Recommend psychopharmacologic treatments based on therapeutic endpoints for clients with obsessive-compulsive disorders

- Recommend psychotherapy based on therapeutic endpoints for clients with obsessive-compulsive disorders
- Identify medical management needs for clients with obsessive-compulsive disorders
- Identify community support resources for clients with obsessive-compulsive disorders
- Recommend follow-up plans for clients with depression disorders

To prepare for this NURS 6670 Exams, Discussions and Assignments Assignment:

- Select an adult or older adult client with an obsessive-compulsive disorder you have seen in your practicum.

In 3–4 pages, write a treatment plan for your client in which you do the following:

- Describe the HPI and clinical impression for the client.
- Recommend psychopharmacologic treatments and describe specific and therapeutic endpoints for your psychopharmacologic agent. (This should relate to HPI and clinical impression.)
- Recommend psychotherapy choices (individual, family, and group) and specific therapeutic endpoints for your choices.
- Identify medical management needs, including primary care needs, specific to this client.
- Identify community support resources (housing, socioeconomic needs, etc.) and community agencies that are available to assist the client.

- Recommend a plan for follow-up intensity and frequency and collaboration with other providers.

By Day 7

Submit your NURS 6670 Exams, Discussions and Assignments Assignment.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK7 gn1+last name+first initial.(extension)” as the name.
- Click the **Week 7 Assignment 1 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 7 Assignment 1** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK7 gn1+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 7 Assignment 1 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 7 Assignment 1 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 7 Assignment 1

Assignments Assignment 2:

Week 7 Practicum Journal: Checkpoint For Certification Plan

Assignments Learning Objectives

Students Will:

- Evaluate progress on certification plans

Report your progress on the Certification Plan completed in Week 1 and submitted in Week 4.

- What have you done to prepare for your certification?
- Have you completed the scheduled tasks assigned on your timeline? If not, what are your plans to stay on schedule?

By Day 7

Submit your Assignment.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK7 gn2+last name+first initial.(extension)” as the name. NURS 6670 Exams, Discussions and Assignments.
- Click the **Week 7 Assignment 2 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 7 Assignment 2** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK7 gn2+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 7 Assignment 2 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 7 Assignment 2 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 7 Assignment 2

Assignments Assignment 3:

Week 5 Practicum: Decision Tree

By Day 7

Submit your Assignment. Refer to Week 5 for additional guidance.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your NUTS 6670 Exams, Discussions and Assignments Assignment using the naming convention “WK7 gn3+last name+first initial.(extension)” as the name.
- Click the **Week 7 Assignment 3 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 7 Assignment 3** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK7 gn3+last name+first initial.(extension)” and click **Open**.

- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**. NURS 6670 Exams, Discussions and Assignments.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 7 Assignment 3 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 7 Assignment 3 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 7 Assignment 3

Assignments Assignment 4:

Week 6 Practicum Journal – Reimbursement Rates

By Day 7

Submit your Assignment. Refer to Week 6 for additional guidance.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK7 gn4+last name+first initial.(extension)” as the name.
- Click the **Week 7 Assignment 4 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 7 Assignment 4** link. You will also be able to “View Rubric” for grading criteria from this area. NURS 6670 Exams, Discussions and Assignments.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK7 gn4+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 7 Assignment 4 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 7 Assignment 4 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 7 Assignment 4

Assignments Assignment 5: Boardvitals

This week you will be responding to twenty BoardVitals questions that cover a broad review of your Nurse Practitioner program courses up to this point.

These review questions will provide practice that is critical in your preparation for the national certification exam that's required to certify you to practice as a nurse practitioner. These customized test questions are designed to help you prepare for your Nurse Practitioner certification exam. It is in your best interest to take your time, do your best, and answer each question to the best of your ability. NURS 6670 Exams, Discussions and Assignments.

You can access Board Vitals through the link sent to you in email or by following the link below:

<https://www.boardvitals.com/>

By Day 7

Complete the BoardVitals questions.

Practicum Reminder

Time Logs: You are required to keep a log of the time you spend related to your practicum experience **and enter every patient you see each day**. You can access your

time log from the Welcome Page in your Meditrek account. You will track time individually for each patient you work with. Please make sure to continuously input your hours throughout the term.

Making Connections

This week, you, once again, became “captain of the ship” as you took full responsibility for a client with an obsessive-compulsive disorder by recommending psychopharmacologic treatment and psychotherapy, identifying medical management needs and community support, and recommending follow-up plans.

Next week, you will explore evidence-based psychotherapy and psychopharmacologic treatment for neurocognitive disorders. You will complete your final Decision Tree as you rationalize and justify your diagnosis and treatment of a patient with a mental health disorder.

Week 8: Neurocognitive Disorders

My mother used to be a teacher—an elementary school teacher. We were all so proud of her when she completed her PhD when she was 50. Now she is 75 and has begun to have times when she does not know what day it is. We found her wandering around the neighborhood because she could not find her way home. Once, she forgot where she parked her car at the grocery store. She thought someone had stolen it. The manager was so kind as to drive her around the parking lot until she recognized her car. We are afraid she might get hurt or lost. NURS 6670 Exams, Discussions and Assignments.

Gary, age 50, son of Dorothy, age 75

The neurocognitive disorders are unique among the other psychiatric disorders you have studied in that the diseases that are to blame for the neurocognitive manifestations that have been extensively studied. Additionally, these conditions are also acquired and represent a decline from a previous level of functioning. The neurocognitive disorders present a diagnostic challenge to the PMHNP in that many of the signs and symptoms overlap.

This week, you will explore evidence-based psychotherapy and psychopharmacologic treatment for neurocognitive disorders. You will complete your final Decision Tree as you rationalize and justify your diagnosis and treatment of a patient with a mental health disorder.

Photo Credit: Andres / E+ / Getty Images

Assignments Learning Resources

Required Readings

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). *Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry* (11th ed.). Philadelphia, PA: Wolters Kluwer.

- Chapter 21, "Neurocognitive Disorders" (pp. 694–741)

Gabbard, G. O. (2014). *Gabbard's treatment of psychiatric disorders* (5th ed.). Washington, DC: American Psychiatric Publications.

- Chapter 63, "Delirium"
- Chapter 64, "Neurocognitive Disorder Due to Alzheimer's Disease"

- Chapter 65, “Frontotemporal Neurocognitive Disorder”
- Chapter 66, “Vascular Neurocognitive Disorder”
- Chapter 67, “Neurocognitive Disorder Due to Parkinson’s Disease”

Note: You will access this textbook from the Walden Library databases.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: Author. NURS 6670 Exams, Discussions and Assignments,

- “Neurocognitive Disorders”

Note: You will access this book from the Walden Library databases.

