

PRAC – 6665 Psychiatric Mental Health Nurse Practitioner Care Across The Lifespan I Practicum

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Week 1: Competencies Of Advanced Nursing Practice

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7
Assignment 1: Practicum Site Information	Submit Assignment 1 by Day 2.
Assignment 2: Clinical Skills Self-Assessment	Submit Assignment 2 by Day 7.
Assignment 3: Clinical Hour and Patient Logs	Track your clinical hours and patient encounters in Meditrek throughout this practicum course. Each week, Your logs must be completed by Day 7.

Introduction

Tell me and I forget, teach me and I may remember, involve me and I learn.

—Xun Kuang, Chinese Confucian philosopher

Welcome to your PMHNP Care Across the Lifespan I Practicum! The practicum experience is an experiential learning opportunity which allows you to gain and refine your clinical advanced nursing skills under the mentorship of a Preceptor. As you engage with patients in the practicum setting, your involvement will extend your learning about a variety of psychiatric and mental health care needs for patients across the lifespan.

Throughout the next 11 weeks, you will evaluate your skill development, reflect on patient encounters, and generate goals related to your growth as an advanced practice nurse. This week, you start by assessing your strengths and opportunities related to psychiatric-mental health nurse practitioner (PMHNP) clinical skills.

Learning Objectives

Students will:

- Complete practicum site form
- Assess clinical skills related to advanced psychiatric-mental health nursing practice
- Develop measurable goals and objectives for the practicum experience
- Describe clinical hours and patient encounters

Learning Resources

Required Readings

- [American Academy of Child and Adolescent Psychiatry. \(2018\). CPT code training module.](#)

https://www.aacap.org/App_Themes/AACAP/docs/clinical_practice_center/business_of_practice/cpt/2018_CPT_module_revised_March_2018.pdf

- [American Association of Nurse Practitioners. \(2019\). Discussion paper: Standards of practice for nurse practitioners.](#)
<https://storage.aanp.org/www/documents/advocacy/position-papers/StandardsOfPractice.pdf>
- [American Psychiatric Association. \(2020\). Coding and reimbursement.](#)
- [American Psychiatric Nurses Association. \(2013\). Population-focused nurse practitioner competencies.](#)
<https://www.apna.org/files/Councils/Population-Focused-NP-Competencies-2013.pdf>
- [Note: Review the Psychiatric Mental Health Nurse Practitioner Competencies.](#)
- [International Council of Nurses. \(2020\). Guidelines on advanced practice nursing 2020.](#)
https://www.icn.ch/system/files/documents/2020-04/ICN_APN%20Report_EN_WEB.pdf
- [Meditrek](#)
- <https://edu.meditrek.com/Default.html>
- [Note: Use this link to log into Meditrek to report your clinical hours and patient encounters.](#)
- [The National Organization of Nurse Practitioner Faculties](#)
- <https://www.nonpf.org/>

- [The National Organization of Nurse Practitioner Faculties. \(2017\). Nurse practitioner core competencies content.](#)
- https://cdn.ymaws.com/www.nonpf.org/resource/resmgr/competencies/20170516_NPCoreCompsContentF.pdf
- [Walden University Academic Skills Center. \(2017\). Developing SMART goals.](#)
- https://academicguides.waldenu.edu/ld.php?content_id=51901492
- [Walden University Field Experience. \(2020a\). Field experience: College of Nursing.](#)
- [Walden University Field Experience. \(2020b\). MSN nurse practitioner practicum manual.](#)
- [Walden University Field Experience. \(2020c\). Walden University School of Nursing: Practicum orientation and resource guide for students: MSN—nurse practitioner.](#)
- [Document: Practicum Site Information Form \(Word document\)](#)
- [Document: PMHNP Clinical Skills List \(PDF\)](#)
- [Document: PMHNP Clinical Skills Self-Assessment Form \(Word document\)](#)

Acknowledgment

Practicum Manual Acknowledgment

The Practicum Manual describes the structure and timing of the classroom-based and practicum experiences and the policies students must follow to be successful in the nurse practitioner (NP) specialties.

- [Field Experience: MSN Nurse Practitioner Practicum Manual](#)

Click [here](#) and follow the instructions to confirm you have downloaded and read the entire MSN Nurse Practitioner Practicum Manual and will abide by the requirements described in order to successfully complete this program.

Assignment 1: Practicum Site Information

Photo Credit: EscoLux / E+ / Getty Images

Prior to starting the course, you should have applied for a practicum site following the guidelines for psychiatric-mental health nurse practitioner (PMHNP) practice. Now it is time to make it official. For this Assignment, you provide your Clinical Faculty with information about your practicum site, your Preceptor, and your clinical calendar.

To Prepare

- Verify that your practicum application has been approved by logging in to Meditrek.
- Access the Practicum Site Information Form from the Learning Resources.

The Assignment

Complete the designated areas of the Practicum Site Information Form, including your practicum site and contact information, your Preceptor and contact information, and a schedule of when you plan to engage in practicum activities onsite.

By Day 2 of Week 1

Submit your completed Practicum Site Information Form.

Submit Your Assignment by Day 7 of Week 1

To participate in this Assignment:

Week 1 Assignment 1

Assignment 2: Clinical Skills Self-Assessment

Photo Credit: AndreyPopov / iStock / Getty Images Plus / Getty Images

Before embarking on any professional or academic activity, it is important to understand the background, knowledge, and experience you bring to it. You might ask yourself, “What do I already know? What do I need to know? And what do I want to know?” This critical self-reflection is especially important for developing clinical skills such as those for advanced practice nursing.

The PMHNP Clinical Skills List and PMHNP Clinical Skills Self-Assessment Form provided in the Learning Resources can be used to celebrate your progress throughout your practicum and identify skills gaps. The skills list covers all necessary skills you should demonstrate during your practicum experiences.

For this Assignment (just as you did in PRAC 6645), you assess where you are now in your clinical skill development and make plans for this practicum. Specifically, you will identify strengths and opportunities for improvement regarding the required practicum skills. In this practicum experience, when developing your goals and objectives, be sure to keep assessment and diagnostic reasoning in mind. As you complete your self-assessment this week, you may wish to look back over your self-assessments from prior practicums to reflect on your growth.

To Prepare

- Review the clinical skills in the PMHNP Clinical Skills List document. It is recommended that you print out this document to serve as a guide throughout your practicum.

- Review the “Developing SMART Goals” resource on how to develop goals and objectives that follow the SMART framework.
- Review the resources on nursing competencies and nursing theory, and consider how these inform your practice.
- Download the PMHNP Clinical Skills Self-Assessment Form to complete this Assignment.

The Assignment

Use the PMHNP Clinical Skills Self-Assessment Form to complete the following:

- Rate yourself according to your confidence level performing the skills identified in the Clinical Skills Self-Assessment Form.
- Based on your ratings, summarize your strengths and opportunities for improvement.
- Based on your self-assessment and theory of nursing practice, develop three to four (3–4) measurable goals and objectives for this practicum experience. Include them in the designated area of the form.

By Day 7 of Week 1

Submit your completed PMHNP Clinical Skills Self-Assessment Form.

Submission and Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK1 gn2+last name+first initial.(extension)” as the name.

- Click the Week 1 Assignment 2 Rubric to review the Grading Criteria for the Assignment.
- Click the Week 1 Assignment 2 link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the Browse My Computer button. Find the document you saved as “WK1 gn2+last name+first initial.(extension)” and click Open.
- If applicable: From the Plagiarism Tools area, click the checkbox for I agree to submit my paper(s) to the Global Reference Database.
- Click on the Submit button to complete your submission.

Grading Criteria

To access your rubric:

Week 1 Assignment 2 Rubric

Check Your Assignment Draft for Authenticity

To check your Assignment draft for authenticity:

Submit your Week 1 Assignment 2 draft and review the originality report.

Submit Your Assignment by Day 7 of Week 1

To participate in this Assignment:

Week 1 Assignment 2

Assignment 3: Clinical Hour and Patient Logs

Photo Credit: auremar / Adobe Stock

Clinical Hour Log

For this course, all practicum activity hours are logged within the Meditrek system.

Hours completed must be logged in Meditrek within 48 hours of completion in order to be counted.

You may only log hours with Preceptors that are approved in Meditrek. Students with catalog years before Spring 2018 must complete a minimum of 576 hours of supervised clinical experience (144 hours in each practicum course). Students with catalog years beginning Spring 2018 must complete a minimum of 640 hours of supervised clinical experience (160 hours in each practicum course). By the end of Week 1, make sure you confirm that your Preceptor and Clinical Faculty are set up in Meditrek.