Stahl, S. M. (2014). Prescriber’s Guide: Stahl’s Essential Psychopharmacology (5th ed.). New York, NY: Cambridge University Press.

Note: All Stahl resources can be accessed through the Walden Library using the link below. This link will take you to a login page for the Walden Library. Once you log in to the library, the Stahl website will appear.

<http://ezp.waldenulibrary.org/login?url=http://stahlonline.cambridge.org/>

To access information on specific medications, click on **The Prescriber’s Guide, 5th Ed.** tab on the Stahl Online website and select the appropriate medication. NURS 6670 Exams, Discussions and Assignments.

Alzheimer disease	Delirium	Dementia	Parkinson's disease dementia
caprylidene	haloperidol	donepezil	rivastigmine
donepezil	(adjunct)	galantamine	pimavanserin
galantamine	lorazepam (adjunct)	memantine	
memantine		rivastigmine	
rivastigmine			

Note: For more information on Pimavanserin, see:

Acadia Pharmaceuticals. (2017). Transform the treatment of Parkinson's disease psychosis with NUPLAZID. Retrieved from

<https://www.nuplazidhcp.com/?gclid=CIHS5auvwtMCFQkaaQodrU0FGQ>

U.S. Food and Drug Administration. (n. d.). Highlights of prescribing information: Nuplazid. Retrieved from

https://www.accessdata.fda.gov/drugsatfda_docs/label/2016/207318lbl.pdf.

Hopkins, S. A., & Chan, D. (2016). Key emerging issues in frontotemporal dementia. *Journal of Neurology*, 263(2), 407–413. doi:10.1007/s00415-015-7880-7

Note: You will access this article from the Walden Library databases.

Walker, Z., Possin, K. L., Boeve, B. F., & Aarsland, D. (2015). Lewy body dementias. *The Lancet*, 386(10004), 1683-1697.

Note: You will access this article from the Walden Library databases. NURS 6670 Exams, Discussions and Assignments,

Required Media

Laureate Education (Producer). (2017a). A gentleman with a neurocognitive disorder [Multimedia file]. Baltimore, MD: Author.

Bolin, P. (2015, December 31). Neurocognitive disorders – CRASH! Medical review series [Video file]. Retrieved from <https://www.youtube.com/watch?v=bQXOPITY9XM>.
NURS 6670 Exams, Discussions and Assignments.

Note: The approximate length of this media piece is 57 minutes.

Optional Resources

Kota, L. N., Bharath, S., Purushottam, M., Moily, N. S., Sivakumar, P. T., Varghese, M., . . . Jain, S. (2015). Reduced telomere length in neurodegenerative disorders may suggest shared biology. *The Journal of Neuropsychiatry and Clinical Neurosciences*, 27(2), e92–e96. doi:10.1176/appi.neuropsych.13100240

Lepkowsky, C. M. (2016). Neurocognitive disorder with Lewy bodies: Evidence-based diagnosis and treatment. *Practice Innovations*, 1(4), 234–242. doi:10.1037/pri0000031

Oltra-Cucarella, J., Pérez-Elvira, R., Espert, R., & Sohn McCormick, A. (2016). Are cognitive interventions effective in Alzheimer's disease? A controlled meta-analysis of the effects of bias. *Neuropsychology*, 30(5), 631–652. doi:10.1037/neu0000283

Discussions And Assignments Discussion: Treatment Of Neurocognitive Disorders

Neurocognitive disorders (NCD) such as delirium, dementia, and amnesic disorders are more prevalent in older adults. As the population ages and as life expectancy in the United States continues to increase, the incidence of these disorders will continue to increase. Cognitive functioning such as memory, language, orientation, judgment, and problem solving are affected in clients with NCDs.

Caring for someone with a neurocognitive disorder is not only challenging for the clinician, but also stressful for the family. The PMHNP needs to consider not only the client but also the “family as client.” Collaboration with primary care providers and specialty providers is essential. Anticipatory guidance also becomes extremely important.

In this Discussion, you will integrate several sources of knowledge specific to NCDs as you discuss evidenced-based therapies used to treat these disorders.

NURS 6670 Exams, Discussions And Assignments Learning Objectives

Students Will:

- Analyze diagnostic criteria for neurocognitive disorders
- Analyze evidence-based psychotherapy and psychopharmacologic treatment for neurocognitive disorders
- Evaluate benefits and risks of neurocognitive therapies
- Compare differential diagnostic features of neurocognitive disorders

- NURS 6670 Exams, Discussions and Assignments

Note: For this Discussion, you are required to complete your initial post before you will be able to view and respond to your colleagues' postings. Begin by clicking on the "Post to Discussion Question" link and then select "Create Thread" to complete your initial post. Remember, once you click submit, you cannot delete or edit your own posts, and cannot post anonymously. Please check your post carefully before clicking **Submit!**

NURS 6670 Exams, Discussions and Assignments.

To prepare for this Discussion:

- By Day 5 of Week 7, your Instructor will have assigned you a neurocognitive disorder, which will be the focus for your initial post for this Discussion.
- Review the Learning Resources.

By Day 3

Post:

- Explain the diagnostic criteria for your assigned neurocognitive disorder.
- Explain the evidenced-based psychotherapy and psychopharmacologic treatment for your assigned neurocognitive disorder.
- Identify the risks of different types of therapy and explain how the benefits of the therapy that might be achieved might outweigh the risks.
- Support your rationale with references to the Learning Resources or other academic resources.

By Day 6

Respond to at least **two** of your colleagues by comparing the differential diagnostic features of the disorder you were assigned to the diagnostic features of the disorder your colleagues were assigned. NURS 6670 Exams, Discussions and Assignments.
NURS 6670 Exams, Discussions and Assignments.

Submission And Grading Information

Grading Criteria

To access your rubric:

Week 8 Discussion Rubric

Post By Day 3 And Respond By Day 6

To participate in this Discussion:

Week 8 Discussion

Assignment 1: Practicum: Decision Tree

For this Assignment, as you examine the client case study in this week's Learning Resources, consider how you might assess and treat adult and older adult clients presenting symptoms of a mental health disorder. NURS 6670 Exams, Discussions and Assignments.

The Assignment:

Discussions And Assignments Learning Objectives

Students Will:

- Evaluate clients for treatment of mental health disorders
- Analyze decisions made throughout diagnosis and treatment of clients with mental health disorders

Examine Case 3: You will be asked to make three decisions concerning the diagnosis and treatment for this client. Be sure to consider comorbid physical as well as mental factors that might impact the client's diagnosis and treatment.

At each Decision Point, stop to complete the following:

- Decision #1: Differential Diagnosis
 - Which Decision did you select?
 - Why did you select this Decision? Support your response with evidence and references to the Learning Resources. NURS 6670 Exams, Discussions and Assignments.
 - What were you hoping to achieve by making this Decision? Support your response with evidence and references to the Learning Resources.
 - Explain any difference between what you expected to achieve with Decision #1 and the results of the Decision. Why were they different?
- Decision #2: Treatment Plan for Psychotherapy
 - Why did you select this Decision? Support your response with evidence and references to the Learning Resources.

- What were you hoping to achieve by making this Decision? Support your response with evidence and references to the Learning Resources. NURS 6670 Exams, Discussions and Assignments.
- Explain any difference between what you expected to achieve with Decision #2 and the results of the Decision. Why were they different?
- Decision #3: Treatment Plan for Psychopharmacology
 - Why did you select this Decision? Support your response with evidence and references to the Learning Resources.
 - What were you hoping to achieve by making this Decision? Support your response with evidence and references to the Learning Resources. NURS 6670 Exams, Discussions and Assignments.
 - Explain any difference between what you expected to achieve with Decision #3 and the results of the decision. Why were they different?
- Also include how ethical considerations might impact your treatment plan and communication with clients and their family.

Note: Support your rationale with a minimum of three academic resources. While you may use the course text to support your rationale, it will not count toward the resource requirement.

By Day 7 Of Week 10

Submit your Assignment.

Assignment 2: Boardvitals

This week you will be responding to twenty BoardVitals questions that cover a broad review of your Nurse Practitioner program courses up to this point.

These review questions will provide practice that is critical in your preparation for the national certification exam that's required to certify you to practice as a nurse practitioner. These customized test questions are designed to help you prepare for your Nurse Practitioner certification exam. It is in your best interest to take your time, do your best, and answer each question to the best of your ability.

You can access Board Vitals through the link sent to you in email or by following the link below:

<https://www.boardvitals.com/>

By Day 7

Complete the BoardVitals questions.

Making Connections

This week, you explored evidence-based psychotherapy and psychopharmacologic treatment for neurocognitive disorders. You completed your final Decision Tree as you rationalized and justified your diagnosis and treatment of a patient with a mental health disorder.

Next week, you will explore a wide variety of disorders along the schizophrenia spectrum as you become “captain of the ship” once again. You also will analyze issues involved with state practice agreements.

Discussions And Assignments Week 9: Schizophrenia Spectrum And Other Psychotic Disorders

I am being followed. They are even in my home. I am crouched in the corner of my apartment, but they know I am here and are just waiting to get me. I have a secret and they are trying to get it. The secret is hidden in my brain and they are going to open my skull to get it out. I have to block them from getting into my brain. Hiding in the closet, behind all the clothes, they will not see me...

Jamie, age 26

There are many disorders that result in the development of “positive” symptoms, such as hallucinations and delusions, but not all of these conditions represent schizophrenia. When treating schizophrenia spectrum and other psychotic disorders, emphasis should be placed not only on treating the positive symptoms but the negative and residual symptoms as well.

This week, you will explore a wide variety of disorders along the schizophrenia spectrum as you become “captain of the ship” once again. You also will analyze issues involved with state practice agreements.

Photo Credit: [riskms]/[iStock / Getty Images Plus]/Getty Images

Learning Resources

Note: To access this week's required library resources, please click on the link to the Course Readings List, found in the **Course Materials** section of your Syllabus.

Required Readings

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia, PA: Wolters Kluwer.

- Chapter 7, "Schizophrenia Spectrum and other Psychotic Disorders" (pp. 300–346)

Gabbard, G. O. (2014). Gabbard's treatment of psychiatric disorders (5th ed.). Washington, DC: American Psychiatric Publications.

- Chapter 8, "Early-Stage Schizophrenia"
- Chapter 9, "Toward a Dimensional Understanding of Psychosis and Its Treatment"
- Chapter 10, "Psychosocial Treatments for Chronic Psychosis"
- Chapter 11, "Pharmacological Treatment of Psychosis"

Note: You will access this book from the Walden Library databases.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: Author.

- "Schizophrenia Spectrum and other Psychotic Disorders"

Note: You will access this book from the Walden Library databases. NURS 6670 Exams, Discussions and Assignments.

Stahl, S. M. (2014). *Prescriber's Guide: Stahl's Essential Psychopharmacology* (5th ed.). New York, NY: Cambridge University Press.

Note: All Stahl resources can be accessed through the Walden Library using the link below. This link will take you to a login page for the Walden Library. Once you log in to the library, the Stahl website will appear.

To access information on specific medications, click on **The Prescriber's Guide, 5th Ed.** tab on the Stahl Online website and select the appropriate medication.

Psychosis		Schizoaffective disorder	
alprazolam (adjunct)	mesoridazine	amisulpride	perospirone
amisulpride	molindone	aripiprazole	perphenazine
aripiprazole	olanzapine	asenapine	pipotiazine
asenapine	paliperidone	carbamazepine (adjunct)	quetiapine
blonanserin	perospirone	chlorpromazine	risperidone
carbamazepine (adjunct)	perphenazine	clozapine	sertindole
chlorpromazine	pimozide	cyamemazine	sulpiride
clonazepam (adjunct)	pipotiazine	flupenthixol	thioridazine
clozapine	quetiapine	haloperidol	thiothixene
cyamemazine	risperidone	iloperidone	trifluoperazine
	sertindole	lamotrigine (adjunct)	valproate (divalproex) (adjunct)
	sulpiride		
	thioridazine		

flupenthixol	thiothixene	l-methylfolate	ziprasidone
fluphenazine	trifluoperazine	(adjunct)	zotepine
haloperidol	valproate	loxapine	zuclopenthixol
iloperidone	(divalproex)	lurasidone	
lamotrigine	(adjunct)	mesoridazine	
(adjunct)	ziprasidone	molindone	
lorazepam	zotepine	olanzapine	
(adjunct)	zuclopenthixol	paliperidone	
loxapine			
lurasidone			