Each log entry must be linked with an individual practicum Learning Objective or a graduate Program Objective. You should track your hours in Meditrek as they are completed.

Your clinical hour log must include the following:

- Dates
- Course
- Clinical Faculty
- Preceptor
- Total Time (for the day)
- Notes/Comments (including the objective to which the log entry is aligned)

Patient Log

Throughout this course, you will also keep a log of patient encounters using Meditrek. You must record at least 80 encounters with patients by the end of this practicum (40 children/adolescents and 40 adult/older adults).

The patient log must include the following:

- Date
- Course
- Clinical Faculty
- Preceptor
- Patient Number
- Client Information
- Visit Information
- Practice Management
- Diagnosis
- Treatment Plan and Notes: You must include a brief summary/synopsis of the patient visit. This does not need to be a SOAP note, however the note needs to be sufficient to remember your patient encounter.

By Day 7 of Week 1

Record your clinical hours and patient encounters in Meditrek.

What's Coming Up in Week 2?

Photo Credit: [BrianAJackson]/[iStock / Getty Images Plus]/Getty Images

Next week, you will coordinate contact with your Clinical Faculty and Preceptor for orientation and onboarding, as well as to discuss goals and any related questions. You

will continue recording your clinical hours and patient encounters in Meditrek. You will also engage with resources to bolster your confidence in assessing, diagnosing, and treating patients.

Looking Ahead: Practicum Experience Plan (PEP)

Now that you have completed your self-assessment in Week 1, in Week 2 you will begin developing your Practicum Experience Plan (PEP). Your self-assessment will inform your plan.

Photo Credit: anyaberkut / iStock / Getty Images Plus / Getty Images

Week 2: Practicum Experience Plan

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7
Reminder: Introductory Communication	Complete your orientation email by Day 7.
Assignment 1: Clinical Hour and Patient Logs	Record your clinical hours and patient encounters in Meditrek by Day 7.
Assignment 2: Practicum Experience Plan (PEP)	Submit Assignment 2 by Day 7.

Introduction

When setting sharp, clearly defined goals and objectives, you focus on what you wish to accomplish and how and when you will get there. Based on your assessment of your strengths and opportunities related to psychiatric-mental health nurse practitioner (PMHNP) clinical skills, you can develop goals and objectives for your clinical practice that can guide your activities. What are some steps you can take on the way to a larger goal? How might you gain confidence in a clinical skill or seek out more opportunities to practice? What external activities might boost your professionalism or enhance your skill set? As you settle in at your practicum site, keep these questions in mind.

This week, you continue engaging with patients at your practicum site, recording your time and experiences in your Clinical Hour and Patient Logs. You will also develop a Practicum Experience Plan (PEP) made up of goals and objectives designed to formally identify specific categories of clinical skills you wish to gain during your practicum experience.

Learning Objectives

Students will:

- Describe clinical hours and patient encounters
- Develop a Practicum Experience Plan
- Create a timeline of practicum activities based on your practicum requirements

Learning Resources

Required Readings

[American Academy of Child and Adolescent Psychiatry. \(n.d.\). Toolbox of forms.](#)

[Retrieved November 18, 2020, from](#)

https://www.aacap.org/AACAP/Member_Resources/AACAP_Toolbox_for_Clinical_Practice_and_Outcomes/Forms.aspx

[American Geriatrics Society 2019 Beers Criteria Update Expert Panel. \(2019\). American Geriatrics Society 2019 updated AGS Beers Criteria for potentially inappropriate medication use in older adults. Journal of the American Geriatrics Society, 67\(4\), 674–694. https://doi.org/10.1111/jgs.15767](#)

Carlat, D. J. (2017). The psychiatric interview (4th ed.). Wolters Kluwer.

- Section I. General Principles of Effective Interviewing (Chapters 1–13)
- Section III. Interviewing for Diagnosis: The Psychiatric Review of Symptoms (Chapters 19–22)
- Appendixes A–C

[Meditrek](#)

<https://edu.meditrek.com/Default.html>

[Note: Use this link to log into Meditrek to report your clinical hours and patient encounters.](#)

[Pumariega, A. J., Rothe, E., Mian, A., Carlisle, L., Toppelberg, C., Harris, T., Gogineni, R. R., Webb, S., Smith, J., & American Academy of Child and Adolescent Psychiatry Committee on Quality Issues. \(2013\). Practice parameter for cultural competence in child and adolescent psychiatric practice. Journal of the American Academy of Child and Adolescent Psychiatry, 52\(10\), 1101–1115. https://doi.org/10.1016/j.jaac.2013.06.019](#)

[Walden University Academic Skills Center. \(2017\). Developing SMART goals. https://academicguides.waldenu.edu/ld.php?content_id=51901492](#)

[Document: Practicum Experience Plan Template \(Word document\)](#)

Reminder: Introductory Communication

Photo Credit: Ellagrin / iStock / Getty Images Plus / Getty Images

This week, you must coordinate an introductory email with your Clinical Faculty and Preceptor. The purpose of this communication is for orientation and onboarding, goals discussion, and questions.

By Day 7 of Week 2

Complete your orientation email. Attach your clinical schedule calendar developed in Week 1 in your email. Include a summary of your goals and objectives for this practicum experience.

Assignment 1: Clinical Hour and Patient Logs

Photo Credit: auremar / Adobe Stock

Clinical Hour Log

For this course, all practicum activity hours are logged within the Meditrek system.

Hours completed must be logged in Meditrek within 48 hours of completion in order to be counted.

You may only log hours with Preceptors that are approved in Meditrek. Students with catalog years before Spring 2018 must complete a minimum of 576 hours of supervised clinical experience (144 hours in each practicum course). Students with catalog years beginning Spring 2018 must complete a minimum of 640 hours of supervised clinical experience (160 hours in each practicum course).

Each log entry must be linked with an individual practicum Learning Objective or a graduate Program Objective. You should track your hours in Meditrek as they are completed.

Your clinical hour log must include the following:

- Dates
- Course
- Clinical Faculty
- Preceptor
- Total Time (i.e., for the day)
- Notes/Comments (including the objective to which the log entry is aligned)

Patient Log

Throughout this course, you will also keep a log of patient encounters using Meditrek. You must record at least 80 encounters with patients by the end of this practicum (40 children/adolescents and 40 adult/older adults).

The patient log must include the following:

- Date
- Course
- Clinical Faculty
- Preceptor
- Patient Number
- Client Information
- Visit Information

- Practice Management
- Diagnosis
- Treatment Plan and Notes: You must include a brief summary/synopsis of the patient visit. This does not need to be a SOAP note, however the note needs to be sufficient to remember your patient encounter.

By Day 7 of Week 2

Record your clinical hours and patient encounters in Meditrek.

Assignment 2: Practicum Experience Plan (PEP)

Photo Credit: Getty Images

As you establish your goals and objectives for this course, you are committing to an organized plan that will frame your practicum experience in a clinical setting, including planned activities, assessment, and achievement of defined outcomes. In particular, your plan must address the categories of clinical reasoning, quality in your clinical specialty, and interpersonal collaborative practice.

For this Assignment, you will consider the areas you aim to focus on to gain practical experience as an advanced practice nurse. Then, you will develop a Practicum Experience Plan (PEP) containing the objectives you will fulfill in order to achieve your aims. In this practicum experience, when developing your goals and objectives, be sure to keep PMHNP clinical skills in mind.

To Prepare

- Review your Clinical Skills Self-Assessment Form you submitted last week, and think about areas for which you would like to gain application-level experience

and/or continued growth as an advanced practice nurse. How can your experiences in the practicum help you achieve these aims? There may be overlap between your skills goals and your PEP goals.

- Review the information related to developing objectives provided in this week's Learning Resources. Your practicum learning objectives that you want to achieve during your practicum experience must be:
 - Specific
 - Measurable
 - Attainable
 - Results-focused
 - Time-bound
 - Reflective of the higher-order domains of Bloom's taxonomy (i.e., application level and above)
- Discuss your professional aims and your proposed practicum objectives with your Preceptor to ascertain if the necessary resources are available at your practicum site.
- Select one nursing theory and one counseling theory to best guide your clinical practice. Explain why you selected these theories. Support your approach with evidence-based literature.
- Create a timeline of practicum activities that demonstrates how you plan to meet these goals and objectives based on your practicum requirements.

The Assignment

Record the required information in each area of the Practicum Experience Plan template, including three to four (3–4) measurable practicum Learning Objectives you will use to facilitate your learning during the practicum experience.

By Day 7 of Week 2

Submit your Experience Plan for assessment and Faculty approval.