Schizophrenia	Cataplexy syndrome	Catatonia	Extrapyramidal side effects
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amisulpride	perphenazine	clomipramine	alprazolam	benztropine
aripiprazole	pipotiazine	imipramine	chlordiazepoxide	diphenhydramine
asenapine	quetiapine	sodium	clonazepam	trihexyphenidyl
carbamazepin	risperidone	oxybate.	clorazepate	
e (adjunct)	sertindole		diazepam	
chlorpromazin	sulpiride		estazolam	
e	thioridazine		flunitrazepam	
clozapine	thiothixene		flurazepam	
cyamemazine	trifluoperazin		loflazepate	
flupenthixol	e		lorazepam	
haloperidol	valproate		midazolam	
iloperidone	(divalproex)		oxazepam	
lamotrigine	(adjunct)		quazepam	
(adjunct)	ziprasidone		temazepam	
l-methylfolate	zotepine		triazolam	
(adjunct)	zuclopenthix			
loxapine	ol			
lurasidone	Seasonal			
mesoridazine	affective			
molindone	disorder			
olanzapine	bupropion			
paliperidone				

perospirone	Sedation-ind uction hydroxyzine midazolam			
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Ferreira, C. D., de Souza, M. G. D., Fernández-Calvo, B., Machado-de-Sousa, J. P., Cecilio

Hallak, J. E., & Torro-Alves, N. (2016). Neurocognitive functions in schizophrenia: A

systematic review of the effects of typical and atypical antipsychotic drugs. *Psychology*

& Neuroscience, 9(1), 12–31. doi:10.1037/pne0000045. NURS 6670 Exams, Discussions

and Assignments.

Note: You will access this article through the Walden Library databases.

Granholm, E., Holden, J., Link, P. C., & McQuaid, J. R. (2014). Randomized clinical trial of

cognitive behavioral social skills training for schizophrenia: Improvement in functioning

and experiential negative symptoms. *Journal of Consulting and Clinical Psychology*,

82(6), 1173–1185. doi:10.1037/a0037098

Note: You will access this article through the Walden Library databases.

Required Media

Murphy, L. (2011, July 21). Types of schizophrenia – A day in the life (scary) [Video file].

Retrieved from <https://www.youtube.com/watch?v=LWYwckFrksg>

Assignment 1: “Captain Of The Ship” Project – Schizophrenia Spectrum And Other Psychotic Disorders

In earlier weeks, you were introduced to the concept of the “captain of the ship.” In this Assignment, you become the “captain of the ship” once again as you provide treatment recommendations and identify medical management, community support resources, and follow-up plans for a client with a schizophrenia spectrum/other psychotic disorder.

Learning Objectives

Students will:

- Recommend psychopharmacologic treatments based on therapeutic endpoints for clients with schizophrenia spectrum and other psychotic disorders
- Recommend psychotherapy based on therapeutic endpoints for clients with schizophrenia spectrum and other psychotic disorders. NURS 6670 Exams, Discussions and Assignments,
- Identify medical management needs for clients with schizophrenia spectrum and other psychotic disorders
- Identify community support resources for clients with schizophrenia spectrum and other psychotic disorders
- Recommend follow-up plans for clients with schizophrenia spectrum and other psychotic disorders
-

To prepare for this Assignment:

- Select an adult or older adult client with a schizophrenia spectrum and other psychotic disorder you have seen in your practicum.

In 3–4 pages, write a treatment plan for your client in which you do the following:

- Describe the HPI and clinical impression for the client.
- Recommend psychopharmacologic treatments and describe specific and therapeutic endpoints for your psychopharmacologic agent. (This should relate to HPI and clinical impression.)
- Recommend psychotherapy choices (individual, family, and group) and specific therapeutic endpoints for your choices.
- Identify medical management needs, including primary care needs, specific to this client.
- Identify community support resources (housing, socioeconomic needs, etc.) and community agencies that are available to assist the client.
- Recommend a plan for follow-up intensity and frequency and collaboration with other providers.

By Day 7

Submit your Assignment.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK9 gn1+last name+first initial.(extension)” as the name.

- Click the **Week 9 Assignment 1 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 9 Assignment 1** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK9 gn1+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission. NURS 6670 Exams, Discussions and Assignments.

Grading Criteria

To access your rubric:

Week 9 Assignment 1 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 9 Assignment 1 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 9 Assignment 1

Assignment 2:

Week 9 Practicum Journal: State Practice Agreements

In many states, nurse practitioners are completely autonomous professionals. In other states, however, NPs have a wide range of “restrictive” practices ranging from requirements for a “supervising” physician to requirements for a “collaborative” agreement with a physician.

In this Practicum Journal Assignment, you will examine the requirements of your own state in order to prepare yourself for the realities of practice upon graduation.

Learning Objectives

Students will:

- Analyze state PMHNP practice agreements
- Analyze physician collaboration issues
- Analyze barriers to PMHNP independent practice
- Create plans for addressing state PMHNP practice issues

**Assigned in Week 9 and submitted in Week 10

To Prepare for this Practicum Journal:

- Review practice agreements in your state.
- Identify at least two physician collaboration issues in your state.

For this Practicum Journal:

- Briefly describe the practice agreements for PMHNPs in your state.
- Explain the two physician collaboration issues that you identified.

- Explain what you think are the barriers to PMHNPs practicing independently in your state.
- Outline a plan for how you might address PMHNP practice issues in your state.

By Day 7 Of Week 10

Submit your Practicum Journal.

Assignment 3: Boardvitals

This week you will be responding to twenty BoardVitals questions that cover a broad review of your Nurse Practitioner program courses up to this point.

These review questions will provide practice that is critical in your preparation for the national certification exam that's required to certify you to practice as a nurse practitioner. These customized test questions are designed to help you prepare for your Nurse Practitioner certification exam. It is in your best interest to take your time, do your best, and answer each question to the best of your ability.

You can access Board Vitals through the link sent to you in email or by following the link below:

<https://www.boardvitals.com/>

By Day 7

Complete the BoardVitals questions.

Making Connections

This week, you explored a wide variety of disorders along the schizophrenia spectrum as you became “captain of the ship” once again. You also analyzed issues involved with state practice agreements.

Next week, you will analyze the diagnostic criteria and treatment options of insomnia, hypersomnolence, narcolepsy, sleep apnea, non-rapid eye movement, nightmare disorder, sleep behavior disorder, and other DSM-5 sleep and parasomnia disorders.

Assignments Week 10: Sleep/Wake Disorders And Parasomnias

Tick, tock, and here we go again. I have been in bed trying to go to sleep for three hours now. I have not gotten more than a few hours of sleep a night in months. My work is being affected and so is my relationship with my wife. She’s over there sleeping like a baby and cannot understand why I can’t sleep. ‘Just close your eyes and relax’, she says. When I close my eyes, all I see is all the work I have to do.

Riley, age 34

Sleep is essential for a healthy mind and body, and lack of quality sleep can cause distress during the daytime. Sleep disorders can involve difficulties with quality, timing, and amount of sleep and frequently accompany other disorders, especially depression, anxiety, and PTSD. Obtaining a good sleep history is essential to diagnosing sleep disorders, prescribing a treatment plan, and monitoring the plan’s effectiveness.

Understanding and managing sleep problems frequently leads to improvement in other mental health disorders that the patient is experiencing.

This week, you will analyze the diagnostic criteria and treatment options of insomnia, hypersomnolence, narcolepsy, sleep apnea, non-rapid eye movement, nightmare disorder, sleep behavior disorder, and other DSM-5 sleep and parasomnia disorders.

Photo Credit: [riskms]/[iStock / Getty Images Plus]/Getty Images

Learning Resources

Note: To access this week’s required library resources, please click on the link to the Course Readings List, found in the **Course Materials** section of your Syllabus.

Required Readings

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). Kaplan & Sadock’s synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia, PA: Wolters Kluwer.

- Chapter 13, “Psychosomatic Medicine” (pp. 465–503)
- Chapter 16, “Normal Sleep and Sleep-Wake Disorders” (pp. 533–563)

Note: This is a review from the Learning Resource in Week 3.

Gabbard, G. O. (2014). Gabbard’s treatment of psychiatric disorders (5th ed.).

Washington, DC: American Psychiatric Publications.

Chapter 36, “Sleep-Wake Disorders”

Note: You will access this book from the Walden Library databases.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: Author.

- "Sleep-Wake Disorders"

Note: You will access this book from the Walden Library databases.

Stahl, S. M. (2014). Prescriber's Guide: Stahl's Essential Psychopharmacology (5th ed.).

New York, NY: Cambridge University Press.

Note: All Stahl resources can be accessed through the Walden Library using the link below. This link will take you to a login page for the Walden Library. Once you log in to the library, the Stahl website will appear.

To access information on specific medications, click on **The Prescriber's Guide, 5th Ed.** tab on the Stahl Online website and select the appropriate medication.

Excessive sleepiness in narcolepsy, obstructive sleep apnea/hypopnea syndrome, shift work sleep disorder	Insomnia	Narcolepsy	Restless leg syndrome
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armodafinil	agomelatine	amphetamine (d)	gabapentin ER
modafinil	alprazolam	amphetamine (d,l)	
sodium oxybate (in narcolepsy only)	amitriptyline	lisdexamfetamine	
	amoxapine	methylphenidate	
	clomipramine	(d)	
	clonazepam	methylphenidate	
	desipramine	(d,l)	
	diazepam	modafinil	
	dothiepin	sodium oxybate	
	doxepin		
	estazolam		
	eszopiclone		
	flunitrazepam		
	flurazepam		
	hydroxyzine		
	imipramine		
	lofepramine		
	lorazepam		
	maprotiline		
	mianserin		
	nortriptyline		
	quazepam		

	ramelteon temazepam trazodone triazolam trimipramine zaleplon zolpidem zopiclone		
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Optional Resources

Bélanger, L., Harvey, A. G., Fortier-Brochu, É., Beaulieu-Bonneau, S., Eidelman, P., Talbot, L., . . . Morin, C. M. (2016). Impact of comorbid anxiety and depressive disorders on treatment response to cognitive behavior therapy for insomnia. *Journal of Consulting and Clinical Psychology, 84*(8), 659–667. doi:10.1037/ccp0000084.

Olathe, M., Nanthakumar, S., Eastwood, P. R., & Bucks, R. S. (2015). Cognitive and mood dysfunction in adult obstructive sleep apnoea (OSA): Implications for psychological research and practice. *Translational Issues in Psychological Science, 1*(1), 67–78. doi:10.1037/tps0000021

Discussions And Assignments Discussion: Treatment Of Sleep/Wake Disorders

The power of sleep to heal the body cannot be underestimated. Most research indicates that 7–8 hours of sleep are a minimum that people need to stay healthy. Clients who come to the PMHNP’s office frequently complain of sleep problems. It is estimated that 10–20% of patients report some type of sleeping problem.

In this Discussion, you will analyze the diagnostic criteria and evidence-based psychotherapy and psychopharmacologic treatment for sleep/wake disorders.

Learning Objectives

Students will:

- Analyze diagnostic criteria for sleep/wake disorders
- Analyze evidence-based psychotherapy and psychopharmacologic treatment for sleep/wake disorders
- Analyze criteria for referring clients to primary care physicians for treatment of sleep/wake disorders
- Compare differential diagnostic features of sleep/wake disorders
- NURS 6670 Exams, Discussions and Assignments

Note: For this Discussion, you are required to complete your initial post before you will be able to view and respond to your colleagues’ postings. Begin by clicking on the “Post to Discussion Question” link and then select “Create Thread” to complete your initial post. Remember, once you click submit, you cannot delete or edit your own posts, and cannot post anonymously. Please check your post carefully before clicking **Submit!**

To prepare for this Discussion:

- By Day 5 of Week 9, your Instructor will have assigned you a sleep/wake disorder, which will be the focus of your original post for this Discussion.
- Review the Learning Resources.

By Day 3

Post:

- Explain the diagnostic criteria for your assigned sleep/wake disorder.
- Explain the evidenced-based psychotherapy and psychopharmacologic treatment for your assigned sleep/wake disorder.
- Describe at what point you would refer the client to their primary care physician for an additional referral to a neurologist, pulmonologist, or physician specializing in sleep disorders and explain why.
- Support your rationale with references to the Learning Resources or other academic resources.

By Day 6

Respond to at least **two** of your colleagues by comparing the differential diagnostic features of the disorder you were assigned to the diagnostic features of the disorder your colleagues were assigned. NURS 6670 Exams, Discussions and Assignments.