When your Instructor has approved your plan, forward the signed PEP to your Preceptor, and retain a copy for your records.

Submission and Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK2 gn2+last name+first initial.(extension)” as the name.
- Click the Week 2 Assignment 2 Rubric to review the Grading Criteria for the Assignment.
- Click the Week 2 Assignment 2 link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the Browse My Computer button. Find the document you saved as “WK2 gn2+last name+first initial.(extension)” and click Open.
- If applicable: From the Plagiarism Tools area, click the checkbox for I agree to submit my paper(s) to the Global Reference Database.
- Click on the Submit button to complete your submission.

Grading Criteria

To access your rubric:

Week 2 Assignment 2 Rubric

Check Your Assignment Draft for Authenticity

To check your Assignment draft for authenticity:

Submit your Week 2 Assignment 2 draft and review the originality report.

Submit Your Assignment by Day 7 of Week 2

To participate in this Assignment:

Week 2 Assignment

What's Coming Up in Week 3?

Photo Credit: [BrianAJackson]/[iStock / Getty Images Plus]/Getty Images

Next week, you will select a clinical patient from your practicum setting and complete a

Focused SOAP Note to formulate differential diagnoses and document treatment.

Based on this evaluation note, you will then develop a case study presentation on this

patient. You will also track your clinical hours and patient encounters in Meditrek.

Week 3: Focused SOAP Note And Patient Case Presentation

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7
Assignment 1: Clinical Hour and Patient Logs	Record your clinical hours and patient encounters in Meditrek by Day 7.

Assignment 2: Focused SOAP Note and Patient Case Presentation	Submit by Day 7.
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Introduction

Consider the experiences you have had thus far, either in the healthcare workplace or at your practicum site. As you likely know, a nurse's job does not begin and end with one-to-one patient contact. It includes meetings, documentation, training, and collaboration. In particular, the nurse is a member of an interdisciplinary team and must use oral and written communication to inform others of a patient's status. A central skill of advanced practice nursing, then, is the ability to present a patient's history, symptoms, diagnosis, and treatment plan to relevant parties involved in treatment. This week, in addition to your Meditrek tracking, you will develop a focused SOAP note and video case presentation on one of the patients you have examined in your clinical practicum.

Learning Objectives

Students will:

- Describe clinical hours and patient encounters
- Assess patients across the lifespan in mental health settings
- Formulate differential diagnoses for patients across the lifespan in mental health settings
- Develop plans of care for patients across the lifespan in mental health settings
- Advocate health promotion and patient education strategies across the lifespan
- Develop a case study presentation based on a clinical patient

Learning Resources

Required Readings

Carlat, D. J. (2017). The psychiatric interview (4th ed.). Wolters Kluwer.

- Section II. The Psychiatric History (Chapters 14–18)
- Section III. Interviewing for Diagnosis: The Psychiatric Review of Symptoms (Chapters 23–24)

[Lorberg, B., Davico, C., Martsenkovskyi, D., & Vitiello, B. \(2019\). Principles in using psychotropic medication in children and adolescents. In J. M. Rey & A. Martin \(Eds.\), IACAPAP e-textbook of child and adolescent mental health \(2019 ed., pp. 1–25\). International Association for Child and Adolescent Psychiatry and Allied Professions. Meditrek](#)

<https://edu.meditrek.com/Default.html>

[Note: Use this link to log into Meditrek to report your clinical hours and patient encounters.](#)

[Document: Focused SOAP Note Template \(Word document\)](#)

[Document: Focused SOAP Note Exemplar \(Word document\)](#)

Assignment 1: Clinical Hour And Patient Logs

Photo Credit: auremar / Adobe Stock

Clinical Hour Log

For this course, all practicum activity hours are logged within the Meditrek system.

Hours completed must be logged in Meditrek within 48 hours of completion in order to be counted.

You may only log hours with Preceptors that are approved in Meditrek. Students with catalog years before Spring 2018 must complete a minimum of 576 hours of supervised clinical experience (144 hours in each practicum course). Students with catalog years beginning Spring 2018 must complete a minimum of 640 hours of supervised clinical experience (160 hours in each practicum course).

Each log entry must be linked with an individual practicum Learning Objective or a graduate Program Objective. You should track your hours in Meditrek as they are completed.

Your clinical hour log must include the following:

- Dates
- Course
- Clinical Faculty
- Preceptor
- Total Time (for the day)
- Notes/Comments (including the objective to which the log entry is aligned)

Patient Log

Throughout this course, you will also keep a log of patient encounters using Meditrek. You must record at least 80 encounters with patients by the end of this practicum (40 children/adolescents and 40 adult/older adults).

The patient log must include the following:

- Date
- Course

- Clinical Faculty
- Preceptor
- Patient Number
- Client Information
- Visit Information
- Practice Management
- Diagnosis
- Treatment Plan and Notes: You must include a brief summary/synopsis of the patient visit. This does not need to be a SOAP note, however the note needs to be sufficient to remember your patient encounter.

By Day 7 of Week 3

Record your clinical hours and patient encounters in Meditrek.

Assignment 2: Focused SOAP Note and Patient Case Presentation

Photo Credit: Pexels

Psychiatric notes are a way to reflect on your practicum experiences and connect them to the didactic learning you gain from your NRNP courses. Focused SOAP notes, such as the ones required in this practicum course, are often used in clinical settings to document patient care.

For this Assignment, you will document information about a patient that you examined during the last three weeks, using the Focused SOAP Note Template provided. You will then use this note to develop and record a case presentation for this patient.

To Prepare

- Review this week's Learning Resources and consider the insights they provide. Also review the Kaltura Media Uploader resource in the left-hand navigation of the classroom for help creating your self-recorded Kaltura video.
- Select a patient of any age (either a child or an adult) that you examined during the last 3 weeks.
- Create a Focused SOAP Note on this patient using the template provided in the Learning Resources. There is also a completed Focused SOAP Note Exemplar provided to serve as a guide to assignment expectations.

Please Note:

- All SOAP notes must be signed, and each page must be initiated by your Preceptor. Note: Electronic signatures are not accepted.
- When you submit your note, you should include the complete focused SOAP note as a Word document and PDF/images of each page that is initiated and signed by your Preceptor.
- You must submit your SOAP note using SafeAssign. Note: If both files are not received by the due date, faculty will deduct points per the Walden Grading Policy.
- Then, based on your SOAP note of this patient, develop a video case study presentation. Take time to practice your presentation before you record.
- Include at least five scholarly resources to support your assessment, diagnosis, and treatment planning.

- Ensure that you have the appropriate lighting and equipment to record the presentation.

The Assignment

Record yourself presenting the complex case study for your clinical patient. In your presentation:

- Dress professionally with a lab coat and present yourself in a professional manner.
- Display your photo ID at the start of the video when you introduce yourself.
- Ensure that you do not include any information that violates the principles of HIPAA (i.e., don't use the patient's name or any other identifying information).
- Present the full complex case study. Include chief complaint; history of present illness; any pertinent past psychiatric, substance use, medical, social, family history; most recent mental status exam; current psychiatric diagnosis including differentials that were ruled out; and plan for treatment and management.
- Report normal diagnostic results as the name of the test and "normal" (rather than specific value). Abnormal results should be reported as a specific value.
- Be succinct in your presentation, and do not exceed 8 minutes. Specifically address the following for the patient, using your SOAP note as a guide:
 - Subjective: What details did the patient provide regarding their chief complaint and symptomatology to derive your differential diagnosis? What is the duration and severity of their symptoms? How are their symptoms impacting their functioning in life?

- Objective: What observations did you make during the psychiatric assessment?
- Assessment: Discuss their mental status examination results. What were your differential diagnoses? Provide a minimum of three possible diagnoses and why you chose them. List them from highest priority to lowest priority. What was your primary diagnosis and why? Describe how your primary diagnosis aligns with DSM-5 diagnostic criteria and supported by the patient's symptoms.
- Plan: What was your plan for psychotherapy? What was your plan for treatment and management, including alternative therapies? Include pharmacologic and nonpharmacologic treatments, alternative therapies, and follow-up parameters, as well as a rationale for this treatment and management plan. Also be sure to include at least one health promotion activity and one patient education strategy.
- Reflection notes: What would you do differently with this patient if you could conduct the session again? If you are able to follow up with your patient, explain whether these interventions were successful and why or why not. If you were not able to conduct a follow up, discuss what your next intervention would be.

By Day 7 of Week 3

Submit your Video and Focused SOAP Note Assignment. You must submit two files for the note, including a Word document and scanned pdf/images of each page that is initiated and signed by your Preceptor.