Submission And Grading Information

Grading Criteria

To access your rubric:

Week 10 Discussion Rubric

Post By Day 3 And Respond By Day 6

To participate in this Discussion:

Week 10 Discussion

Assignment 1:

Week 10 Practicum Journal: Checkpoint For Certification Plan

Learning Objectives

Students will:

- Evaluate progress on certification plans

Report your progress on the Certification Plan completed in Week 1 and submitted in Week 4.

- What have you done to prepare for your certification? NURS 6670 Exams, Discussions and Assignments.
- Have you completed the scheduled tasks assigned on your timeline? If not, what are your plans to stay on schedule?

By Day 7

Submit your Assignment.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK 10 gn1+last name+first initial.(extension)” as the name.
- Click the **Week 10 Assignment 1 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 10 Assignment 1** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK 10 gn1+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 10 Assignment 1 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 10 Assignment 1 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 10 Assignment 1

Assignment 2: Week 8 Practicum: Decision Tree

By Day 7

Submit your Assignment. Refer to Week 8 for additional guidance.

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK 10 gn2+last name+first initial.(extension)” as the name.
- Click the **Week 10 Assignment 2 Rubric** to review the Grading Criteria for the Assignment.
- Click the **Week 10 Assignment 2** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK 10 gn2+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission.

Grading Criteria

To access your rubric:

Week 10 Assignment 2 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity:

Submit your Week 10 Assignment 2 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 10 Assignment 2

NURS 6670 Exams, Discussions And Assignments Assignment 3:

Week 9 Practicum Journal: State Practice Agreements

By Day 7

Submit your Assignment. Refer to Week 9 for additional guidance. NURS 6670 Exams, Discussions and Assignments

Submission And Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK 10 gn3+last name+first initial.(extension)” as the name.
- Click the **Week 10 Assignment 3 Rubric** to review the Grading Criteria for the Assignment.

- Click the **Week 10 Assignment 3** link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the **Browse My Computer** button. Find the document you saved as “WK 10 gn3+last name+first initial.(extension)” and click **Open**.
- If applicable: From the Plagiarism Tools area, click the checkbox for **I agree to submit my paper(s) to the Global Reference Database**.
- Click on the **Submit** button to complete your submission. NURS 6670 Exams, Discussions and Assignments

Grading Criteria

To access your rubric:

Week 10 Assignment 3 Rubric

Check Your Assignment Draft For Authenticity

To check your Assignment draft for authenticity: NURS 6670 Exams, Discussions and Assignments

Submit your Week 10 Assignment 3 draft and review the originality report.

Submit Your Assignment By Day 7

To submit your Assignment:

Week 10 Assignment 3

Assignment 4: Boardvitals

This week you will be responding to twenty BoardVitals questions that cover a broad review of your Nurse Practitioner program courses up to this point.

These review questions will provide practice that is critical in your preparation for the national certification exam that's required to certify you to practice as a nurse practitioner. These customized test questions are designed to help you prepare for your Nurse Practitioner certification exam. It is in your best interest to take your time, do your best, and answer each question to the best of your ability.

You can access Board Vitals through the link sent to you in email or by following the link below:

<https://www.boardvitals.com/>

By Day 7

Complete the BoardVitals questions.

Practicum Reminder

Time Logs: You are required to keep a log of the time you spend related to your practicum experience **and enter every patient you see each day**. You can access your time log from the Welcome Page in your Meditrek account. You will track time individually for each patient you work with. Please make sure to continuously input your hours throughout the term. NURS 6670 Exams, Discussions and Assignments.

Making Connections

This week, you analyzed the diagnostic criteria and treatment options of insomnia, hypersomnolence, narcolepsy, sleep apnea, non-rapid eye movement, nightmare disorder, sleep behavior disorder, and other DSM-5 sleep and parasomnia disorders. Next week, you will analyze how to assess and care for individuals with sexual disorders. You also will analyze the concept of gender dysphoria and how to guide individuals through the process of establishing their sexual identity and preferred sexual orientation.

NURS 6670 Exams, Discussions And Assignments Week 11: Gender Dysphoria, Paraphilic Disorders, And Sexual Dysfunction

I have been under a lot of stress lately. Between my job, the house and kids, and my wife complaining, I don't seem to have the "staying power" I used to. Our sex life used to be perfect, but now I cannot perform as well or as often as I used to. My wife does not seem to understand and now I am feeling inadequate. I have a long life in front of me and I don't want to live without feeling like a true man."

Larry, age 40

This week's topics include gender dysphoria, paraphilic disorders, and sexual dysfunction. The term gender dysphoria is the diagnosis describing those persons who experience incongruence between their gender assigned at birth and their experienced

gender. Paraphilic disorders include pedophilia, exhibitionism, fetishism, and voyeurism, for example. Sexual dysfunction disorders include, most commonly, male erectile disorder, female orgasmic disorder, and other disorders. These diagnoses may be treated with pharmacologic and psychotherapy modalities.

This week, you will explore ways to assess and care for persons with gender dysphoria, paraphilic disorders, and sexual dysfunction disorders as outlined in the DSM-5.

Photo Credit: Rick Gomez / Blend Images / Getty Images

Discussions And Assignments Learning Resources

Note: To access this week's required library resources, please click on the link to the Course Readings List, found in the **Course Materials** section of your Syllabus.

Required Readings

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2014). Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia, PA: Wolters Kluwer.

- Chapter 17, "Human Sexuality and Sexual Dysfunctions" (pp. 564–599)
- Chapter 18, "Gender Dysphoria" (pp. 600–607)

Note: This is a review from the Learning Resource in Week 3. NURS 6670 Exams, Discussions and Assignments

Gabbard, G. O. (2014). Gabbard's treatment of psychiatric disorders (5th ed.). Washington, DC: American Psychiatric Publications.

- Chapter 37, "Sexual Dysfunctions"

- Chapter 38, "Paraphilias and Paraphilic Disorders"
- Chapter 39, "Gender Dysphoria"

Note: You will access this book from the Walden Library databases.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: Author.

- "Gender Dysphoria"
- "Paraphilic Disorders"
- "Sexual Dysfunctions"

Note: You will access this book from the Walden Library databases.

Stahl, S. M. (2014). Prescriber's Guide: Stahl's Essential Psychopharmacology (5th ed.). New York, NY: Cambridge University Press.

Note: All Stahl resources can be accessed through the Walden Library using the link below. This link will take you to a login page for the Walden Library. Once you log in to the library, the Stahl website will appear.

To access information on specific medications, click on **The Prescriber's Guide, 5th Ed.** tab on the Stahl Online website and select the appropriate medication. NURS 6670

Exams, Discussions and Assignments

Sexual dysfunction
bupropion

Johnson, L., Shipherd, J., & Walton, H. M. (2016). The psychologist's role in transgender-specific care with U.S. veterans. *Psychological Services, 13*(1), 69–76.
doi:10.1037/ser0000030

Note: You will access this article through the Walden Library databases.

Levenson, J. S., & Grady, M. D. (2016). The influence of childhood trauma on sexual violence and sexual deviance in adulthood. *Traumatology, 22*(2), 94–103.
doi:10.1037/trm0000067

Note: You will access this article through the Walden Library databases.

Hawes, S. W., Boccaccini, M. T., & Murrie, D. C. (2013). Psychopathy and the combination of psychopathy and sexual deviance as predictors of sexual recidivism: Meta-analytic findings using the Psychopathy Checklist–Revised. *Psychological Assessment, 25*(1), 233–243. doi:10.1037/a0030391

Note: You will access this article through the Walden Library databases.

Required Media

Johnson, S. (Producer). (n.d.). Emotionally focused therapy with same-sex couples [Video file]. Mill Valley, CA: Psychotherapy.net.

Note: You will access this video through the Walden Library databases.

Assessment And Treatment Of Gender Dysphoria, Paraphilic Disorders, And Sexual Dysfunction

Sexuality is an important part of each person's quality of life. Research indicates that awareness of sexual identity and its importance may begin as early as age 3. However, individuals with varying diagnoses, disorders, or dysfunctions may grapple with issues related to their sexuality in their teen years, as well as into adulthood.

In this Discussion, you will explore the assessment and treatment of gender dysphoria, paraphilic disorders, and sexual dysfunction. NURS 6670 Exams, Discussions and Assignments.

Learning Objectives

Students will:

- Analyze diagnostic criteria for gender dysphoria, paraphilic disorders and sexual dysfunction
- Analyze evidence-based psychotherapy and psychopharmacologic treatments for gender/sexual disorders
- Compare differential diagnostic features of gender/sexual disorders

Note: For this Discussion, you are required to complete your initial post before you will be able to view and respond to your colleagues' postings. Begin by clicking on the "Post to Discussion Question" link and then select "Create Thread" to complete your initial post. Remember, once you click submit, you cannot delete or edit your own posts, and cannot post anonymously. Please check your post carefully before clicking **Submit!**

To prepare for this Discussion:

- Select a gender dysphoria, paraphilic disorder, or sexual dysfunction that interests you.
- Review the Learning Resources.

By Day 3

Post:

- Explain the diagnostic criteria for the gender dysphoria, paraphilic disorder, or sexual dysfunction you selected.
- Explain the evidenced-based psychotherapy and psychopharmacologic treatment for the gender dysphoria, paraphilic disorder, or sexual dysfunction you selected.
NURS 6670 Exams, Discussions and Assignments.
- Support your rationale with references to the Learning Resources or other academic resources.

By Day 6

Respond to at least **two** of your colleagues by comparing the differential diagnostic features of the disorder you selected to the diagnostic features of the disorder your colleagues were assigned.

Submission And Grading Information

Grading Criteria

To access your rubric:

Week 11 Discussion Rubric

Post By Day 3 And Respond By Day 6

To participate in this Discussion:

Week 11 Discussion

NURS 6670 PMH NP Role II Adult-Syllabus

Assignment 1: Final Exam

This exam is designed to assess how well you have synthesized the information from all your PMHNP courses. It draws upon the material from all the textbooks from NURS 6630, NURS 6640, NURS 6670, NURS 6660, and NURS 6670. It is very similar to what you will experience in your certification exam.

Learning Objectives

Students will:

- Assess knowledge of adult and older adult psychotherapy concepts and principles (E)

This exam will cover the following topics: s

- Obsessive-Compulsive Disorders
- Neurocognitive Disorders
- Schizophrenia Spectrum and Other Psychotic Disorders
- Sleep/Wake Disorders, Parasomnias
- Gender Dysphoria, Paraphilic Disorders, & Sexual Dysfunction

By Day 7

Complete the Final Exam by. Prior to starting the exam, you should review all of your materials. There is a 2-hour time limit to complete this 75-question exam. You may only attempt this exam once.

This exam is a test of your knowledge in preparation for your certification exam. **No outside resources** including books, notes, websites, or any other type of resource are to be used to complete this exam. You are expected to **comply with Walden University's Code of Conduct**.

Submission And Grading Information

Submit Your Exam By Day 7

To submit your Exam:

Week 11 Final Exam

Assignment 2: Boardvitals

This week you will be responding to twenty BoardVitals questions that cover a broad review of your Nurse Practitioner program courses up to this point. NURS 6670 Exams, Discussions and Assignments.

These review questions will provide practice that is critical in your preparation for the national certification exam that's required to certify you to practice as a nurse practitioner. These customized test questions are designed to help you prepare for your Nurse Practitioner certification exam. It is in your best interest to take your time, do your best, and answer each question to the best of your ability.

You can access Board Vitals through the link sent to you in email or by following the link below:

<https://www.boardvitals.com/>

By Day 7

Complete the BoardVitals questions.

Making Connections

This week, you explored ways to assess and care for persons with gender dysphoria, paraphilic disorders, and sexual dysfunction disorders as outlined in the DSM-5.

Congratulations! After you have finished all of the assignments for this week, you have completed the course. Please submit your Course Evaluation by Day 7.