Submission and Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK3Assgn2+last name+first initial.(extension)” as the name.
- Click the Week 3 Assignment 2 Rubric to review the Grading Criteria for the Assignment.
- Click the Week 3 Assignment 2 link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the Browse My Computer button. Find the document you saved as “WK3Assgn2+last name+first initial.(extension)” and click Open.
- If applicable: From the Plagiarism Tools area, click the checkbox for I agree to submit my paper(s) to the Global Reference Database.
- Click on the Submit button to complete your submission.

Grading Criteria

To access your rubric:

Week 3 Assignment 2 Rubric

Check Your Assignment Draft for Authenticity

To check your Assignment draft for authenticity:

Submit your Week 3 Assignment 2 draft and review the originality report.

Submit Your Assignment by Day 7 of Week 3

To participate in this Assignment:

Week 3 Assignment 2

What's Coming Up in Week 4?

Photo Credit: [BrianAJackson]/[iStock / Getty Images Plus]/Getty Images

Next week, you will continue your clinical hour and patient logs in Meditrek. The week's resource selections will support your knowledge of assessing and treating mood disorders.

Week 4: Mood Disorders Across The Lifespan

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7
Assignment: Clinical Hour and Patient Logs	Record your clinical hours and patient encounters in Meditrek by Day 7.

Introduction

There is a strong likelihood that you will encounter both children/adolescents and adults at your practicum site who suffer from mood disorders. Depressive disorders, for instance, affect up to 3 percent of children and 8 percent of adolescents (Thapar et al., 2015). This increases in adulthood to a lifetime prevalence of up to 25% in women and 12% in men (Wang et al., 2017). Based on your prior work, you may have more

experience working with adults. If this is the case, it is important to recognize that while mood disorders may appear across the lifespan, even in young children, the symptoms children and adolescents experience may be different from those present in adults.

Seek out information from your current and prior Learning Resources and from your Preceptor to help guide your diagnosis of these disorders in different age groups.

This week, you review resources on assessing, diagnosing, and treating mood disorders across the lifespan. You also continue to record your clinical hours and patient encounters in Meditrek.

References:

Thapar, A., Pine, D. S., Leckman, J. F., Scott, S., Snowling, M. J., & Taylor, E. A. (Eds.). (2015). *Rutter's child and adolescent psychiatry* (6th ed.). Wiley Blackwell.

Wang, J., Wu, X., Lai, W., Long, E., Zhang, X., Li, W., Zhu, Y., Chen, C., Zhong, X., Liu, Z., Wang, D., & Lin, H. (2017). Prevalence of depression and depressive symptoms among outpatients: A systematic review and meta-analysis. *BMJ Open*, 7(8), e017173.

<https://doi.org/10.1136/bmjopen-2017-017173>

Learning Objectives

Students will:

- Describe clinical hours and patient encounters

Learning Resources

Required Readings

Carlat, D. J. (2017). *The psychiatric interview* (4th ed.). Wolters Kluwer.

- Chapter 23, "Assessing Mood Disorders I: Depressive Disorders"

- Chapter 24, "Assessing Mood Disorders II: Bipolar Disorder"

[Meditrek](#)

<https://edu.meditrek.com/Default.html>

[Note: Use this link to log into Meditrek to report your clinical hours and patient encounters.](#)

Stern, T. A., Fava, M., Wilens, T. E., & Rosenbaum, J. F. (2016). Massachusetts General Hospital psychopharmacology and neurotherapeutics. Elsevier.

- Chapter 4, "Antidepressants"
- Chapter 5, "Bipolar Disorder"
- Chapter 8, "Lithium and Its Role in Psychiatry"
- Chapter 9, "Use of Antiepileptic Drugs in Psychiatry"

Assignment: Clinical Hour And Patient Logs

Photo Credit: auremar / Adobe Stock

Clinical Hour Log

For this course, all practicum activity hours are logged within the Meditrek system.

Hours completed must be logged in Meditrek within 48 hours of completion in order to be counted.

You may only log hours with Preceptors that are approved in Meditrek. Students with catalog years before Spring 2018 must complete a minimum of 576 hours of supervised clinical experience (144 hours in each practicum course). Students with catalog years beginning Spring 2018 must complete a minimum of 640 hours of supervised clinical experience (160 hours in each practicum course).

Each log entry must be linked with an individual practicum Learning Objective or a graduate Program Objective. You should track your hours in Meditrek as they are completed.

Your clinical hour log must include the following:

- Dates
- Course
- Clinical Faculty
- Preceptor
- Total Time (for the day)
- Notes/Comments (including the objective to which the log entry is aligned)

Patient Log

Throughout this course, you will also keep a log of patient encounters using Meditrek. You must record at least 80 encounters with patients by the end of this practicum (40 children/adolescents and 40 adult/older adults).

The patient log must include the following:

- Date
- Course
- Clinical Faculty
- Preceptor
- Patient Number
- Client Information
- Visit Information

- Practice Management
- Diagnosis
- Treatment Plan and Notes: You must include a brief summary/synopsis of the patient visit. This does not need to be a SOAP note, however the note needs to be sufficient to remember your patient encounter.

By Day 7 of Week 4

Record your clinical hours and patient encounters in Meditrek.

What's Coming Up in Week 5?

Photo Credit: [BrianAJackson]/[iStock / Getty Images Plus]/Getty Images

Next week, your Preceptor will be required to complete your Midterm Evaluation in the Meditrek system.

Ensure that both you and your Preceptor have submitted the required online evaluation in the Meditrek system. You must complete all fields in the log and ask your Preceptor to verify your completed hours in Meditrek. There is nothing to submit in the classroom for this assignment; it is submitted through Meditrek.

Week 5: Midterm Clinical Evaluation

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7
Assignment 1: Clinical Hour and Patient Logs	Record your clinical hours and patient encounters in Meditrek by Day 7.

Assignment 2: Midterm Clinical Evaluation	Your Preceptor will evaluate your clinical skills by Day 7.
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Introduction

All people—including clinicians and professionals—can have personal “blind spots” (i.e., individuals might not recognize an aspect of themselves that others see, positive or negative). That blind spot could relate to communication style, interpersonal skills, clinical skills, or discipline knowledge. Evaluative feedback is one way to see yourself from another perspective and uncover those blind spots. In this way, feedback from a trusted mentor such as your Preceptor can be enlightening.

This week, as you approach the halfway point of your practicum, your Preceptor will assess your clinical skills in a Midterm Evaluation.

Learning Objectives

Students will:

- Describe clinical hours and patient encounters
- Compare Preceptor evaluation with self-evaluation to assimilate level of clinical performance

Learning Resources

[Required Readings \(click to expand/reduce\)](#)

[Meditrek](#)

<https://edu.meditrek.com/Default.html>

[Note: Use this link to log into Meditrek to report your clinical hours and patient encounters.](#)

Assignment 1: Clinical Hour And Patient Logs

Photo Credit: auremar / Adobe Stock

Clinical Hour Log

For this course, all practicum activity hours are logged within the Meditrek system.

Hours completed must be logged in Meditrek within 48 hours of completion in order to be counted.

You may only log hours with Preceptors that are approved in Meditrek. Students with catalog years before Spring 2018 must complete a minimum of 576 hours of supervised clinical experience (144 hours in each practicum course). Students with catalog years beginning Spring 2018 must complete a minimum of 640 hours of supervised clinical experience (160 hours in each practicum course).

Each log entry must be linked with an individual practicum Learning Objective or a graduate Program Objective. You should track your hours in Meditrek as they are completed.

Your clinical hour log must include the following:

- Dates
- Course
- Clinical Faculty
- Preceptor
- Total Time (for the day)
- Notes/Comments (including the objective to which the log entry is aligned)

Patient Log

Throughout this course, you will also keep a log of patient encounters using Meditrek. You must record at least 80 encounters with patients by the end of this practicum (40 children/adolescents and 40 adult/older adults).

The patient log must include the following:

- Date
- Course
- Clinical Faculty
- Preceptor
- Patient Number
- Client Information
- Visit Information
- Practice Management
- Diagnosis
- Treatment Plan and Notes: You must include a brief summary/synopsis of the patient visit. This does not need to be a SOAP note, however the note needs to be sufficient to remember your patient encounter.

By Day 7 of Week 5

Record your clinical hours and patient encounters in Meditrek.

Assignment 2: Midterm Clinical Evaluation in Meditrek

Photo Credit: Pixabay

Now that you have been working at your practicum site for more than a month, it is time to test your skills. Your Preceptor will now assess your clinical skills in a midterm

clinical evaluation. In preparation for your evaluation, you may wish to review your PMHNP Clinical Skills List document, as well as revisit the goals and objectives you established in Weeks 1 and 2.

To Prepare

Check with your Preceptor to verify that they have received Meditrek credentials.

Following your midterm evaluation, your Clinical Faculty and Preceptor will meet privately to discuss your results and feedback. Once you receive your feedback, compare your Preceptor's evaluation with your self-evaluation to better understand your clinical performance.

By Day 7 of Week 5

Your evaluation should be completed by your Preceptor.

What's Coming Up in Week 6?

Photo Credit: [BrianAJackson]/[iStock / Getty Images Plus]/Getty Images

Next week, you will continue to track your clinical hours and patient encounters in Meditrek. The resources for the week will support your knowledge of assessing, diagnosing, and treating eating, sleeping, and elimination disorders across the lifespan.

Week 6: Eating, Sleeping, And Elimination Disorders

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7
Assignment 1: Clinical Hour and Patient Logs	Record your clinical hours and patient encounters

	in Meditrek by Day 7.
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Introduction

You are at the halfway point of your practicum and have now received feedback via your midterm clinical evaluation. Consider this feedback, as well as the goals you set for yourself at the beginning of the quarter, and benchmark your progress thus far. Which goals are on track, behind, or already achieved? What steps do you need to take to attain the rest of your goals? Are there new goals you would like to consider?

This week, as you progress in your clinical practicum, you continue to use Meditrek to record your time and patient encounters.

Learning Objectives

Students will:

- Describe clinical hours and patient encounters

Learning Resources

[Required Readings \(click to expand/reduce\)](#)

Carlat, D. J. (2017). The psychiatric interview (4th ed.). Wolters Kluwer.

- Chapter 29, "Assessing Eating Disorders and Somatic Symptom Disorder"

[Emergency Care Research Institute. \(2020\). Bulimia guide: Guidelines and position statements related to eating disorders.](#)

<https://bulimiaguide.org/guidelines-and-position-statements/>

[Fritz, G., Rockney, R., & Work Group on Quality Issues. \(2004\). Practice parameter for the assessment and treatment of children and adolescents with enuresis. Journal of American Child and Adolescent Psychiatry, 43\(12\), 1540–1550.](#)

<https://doi.org/10.1097/01.chi.0000142196.41215.cc>

Note: Review for historical context only.

Lock, J., La Via, M. C., & American Academy of Child and Adolescent Psychiatry Committee on Quality Issues. (2015). Practice parameter for the assessment and treatment of children and adolescents with eating disorders. Journal of American Child and Adolescent Psychiatry, 54(5), 412–425. <https://doi.org/10.1016/j.jaac.2015.01.018>

Meditrek

<https://edu.meditrek.com/Default.html>

Note: Use this link to log into Meditrek to report your clinical hours and patient encounters.

Stern, T. A., Fava, M., Wilens, T. E., & Rosenbaum, J. F. (2016). Massachusetts General Hospital psychopharmacology and neurotherapeutics. Elsevier.

- Chapter 13, “Natural Medications in Psychiatry” (pp. 145–146 only)

Assignment: Clinical Hour and Patient Logs

Photo Credit: auremar / Adobe Stock

Clinical Hour Log

For this course, all practicum activity hours are logged within the Meditrek system.

Hours completed must be logged in Meditrek within 48 hours of completion in order to be counted.

You may only log hours with Preceptors that are approved in Meditrek. Students with catalog years before Spring 2018 must complete a minimum of 576 hours of supervised clinical experience (144 hours in each practicum course). Students with catalog years

beginning Spring 2018 must complete a minimum of 640 hours of supervised clinical experience (160 hours in each practicum course).

Each log entry must be linked with an individual practicum Learning Objective or a graduate Program Objective. You should track your hours in Meditrek as they are completed.

Your clinical hour log must include the following:

- Dates
- Course
- Clinical Faculty
- Preceptor
- Total Time (for the day)
- Notes/Comments (including the objective to which the log entry is aligned)

Patient Log

Throughout this course, you will also keep a log of patient encounters using Meditrek. You must record at least 80 encounters with patients by the end of this practicum (40 children/adolescents and 40 adult/older adults).

The patient log must include the following:

- Date
- Course
- Clinical Faculty
- Preceptor
- Patient Number

- Client Information
- Visit Information
- Practice Management
- Diagnosis
- Treatment Plan and Notes: You must include a brief summary/synopsis of the patient visit. This does not need to be a SOAP note, however the note needs to be sufficient to remember your patient encounter.

By Day 7 of Week 6

Record your clinical hours and patient encounters in Meditrek.

What's Coming Up in Week 7?

Photo Credit: [BrianAJackson]/[iStock / Getty Images Plus]/Getty Images

Next week, you will continue your clinical hour and patient logs in Meditrek. You will review resource selections that support the assessment, diagnosis, and treatment of patients with neurocognitive and neurodevelopmental disorders. You will also complete a Focused SOAP Note and case presentation on a patient from your practicum site.

Week 7: Focused SOAP Note And Patient Case Presentation

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7
Assignment 1: Clinical Hour and Patient Logs	Record your clinical hours and patient encounters in Meditrek by Day 7.

Assignment 2: Focused SOAP Note and Patient Case Presentation	Submit by Day 7.
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Introduction

Your weekly practicum Learning Resources support your knowledge of the assessment, diagnosis, and treatment of patients across the lifespan. It is recognized that at your site, you likely are seeing patients with a variety of mental health disorders and other comorbidities. Consult the DSM-5, clinical practice guidelines, and your textbooks from previous coursework, as needed, to support the experiences you are encountering at your site. If you encountered a patient at your practicum site with a neurocognitive or neurodevelopmental disorder, consider what patient factors and behaviors you think might impact the disorder. Also, consider how psychopharmacological and/or psychotherapy interventions may be appropriate for the patient. As you progress in your clinical practicum, you continue to use Meditrek to record your time and patient encounters, thoughtfully considering the skills you are gaining. You will also complete a second Focused SOAP Note and Patient Case Presentation.

Learning Objectives

Students will:

- Describe clinical hours and patient encounters
- Assess patients across the lifespan in mental health settings
- Formulate differential diagnoses for patients across the lifespan in mental health settings
- Develop plans of care for patients across the lifespan in mental health settings

- Advocate health promotion and patient education strategies across the lifespan
- Develop a case study presentation based on a clinical patient

Learning Resources

Required Readings

Carlat, D. J. (2017). *The psychiatric interview* (4th ed.). Wolters Kluwer.

- Chapter 28, “Assessing Neurocognitive Disorders (Dementia and Delirium)”

[Meditrek](#)

<https://edu.meditrek.com/Default.html>

[Note: Use this link to log into Meditrek to report your clinical hours and patient encounters.](#)

Stern, T. A., Fava, M., Wilens, T. E., & Rosenbaum, J. F. (2016). *Massachusetts General Hospital psychopharmacology and neurotherapeutics*. Elsevier.

- Chapter 10, “Stimulants and Other Meds for ADHD”
- Chapter 13, “Natural Medications in Psychiatry” (pp. 147–148 only)
- Chapter 14, “Dementia”

[Document: Focused SOAP Note Template \(Word document\)](#)

[Document: Focused SOAP Note Exemplar \(Word document\)](#)

Assignment 1: Clinical Hour And Patient Logs

Photo Credit: auremar / Adobe Stock

Clinical Hour Log

For this course, all practicum activity hours are logged within the Meditrek system.

Hours completed must be logged in Meditrek within 48 hours of completion in order to

be counted.

You may only log hours with Preceptors that are approved in Meditrek. Students with catalog years before Spring 2018 must complete a minimum of 576 hours of supervised clinical experience (144 hours in each practicum course). Students with catalog years beginning Spring 2018 must complete a minimum of 640 hours of supervised clinical experience (160 hours in each practicum course).

Each log entry must be linked with an individual practicum Learning Objective or a graduate Program Objective. You should track your hours in Meditrek as they are completed.

Your clinical hour log must include the following:

- Dates
- Course
- Clinical Faculty
- Preceptor
- Total Time (for the day)
- Notes/Comments (including the objective to which the log entry is aligned)

Patient Log

Throughout this course, you will also keep a log of patient encounters using Meditrek. You must record at least 80 encounters with patients by the end of this practicum (40 children/adolescents and 40 adult/older adults).

The patient log must include the following:

- Date

- Course
- Clinical Faculty
- Preceptor
- Patient Number
- Client Information
- Visit Information
- Practice Management
- Diagnosis
- Treatment Plan and Notes: You must include a brief summary/synopsis of the patient visit. This does not need to be a SOAP note, however the note needs to be sufficient to remember your patient encounter.