Summary

Outline

NURS 6670 PMH NP Role II Adult-Syllabus Assignments

Student Support And Calendar Information

Credit Hours

Course Description

Course Prerequisites

Course Outcomes

Course Materials

Course Text

Course Readings List

Media

Course Assignments

Online Discussion And Clinical Supervision

Assignments And Projects

Practicum Activities

Grading Criteria And Total Components Of A Grade

Grading Scale

Course Evaluation And Grading

Feedback Schedule

Preferred Methods For Delivering Assignments

Submitting Course Postings To The Weekly Discussion Areas

Submitting Assignments And Projects

EMailing Your Instructor

Policies On Late Assignments

Discussion And Assignment Postings

Assignments

Keeping Your Coursework

Instructor Feedback Schedule

Classroom Participation

Checklist

To View A Printable Course Schedule

Checklist

Assignment 1: Week 1 Practicum Journal Entry: Certification Plan

Learning Objectives

Students Will:

By Day 7

Making Connections

Fitzgerald Health Education Associates (FHEA) PMHNP 150 University Exit

Comprehensive Exam

NURS 6670 PMHNP Role II: Adult-Syllabus And Assignments Week 2: Depressive

Disorders

NURS 6670 Exams, Discussions And Assignments Learning Resources

Required Readings

Required Media

Optional Resources

Assignment 1: "Captain Of The Ship" Project – Depressive Disorder

NURS 6670 Exams, Discussions And Assignments Learning Objectives

Students Will:

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignment 2: Week 2 Practicum Journal: Safe Prescribing

NURS 6670 Exams, Discussions And Assignments. Learning Objectives

Students Will:

By Day 7

Assignment 3: Boardvitals

By Day 7

Making Connections

Week 3: Personality Disorders

Assignments. Learning Resources

Required Readings

Required Media

Discussion: Treatment Of Personality Disorders

Syllabus Learning Objectives

Students Will:

By Day 3

By Day 6

Submission And Grading Information

Grading Criteria

Post By Day 3 And Respond By Day 6

Assignment 1: Decision Tree

Learning Objectives

Students Will:

By Day 7

Assignment 2: Fitzgerald Health Education Associates (FHEA) PMHNP 150 University

Exit Comprehensive Exam

Assignment 3: Boardvitals

By Day 7

Making Connections

Week 4: Substance-Related And Addictive Disorders

Learning Resources

Required Readings

Required Media

Optional Resources

Discussion: Clinical Supervision – Kaltura

Learning Objectives

Students Will:

By Day 3

By Day 6

Submission And Grading Information

Grading Criteria

Post By Day 3 And Respond By Day 6

Assignment 1: Week 1 Practicum Journal Entry: Certification Plan

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignment 2: Week 2 Practicum Journal: Safe Prescribing

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignment 3: Week 3 Practicum Journal: Decision Tree

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignment 4: Boardvitals

By Day 7

Practicum Reminder

Making Connections

Week 5: Bipolar Disorders

Learning Resources

Required Readings

Required Media

Optional Resources

Assignment 1: "Captain Of The Ship" Project – Bipolar Disorders

Learning Objectives

Students Will:

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignment 2: FHEA Exam Follow-Up

Learning Objectives

Students Will:

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignment 3: Practicum: Decision Tree

Learning Objectives

Students Will:

By Day 7 Of Week 7

Assignment 4: Boardvitals

By Day 7

Making Connections

Week 6: Anxiety Disorders, PTSD, And Related Disorders

Learning Resources

Required Readings

Required Media

Optional Resources

NURS 6670 Exams, Discussions And Assignments Discussion: Treatment Of Anxiety

Disorders

Assignments Learning Objectives

Students Will:

By Day 3

By Day 6

Submission And Grading Information

Grading Criteria

Post By Day 3 And Respond By Day 6

Assignment 1: Midterm Exam

Learning Objectives

Students Will:

By Day 7

By Day 7

Submission And Grading Information

Submit Your Exam By Day 7

Assignments Assignment 2: Week 6 Practicum Journal: Reimbursement Rates

Assignments Learning Objectives

Students Will:

By Day 7 Of Week 7

Assignments Assignment 3: Boardvitals

By Day 7

Making Connections

Assignments Week 7: Obsessive-Compulsive Disorders

Assignments Learning Resources

Required Readings

Required Media

Optional Resources

Assignments Assignment 1:

“Captain Of The Ship” Project – Obsessive-Compulsive Disorders

Assignments Learning Objectives

Students Will:

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignments Assignment 2:

Week 7 Practicum Journal: Checkpoint For Certification Plan

Assignments Learning Objectives

Students Will:

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignments Assignment 3:

Week 5 Practicum: Decision Tree

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignments Assignment 4:

Week 6 Practicum Journal – Reimbursement Rates

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignments Assignment 5: Boardvitals

By Day 7

Practicum Reminder

Making Connections

Week 8: Neurocognitive Disorders

Assignments Learning Resources

Required Readings

Required Media

Optional Resources

, Discussions And Assignments Discussion: Treatment Of Neurocognitive Disorders

NURS 6670 Exams, Discussions And Assignments Learning Objectives

Students Will:

By Day 3

By Day 6

Submission And Grading Information

Grading Criteria

Post By Day 3 And Respond By Day 6

Assignment 1: Practicum: Decision Tree

Discussions And Assignments Learning Objectives

Students Will:

By Day 7 Of Week 10

Assignment 2: Boardvitals

By Day 7

Making Connections

Discussions And Assignments Week 9: Schizophrenia Spectrum And Other Psychotic

Disorders

Learning Resources

Required Readings

Required Media

Assignment 1: "Captain Of The Ship" Project – Schizophrenia Spectrum And Other

Psychotic Disorders

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignment 2:

Week 9 Practicum Journal: State Practice Agreements

By Day 7 Of Week 10

Assignment 3: Boardvitals

By Day 7

Making Connections

Assignments Week 10: Sleep/Wake Disorders And Parasomnias

Learning Resources

Required Readings

Optional Resources

Discussions And Assignments Discussion: Treatment Of Sleep/Wake Disorders

By Day 3

By Day 6

Submission And Grading Information

Grading Criteria

Post By Day 3 And Respond By Day 6

Assignment 1:

Week 10 Practicum Journal: Checkpoint For Certification Plan

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

Assignment 2: Week 8 Practicum: Decision Tree

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

NURS 6670 Exams, Discussions And Assignments Assignment 3:

Week 9 Practicum Journal: State Practice Agreements

By Day 7

Submission And Grading Information

Grading Criteria

Check Your Assignment Draft For Authenticity

Submit Your Assignment By Day 7

[Assignment 4: Boardvitals](#)

By Day 7

Practicum Reminder

Making Connections

NURS 6670 Exams, Discussions And Assignments Week 11: Gender Dysphoria,

Paraphilic Disorders, And Sexual Dysfunction

Discussions And Assignments Learning Resources

Required Readings

Required Media

Assessment And Treatment Of Gender Dysphoria, Paraphilic Disorders, And Sexual

Dysfunction

By Day 3

By Day 6

Submission And Grading Information

Grading Criteria

Post By Day 3 And Respond By Day 6

Assignment 1: Final Exam

By Day 7

Submission And Grading Information

Submit Your Exam By Day 7

Assignment 2: Boardvitals

By Day 7

Making Connections