By Day 7 of Week 7

Record your clinical hours and patient encounters in Meditrek.

Assignment 2: Focused SOAP Note And Patient Case Presentation

Photo Credit: Pexels

Psychiatric notes are a way to reflect on your practicum experiences and connect the experiences to the learning you gain from your weekly Learning Resources. Focused SOAP notes, such as the ones required in this practicum course, are often used in clinical settings to document patient care.

For this Assignment, you will document information about a patient that you examined during the last 4 weeks, using the Focused SOAP Note Template provided. You will then use this note to develop and record a case presentation for this patient.

To Prepare

[Review the Kaltura Media Uploader resource for help creating your self-recorded Kaltura video](#)

- Select an adult patient that you examined during the last 4 weeks who presented with a disorder other than the disorder present in your Week 3 Case Presentation.
- Create a Focused SOAP Note on this patient using the template provided in the Learning Resources. There is also a completed Focused SOAP Note Exemplar provided to serve as a guide to assignment expectations.

Please Note:

- All SOAP notes must be signed, and each page must be initiated by your Preceptor.

Note: Electronic signatures are not accepted.

- When you submit your note, you should include the complete focused SOAP note as a Word document and PDF/images of each page that is initiated and signed by your Preceptor.
- You must submit your SOAP note using SafeAssign.

Note: If both files are not received by the due date, faculty will deduct points per the Walden Grading Policy.

- Then, based on your SOAP note of this patient, develop a video case study presentation. Take time to practice your presentation before you record.
- Include at least five scholarly resources to support your assessment, diagnosis, and treatment planning.

- Ensure that you have the appropriate lighting and equipment to record the presentation.

The Assignment

Record yourself presenting the complex case study for your clinical patient. In your presentation:

- Dress professionally with a lab coat and present yourself in a professional manner.
- Display your photo ID at the start of the video when you introduce yourself.
- Ensure that you do not include any information that violates the principles of HIPAA (i.e., don't use the patient's name or any other identifying information).
- Present the full complex case study. Include chief complaint; history of present illness; any pertinent past psychiatric, substance use, medical, social, family history; most recent mental status exam; current psychiatric diagnosis including differentials that were ruled out; and plan for treatment and management.
- Report normal diagnostic results as the name of the test and "normal" (rather than specific value). Abnormal results should be reported as a specific value.
- Be succinct in your presentation, and do not exceed 8 minutes. Specifically address the following for the patient, using your SOAP note as a guide:
 - Subjective: What details did the patient provide regarding their chief complaint and symptomatology to derive your differential diagnosis? What is the duration and severity of their symptoms? How are their symptoms impacting their functioning in life?

- Objective: What observations did you make during the psychiatric assessment?
- Assessment: Discuss patient mental status examination results. What were your differential diagnoses? Provide a minimum of three possible diagnoses and why you chose them. List them from highest priority to lowest priority. What was your primary diagnosis, and why? Describe how your primary diagnosis aligns with DSM-5 diagnostic criteria and supported by the patient's symptoms.
- Plan: What was your plan for psychotherapy? What was your plan for treatment and management, including alternative therapies? Include pharmacologic and nonpharmacologic treatments, alternative therapies, and follow-up parameters, as well as a rationale for this treatment and management plan. Be sure to include at least one health promotion activity and one patient education strategy.
- Reflection notes: What would you do differently with this patient if you could conduct the session over? If you are able to follow up with your patient, explain whether these interventions were successful and why or why not. If you were not able to conduct a follow up, discuss what your next intervention would be.

By Day 7 of Week 7

Submit your Video and Focused SOAP Note Assignment. You must submit two files for the note, including a Word document and scanned PDF/images of each page that is initiated and signed by your Preceptor.

Submission and Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK7 gn2+last name+first initial.(extension)” as the name.
- Click the Week 7 Assignment 2 Rubric to review the Grading Criteria for the Assignment.
- Click the Week 7 Assignment 2 link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the Browse My Computer button. Find the document you saved as “WK7 gn2+last name+first initial.(extension)” and click Open.
- If applicable: From the Plagiarism Tools area, click the checkbox for I agree to submit my paper(s) to the Global Reference Database.
- Click on the Submit button to complete your submission.

Grading Criteria

To access your rubric:

Week 7 Assignment 2 Rubric

Check Your Assignment Draft for Authenticity

To check your Assignment draft for authenticity:

Submit your Week 7 Assignment 2 draft and review the originality report.

Submit Your Assignment by Day 7 of Week 7

To participate in this Assignment:

Week 7 Assignment 2

What's Coming Up in Week 8?

Photo Credit: [BrianAJackson]/[iStock / Getty Images Plus]/Getty Images

Next week, you will continue your clinical hour and patient logs in Meditrek. You will also read selections to support your confidence in assessing, diagnosing, and treating dissociative and somatic symptom-related disorders.

Week 8: Dissociative And Somatic Symptom-Related Disorders

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7
Assignment: Clinical Hour and Patient Logs	Record your clinical hours and patient encounters in Meditrek by Day 7.

Introduction

As a reminder, consult the DSM-5, clinical practice guidelines, and your textbooks from previous coursework as needed to support the experiences you are encountering at your site. If you encountered a patient at your practicum site with a dissociative or somatic symptom-related disorder, consider what patient factors and behaviors you think might

impact each of these disorders. Also, consider how psychopharmacological and/or psychotherapy interventions may be appropriate for the patient. As you progress in your clinical practicum, you continue to use Meditrek to record your time and patient encounters, thoughtfully considering the skills you are gaining.

Learning Objectives

Students will:

- Describe clinical hours and patient encounters

Learning Resources

Required Readings

Carlat, D. J. (2017). The psychiatric interview (4th ed.). Wolters Kluwer.

- Chapter 29, "Assessing Eating Disorders and Somatic Symptom Disorder"

Review the section on somatic-symptom disorder only.

[Kleinstäuber, M., Witthöft, M., Steffanowski, A., van Marwijk, H., Hiller, W., & Lambert, M. J. \(2014\). Pharmacological interventions for somatoform disorders in adults. Cochrane Database of Systematic Reviews, 11, 1465–1858.](#)

<https://doi.org/10.1002/14651858.CD010628.pub2>

[Meditrek](#)

<https://edu.meditrek.com/Default.html>

[Note: Use this link to log into Meditrek to report your clinical hours and patient encounters.](#)

Assignment: Clinical Hour And Patient Logs

Photo Credit: auremar / Adobe Stock

Clinical Hour Log

For this course, all practicum activity hours are logged within the Meditrek system.

Hours completed must be logged in Meditrek within 48 hours of completion in order to be counted.

You may only log hours with Preceptors that are approved in Meditrek. Students with catalog years before Spring 2018 must complete a minimum of 576 hours of supervised clinical experience (144 hours in each practicum course). Students with catalog years beginning Spring 2018 must complete a minimum of 640 hours of supervised clinical experience (160 hours in each practicum course).

Each log entry must be linked with an individual practicum Learning Objective or a graduate Program Objective. You should track your hours in Meditrek as they are completed.

Your clinical hour log must include the following:

- Dates
- Course
- Clinical Faculty
- Preceptor
- Total Time (for the day)
- Notes/Comments (including the objective to which the log entry is aligned)

Patient Log

Throughout this course, you will also keep a log of patient encounters using Meditrek. You must record at least 80 encounters with patients by the end of this practicum (40 children/adolescents and 40 adult/older adults).

The patient log must include the following:

- Date
- Course
- Clinical Faculty
- Preceptor
- Patient Number
- Client Information
- Visit Information
- Practice Management
- Diagnosis
- Treatment Plan and Notes: You must include a brief summary/synopsis of the patient visit. This does not need to be a SOAP note, however the note needs to be sufficient to remember your patient encounter.

By Day 7 of Week 8

Record your clinical hours and patient encounters in Meditrek.

What's Coming Up in Week 9?

Photo Credit: [BrianAJackson]/[iStock / Getty Images Plus]/Getty Images

Next week, you will select a clinical patient that you examined during the last 3 weeks who has a disorder other than the ones covered in your Week 3 and Week 7

Assignments. With this patient in mind, you will complete a focused SOAP note and case presentation. Additionally, you will track your clinical hours and patient encounters in Meditrek.

Looking Ahead: Final Evaluation

Check that your Preceptor has received an email from Meditrek with instructions for your Final Evaluation. The Final Evaluation is completed in Week 10.

Photo Credit: Ellagrin / iStock / Getty Images Plus / Getty Images

Week 9: Focused SOAP Note And Patient Case Presentation

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7
Assignment 1: Clinical Hour and Patient Logs	Record your clinical hours and patient encounters in Meditrek by Day 7.
Assignment 2: Focused SOAP Note and Patient Case Presentation	Submit by Day 7.

Introduction

At your practicum site, you have been strengthening your communication, assessment, diagnostic reasoning, and treatment skills. This week, you highlight these skills as you complete a focused SOAP note and present a patient case in a video, just as you did in Week 3 and Week 7. You also continue to track your clinical hours and patients in Meditrek.

Learning Objectives

Students will:

- Describe clinical hours and patient encounters
- Assess patients across the lifespan in mental health settings
- Formulate differential diagnoses for patients across the lifespan in mental health settings
- Develop plans of care for patients across the lifespan in mental health settings
- Advocate health promotion and patient education strategies across the lifespan
- Develop a case study presentation based on a clinical patient

Learning Resources

Required Readings

Carlat, D. J. (2017). The psychiatric interview (4th ed.). Wolters Kluwer.

- Chapter 32, "How to Educate Your Patient"

[Meditrek](#)

<https://edu.meditrek.com/Default.html>

[Note: Use this link to log into Meditrek to report your clinical hours and patient encounters.](#)

[Document: Focused SOAP Note Template \(Word document\)](#)

Assignment 1: Clinical Hour And Patient Logs

Photo Credit: auremar / Adobe Stock

Clinical Hour Log

For this course, all practicum activity hours are logged within the Meditrek system.

Hours completed must be logged in Meditrek within 48 hours of completion in order to be counted.

You may only log hours with Preceptors that are approved in Meditrek. Students with catalog years before Spring 2018 must complete a minimum of 576 hours of supervised clinical experience (144 hours in each practicum course). Students with catalog years beginning Spring 2018 must complete a minimum of 640 hours of supervised clinical experience (160 hours in each practicum course).

Each log entry must be linked with an individual practicum Learning Objective or a graduate Program Objective. You should track your hours in Meditrek as they are completed.

Your clinical hour log must include the following:

- Dates
- Course
- Clinical Faculty
- Preceptor
- Total Time (for the day)
- Notes/Comments (including the objective to which the log entry is aligned)

Patient Log

Throughout this course, you will also keep a log of patient encounters using Meditrek. You must record at least 80 encounters with patients by the end of this practicum (40 children/adolescents and 40 adult/older adults).

The patient log must include the following:

- Date
- Course
- Clinical Faculty
- Preceptor
- Patient Number
- Client Information
- Visit Information
- Practice Management
- Diagnosis
- Treatment Plan and Notes: You must include a brief summary/synopsis of the patient visit. This does not need to be a SOAP note, however the note needs to be sufficient to remember your patient encounter.

By Day 7 of Week 9

Record your clinical hours and patient encounters in Meditrek.

Assignment 2: Focused SOAP Note and Patient Case Presentation

Photo Credit: Pexels

For this Assignment, you will document information about a patient that you examined during the last 3 weeks, using the Focused SOAP Note Template provided. You will then use this note to develop and record a case presentation for this patient. Be sure to incorporate any feedback you received on your Week 3 and Week 7 case presentations into this final presentation for the course.

To Prepare

- Review the Kaltura Media Uploader resource in the left-hand navigation of the classroom for help creating your self-recorded Kaltura video.
- Select a child or adolescent patient that you examined during the last 3 weeks who presented with a disorder for which you have not already created a Focused SOAP Note in Weeks 3 or 7. (For instance, if you selected a patient with anorexia nervosa in Week 7, you must choose a patient with another type of disorder for this week.)
- Create a Focused SOAP Note on this patient using the template provided in the Learning Resources. There is also a completed Focused SOAP Note Exemplar provided to serve as a guide to assignment expectations.

Please Note:

- All SOAP notes must be signed, and each page must be initiated by your Preceptor. Note: Electronic signatures are not accepted.
- When you submit your note, you should include the complete focused SOAP note as a Word document and PDF/images of each page that is initiated and signed by your Preceptor.
- You must submit your SOAP note using SafeAssign. Note: If both files are not received by the due date, faculty will deduct points per the Walden Grading Policy.
- Then, based on your SOAP note of this patient, develop a video case study presentation. Take time to practice your presentation before you record.

- Include at least five scholarly resources to support your assessment, diagnosis, and treatment planning.
- Ensure that you have the appropriate lighting and equipment to record the presentation.

The Assignment

Record yourself presenting the complex case study for your clinical patient. In your presentation:

- Dress professionally with a lab coat and present yourself in a professional manner.
- Display your photo ID at the start of the video when you introduce yourself.
- Ensure that you do not include any information that violates the principles of HIPAA (i.e., don't use the patient's name or any other identifying information).
- Present the full complex case study. Include chief complaint; history of present illness; any pertinent past psychiatric, substance use, medical, social, family history; most recent mental status exam; current psychiatric diagnosis including differentials that were ruled out; and plan for treatment and management.
- Report normal diagnostic results as the name of the test and "normal" (rather than specific value). Abnormal results should be reported as a specific value.
- Be succinct in your presentation, and do not exceed 8 minutes. Specifically address the following for the patient, using your SOAP note as a guide:
 - Subjective: What details did the patient provide regarding their chief complaint and symptomatology to derive your differential diagnosis? What

is the duration and severity of their symptoms? How are their symptoms impacting their functioning in life?

- Objective: What observations did you make during the psychiatric assessment?
- Assessment: Discuss their mental status examination results. What were your differential diagnoses? Provide a minimum of three possible diagnoses and why you chose them. List them from highest priority to lowest priority. What was your primary diagnosis, and why? Describe how your primary diagnosis aligns with DSM-5 diagnostic criteria and supported by the patient's symptoms.
- Plan: What was your plan for psychotherapy (include one health promotion activity and patient education)? What was your plan for treatment and management, including alternative therapies? Include pharmacologic and nonpharmacologic treatments, alternative therapies, and follow-up parameters, as well as a rationale for this treatment and management plan.
- Reflection notes: What would you do differently with this patient if you could conduct the session over? If you are able to follow up with your patient, explain whether these interventions were successful and why or why not. If you were not able to conduct a follow up, discuss what your next intervention would be.

By Day 7 of Week 9

Submit your Video and Focused SOAP Note Assignment. You must submit two files for the note, including a Word document and scanned PDF/images of each page that is initiated and signed by your Preceptor.

Submission and Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK9 gn2+last name+first initial.(extension)” as the name.
- Click the Week 9 Assignment 2 Rubric to review the Grading Criteria for the Assignment.
- Click the Week 9 Assignment 2 link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the Browse My Computer button. Find the document you saved as “WK9 gn2+last name+first initial.(extension)” and click Open.
- If applicable: From the Plagiarism Tools area, click the checkbox for I agree to submit my paper(s) to the Global Reference Database.
- Click on the Submit button to complete your submission.

Grading Criteria

To access your rubric:

Week 9 Assignment 2 Rubric

Check Your Assignment Draft for Authenticity

To check your Assignment draft for authenticity:

Submit your Week 9 Assignment 2 draft and review the originality report.

Submit Your Assignment by Day 7 of Week 9

To participate in this Assignment:

Week 9 Assignment

What's Coming Up in Week 10?

Photo Credit: [BrianAJackson]/[iStock / Getty Images Plus]/Getty Images

Next week, you will finish recording your clinical hours and patient encounters. You will also receive your final clinical evaluation from your Preceptor.

Looking Ahead: Final Evaluation and Student Feedback in Meditrek

By Day 7 of Week 10, your Preceptor is required to complete their Final Evaluation and you will be required to complete your Student Feedback.

Ensure that both you and your Preceptor have submitted the required online evaluations in the Meditrek system. Complete all fields in the log and have your Preceptor verify your completed hours in Meditrek. If feedback is not received, you will receive an Incomplete (I) as a grade. There is nothing to submit in the classroom for this Assignment; all components are completed in Meditrek.

Week 10: Disruptive, Impulse-Control, And Conduct Disorders; Final Clinical Evaluation

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7

Assignment: Clinical Hour and Patient Logs	Record your clinical hours and patient encounters in Meditrek. All hours and patients for this practicum must be entered by Day 7 of this week.
Final Clinical Evaluation	Your Preceptor will evaluate your clinical performance by Day 7.

Introduction

Advanced practice nurses are lifelong learners, partly due to necessity and partly due to mindset. Naturally, nurses need to stay abreast of advances in the healthcare field, as well as the introduction of new technology, processes, and regulations. But nurses also need to cultivate a growth mindset and see setbacks and challenges as opportunities to develop professionally. Take a moment to reflect on what you have learned and how you have grown as a result of the experiences at your practicum site and within this course.

This week, you will have the opportunity to demonstrate that growth in your Final Clinical Evaluation. You must also finish entering all clinical hours and patient encounters for this practicum.

Learning Objectives

Students will:

- Describe clinical hours and patient encounters

- Compare Preceptor evaluation with self-evaluation to assimilate level of clinical performance

Learning Resources

Required Readings

[Meditrek](#)

<https://edu.meditrek.com/Default.html>

[Note: Use this link to log into Meditrek to report your clinical hours and patient encounters.](#)

[Sagar, R., Patra, B. N., & Patil, V. \(2019\). Clinical practice guidelines for the management of conduct disorder. Indian Journal of Psychiatry, 61\(8\), 270–276. doi:](#)

[10.4103/psychiatry.IndianJPsychiatry_539_18](#)

[Steiner, H., Remsing, L., & Work Group on Quality Issues. \(2007\). Practice parameter for the assessment and treatment of children and adolescents with oppositional defiant](#)

[disorder. Journal of American Child and Adolescent Psychiatry, 46\(1\), 126–141.](#)

<https://doi.org/10.1097/01.chi.0000246060.62706.af>

Assignment 1: Clinical Hour And Patient Logs

Photo Credit: auremar / Adobe Stock

Clinical Hour Log

For this course, all practicum activity hours are logged within the Meditrek system.

Hours completed must be logged in Meditrek within 48 hours of completion in order to be counted.

You may only log hours with Preceptors that are approved in Meditrek. Students with

catalog years before Spring 2018 must complete a minimum of 576 hours of supervised clinical experience (144 hours in each practicum course). Students with catalog years beginning Spring 2018 must complete a minimum of 640 hours of supervised clinical experience (160 hours in each practicum course).

Each log entry must be linked with an individual practicum Learning Objective or a graduate Program Objective. You should track your hours in Meditrek as they are completed.

Your clinical hour log must include the following:

- Dates
- Course
- Clinical Faculty
- Preceptor
- Total Time (for the day)
- Notes/Comments (including the objective to which the log entry is aligned)

Patient Log

Throughout this course, you will also keep a log of patient encounters using Meditrek. You must record at least 80 encounters with patients by the end of this practicum (40 children/adolescents and 40 adult/older adults).

The patient log must include the following:

- Date
- Course
- Clinical Faculty

- Preceptor
- Patient Number
- Client Information
- Visit Information
- Practice Management
- Diagnosis

Treatment Plan and Notes: You must include a brief summary/synopsis of the patient visit. This does not need to be a SOAP note, however the note needs to be sufficient to remember your patient encounter.

By Day 7 of Week 10

Record your clinical hours and patient encounters in Meditrek. All clinical hours and patient encounters for this practicum must be entered by Day 7 of this week.

Assignment 2: Final Clinical Evaluation And Student Feedback

For this Assignment, your Preceptor will assess your clinical skills in a Final Evaluation. Following your Final Evaluation, your Clinical Faculty and Preceptor will meet privately to discuss your results and feedback. Once you receive your feedback, compare your Preceptor's evaluation with your self-evaluation to better understand your clinical performance.

Photo Credit: Pixabay

By Day 7 of Week 10

Your Preceptor will be required to complete their Final Clinical Evaluation and you will be required to complete your Student Feedback.

Ensure that both you and your Preceptor have submitted the required online evaluations in the Meditrek system. Be sure you have completed all fields in the log and ask your Preceptor to verify your completed hours in Meditrek. If feedback is not received, you will receive an Incomplete (I) as a grade. There is nothing to submit in the classroom for this assignment; all components are completed in Meditrek.

What's Coming Up in Week 11?

Photo Credit: [BrianAJackson]/[iStock / Getty Images Plus]/Getty Images

Next week, you will complete the last week of your practicum and complete a journal to reflect on your growth, experiences, and communication during this practicum. Before the course ends, be sure to log in to Meditrek to retrieve and print your Patient Log for this quarter.

Week 11: Journal

What do I have to do?	When do I have to do it?
Review your Learning Resources.	Days 1–7
Retrieve your Patient Log	Log into Meditrek and print out your Patient Log for this quarter.
Assignment: Journal	Submit your Journal by Day 7.

Introduction

Welcome to the last week of your practicum! As you have proceeded through the practicum experience, you have been regularly challenged to reflect on your growth and development as you made progress on your goals. Additionally, your Preceptor has evaluated your skills and has provided feedback. As you end this practicum, consider what you have gained from the experiences in your practicum setting. Did you meet your goals and objectives? What were the challenges and how did you manage them? What were the successes and what lessons can you take from those experiences and apply to future experiences? Use your reflections to seek opportunities for growth in the areas you found challenging, while simultaneously celebrating your successes.

This week, you complete a reflective journal on your practicum experience. Additionally, you must log in to Meditrek and download and print out your Patient Log. This serves as a record to provide to healthcare organizations when requested.

Learning Objectives

Students will:

- Assess clinical skills related to advanced psychiatric-mental health nursing practice
- Assess achievement of goals and objectives for the practicum experience

Learning Resources

Required Readings

[Meditrek](#)

<https://edu.meditrek.com/Default.html>

Reminder: Retrieve Your Clinical Hour and Patient Logs

Photo Credit: auremar / Adobe Stock

This week, your Preceptor must sign off on your clinical hour log in Meditrek. Contact your Preceptor if you do not see this approval.

Additionally, be sure to log in to Meditrek at some point during the week and print out your Patient Log for this quarter. You will need to keep this log and provide it to healthcare organizations when requested to secure privileges. It serves as a record of the patients you have seen.

Assignment: Journal Entry

Photo Credit: Image by Free-Photos from Pixabay

Critical reflection of your growth and development during your practicum experience in a clinical setting has the benefit of helping you to identify opportunities for improvement in your clinical skills, while also recognizing your strengths and successes.

Use this Journal to reflect on your clinical strengths and opportunities for improvement, the progress you made, and what insights you will carry forward into your next practicum.

To Prepare

- Refer to the “Population-Focused Nurse Practitioner Competencies” found in the Week 1 Learning Resources, and consider the quality measures or indicators advanced nursing practice nurses must possess in your specialty of interest.
- Refer to your Clinical Skills Self-Assessment Form you submitted in Week 1, and consider your strengths and opportunities for improvement.

- Refer to your Patient Log in Meditrek, and consider the patient activities you have experienced in your practicum experience and reflect on your observations and experiences.

Journal Entry (450–500 words)

Learning From Experiences

- Revisit the goals and objectives from your Practicum Experience Plan. Explain the degree to which you achieved each during the practicum experience.
- Reflect on the three (3) most challenging patients you encountered during the practicum experience. What was most challenging about each?
- What did you learn from this experience?
- What resources were available?
- What evidence-based practice did you use for the patients?
- What would you do differently?
- How are you managing patient flow and volume?
- How can you apply your growing skillset to be a social change agent within your community?

Communicating and Feedback

- Reflect on how you might improve your skills and knowledge, and communicate those efforts to your Preceptor.
- Answer the questions: How am I doing? What is missing?
- Reflect on the formal and informal feedback you received from your Preceptor.

By Day 7 of Week 11

Submit your Journal.

Submission and Grading Information

To submit your completed Assignment for review and grading, do the following:

- Please save your Assignment using the naming convention “WK11 Assign+last name+first initial.(extension)” as the name.
- Click the Week 11 Assignment Rubric to review the Grading Criteria for the Assignment.
- Click the Week 11 Assignment link. You will also be able to “View Rubric” for grading criteria from this area.
- Next, from the Attach File area, click on the Browse My Computer button. Find the document you saved as “WK11 Assign+last name+first initial.(extension)” and click Open.
- If applicable: From the Plagiarism Tools area, click the checkbox for I agree to submit my paper(s) to the Global Reference Database.
- Click on the Submit button to complete your submission.

Grading Criteria

To access your rubric:

Week 11 Assignment Rubric

Check Your Assignment Draft for Authenticity

To check your Assignment draft for authenticity:

Submit your Week 11 Assignment draft and review the originality report.

Submit Your Assignment by Day 7 of Week 1

To participate in this Assignment:

Week 11 Assignment

Practicum In Review

Congratulations on completing PRAC 6665: PMHNP Care Across the Lifespan I Practicum! During the practicum, you honed your assessment, communication, documentation, diagnostic reasoning, and treatment skills within a clinical setting. You also assessed your clinical strengths and opportunities and worked toward improvement in identified areas. In doing so, you are better prepared for the clinical challenges of advanced practice nursing.